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Oct 26, 2018 by Sue Visser

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The role of iodine versus cannabis in preventing and treating cancer.

Radio discussion with Sue Visser October 2018

Q: Is it possible to prevent cancer and to relax about this ongoing threat?

Sue: Yes, but you can only relax when you stop causing it on an ongoing basis. You also need to know how to test for cancer.

Q: What are the main causes of cancer?

Sue: The diagnosis and treatment – in many cases! We are all exposed to toxins, radiation, medications, stress and junk food. But some of us thrive and others get cancer.

Q: Can cannabis prevent cancer?

Sue: The cannabis oil can stop the growth of tumours – but smoking cannabis certainly does not!

Q: People are now allowed to smoke cannabis – but will it boost the immune system in any way? What are the dangers of cannabis abuse?

Sue: Many of the drugs used for cancer, high cholesterol and dementia have horrific side effects. But cannabis is not for children (or adults) to mess about with. Side effects include short-term memory problems, severe anxiety, including fear and paranoia, strange behaviour, psychoses, panic, hallucinations, lowered reaction time, increased heart rate and risk of stroke, impaired co-ordination, decline in IQ, impaired thinking and academic ability, addiction leading to opiate abuse, antisocial behaviour and so on. Ref: <https://www.drugfreeworld.org/drugfacts/marijuana/short-and-long-term-effects.html>

Q: What are the problems with cannabis oil?

Sue: The cost. It is a successful treatment for tumours and many other health conditions but it does not change bad habits, correct nutrient deficiencies or boost the immune system. It is not something the whole family can take every day to prevent cancer!

Q: So what should we rather take to both prevent as well as cure cancer?

Sue: Iodine! It is a lot cheaper, safer and more effective. Most people with cancer have severe iodine deficiencies as well as not enough Vitamin D3, selenium, and other key nutrients.

Q: How much iodine do we need and are there side effects?

Sue: 1 drop of Lugol's iodine is the average dose these days but you can ask a practitioner of integrative health for more advice, depending on your condition. If very deficient in iodine, you will experience a temporary sore throat while the iodine balances out. Symptoms of an accidental iodine overdose can be abdominal pain, delirium, fever, vomiting, and shortness of breath but not at doses up to 50mg. this amount is used to determine your iodine status and any excess is expelled in the urine.

Q: Remind us how exactly, does iodine control breast cancer?

A: According to research studies:

- 1 Iodine blocks the uptake of oestrogens that stimulate cell proliferation (16-oestrogen)
- 2 Iodine increases the uptake of the breast-healthy oestrogens (2- oestrogens) to improve the 2/16 ratio
- 3 Iodine lowers or down-regulates several oestrogen-responsive genes
- 4 Iodine increases timed cell death or apoptosis in abnormal breast cells
- 5 Iodine prevents and reduces the build-up of fibrocystic tissue in the breast
- 6 Iodine facilitates lymph drainage, to prevent lumps in the breasts
- 7 Iodine Kills germs and microbes that may lodge in breast tissue. Biofilms develop around them and become cysts
- 8 Iodine is a powerful antioxidant and keeps tissues from being damaged by free radicals
- 9 Iodine helps us to excrete toxic carcinogens such as fluoride, bromide and chlorine

The Iodine Story – link to Sue's article on the internet

<https://gratitudehappythoughts.weebly.com/the-iodine-story.html>

link broken

This link provides the best resource for iodine and cancer:

http://www.healyourselfathome.com/HEALTH_PROBLEMS/Cancer/iodine-against_cancer.aspx

use root directory here

How to use cannabis oil – including overdose and side effects

<https://www.medicalcannabisdispensary.co.za/cannabis-oil-treating-cancer/>

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Iodine literate practitioners are familiar with all aspects of iodine administration, especially for treating fibrocystic breast disease and breast cancer. Most people are sceptical about iodine and assume it to be dangerous, if not toxic. Bread no longer uses it as a dough improver. Instead, bromide is added and because it competes with iodine and lowers our iodine reserves. So does fluoride as it trickles into our system via treated drinking water and oral hygiene produces. People were brainwashed into thinking this was beneficial and were still wary of iodine. Many of us still assume that iodated salt has made the occurrence of goitres, the most visible evidence of an iodine deficiency (swollen neck) become all but redundant.

According to one of the pioneers of iodine research, Dr David Bowenstein, most of us seem to be lacking in iodine to some extent these days. The iodine loading test is the best way to determine the extent of your iodine deficiency. 50mg of iodine is taken and a subsequent urine analysis measures the excreted amount. This is reassuring in the first place to the "iodophobes" who fear ingesting iodine, because we excrete whatever iodine we do not need. The amount of iodine that is taken up and used from the 50mg dose reveals your level of iodine deficiency. All 60 of the breast cancer patients thus tested had severe iodine deficiencies, ranging from 50% to as much as 80%.

The surprising thing about benign and fibrocystic breast conditions as well as some forms of breast cancer is that most of them seem to improve, if not heal up totally when iodine levels are correctly restored. Patients also noticed improvement in thyroid function, obviously. Studies are now been done on just how iodine can help to prevent cancer in the first place. "You cannot give breast cancer to rats that have sufficient iodine." Is what Dr Bowenstein has already found out. Chemotherapy is a strange way to treat an iodine deficiency. So before you lose your hair and possibly your breasts there is a lot you need to understand.

According to the Breast Cancer Choices website, iodine effectively kills off cancer cells and outperforms chemo drugs like Fluorouracil! Iodine can also slow down cell division and shrink blood vessel growth to tumours. It reduces oestrogen dominance and desensitizes oestrogen receptors in the breast. We should attend to our iodine status because it plays a role in just about every cell in the body.

Does early detection really prevent breast cancer? We all have lumps from time to time. Most of us die with them, not from them. In many cases, it is the fixation with the lump, the radiation and the needle biopsies that do more harm than good. There are non-invasive ways of scanning for lumps, but it is only the urine test that truly indicates cell division that is abnormal. What tests? The 2/16 and the HCG (pregnancy test)

<http://www.breastcancerchoices.org/ipractitioners.html>

Iodine is the Key to Controlling Breast Cancer We don't appreciate the role it plays in preventing cancer, especially breast cancer. Instead, we neglect iodine supplementation and are encouraged by the media to be suspicious of using it. Why?

"Over 100 years ago, application of iodine to the skin was used extensively for iodine supplementation Iodine exhibits good activity against bacteria, molds, yeasts, protozoa, and many viruses; indeed, of all antiseptic preparations suitable for direct use on humans and animals and upon tissues, only iodine is capable of killing all classes of pathogens: gram-positive and gram-negative bacteria, mycobacteria, fungi, yeasts, viruses and protozoa. Most bacteria are killed within 15 to 30 seconds of contact. All of the glands of the body depend on adequate iodine levels to function optimally."

Animal studies have shown problems with the adrenal glands, the thymus gland, the ovaries, the hypothalamus and pituitary access, as well as the entire endocrine system, when there is an iodine deficient state." We are looking at one of the most important medicines in the entire world of medicine when we are talking about iodine for we cover enormous physiological territory with its use. Iodine sprayed on the mucous lining of a woman's vagina will be absorbed and will soften her breasts in a matter of 5 minutes, while at the same time it relieves the tension and irritability within intestines.

Dr. David Brownstein wrote the book: Why You Need It and Why You Can't Live Without It, "Iodine contains potent anticancer properties. Iodine is effective for treating fibrocystic breasts and ovarian cysts." In this chapter we are exploring, for the first time, the use of iodine as a principle agent in the treatment of cancer with specific attention paid to breast and skin cancer, which are most easily treated transdermally.

Transdermal treatment for cancer using iodine

Transdermal does not mean just topically, it also includes aerosol (direct application to the lungs) as well as for the upper and lower ends of the GI track, (colonics and oral use for treatment of oral and stomach cancers) as well as in douches for cancers of cervix and uterus.

Transdermal drug delivery is painless and convenient — a big advantage for patients who hate injections or forget to take their pills on time. One of the principle reasons iodine is so effective for skin cancer is that, according to Dr. Simoncini, skins cancers are caused by Candida fungus, which has adapted itself to metabolising the most proteinaceous constituents of the epidermis and that therefore only rarely can it be treated with sodium bicarbonate solutions. Dr. Simoncini perhaps has the most experience with transdermal iodine in cancer treatment but even he did not realize that you can treat internal cancers through raising internal iodine concentrations through oral administration.

Iodine can be used in all cancer treatments as a systemic medicine, not just topically for skin and breast cancer. For the same reasons iodine is effective for skin cancers it would be effective in helping combat cancers of all types. Using the right type of iodine allows us to bring up systemic levels effectively without toxic effect since the body desperately needs the iodine for a broad range of reasons. Fibrocystic breast disease, a benign (non-cancerous) condition is characterized by round lumps that move freely within the breast tissue. These lumps are usually tender to the touch. In contrast, a cancerous growth in the breast is often not tender or freely movable when touched.

Iodine applied via the vagina has been said to soften the breasts in minutes so **iodine and magnesium chloride applied together through transdermal means would be the perfect duo** in our fight against both breast and skin cancer. With the addition of the sodium bicarbonate treatments of Dr. Simoncini we have what could be considered a trinity in skin and breast cancer treatments. Of course treatment options do not end here and a full protocol is always desired if one wants to go over the top as far as survival rates are concerned. Breast Cancer

There is plenty of evidence that women would have a lower incidence of cancer and fibrocystic disease of the breast if they consumed more iodine and other minerals like magnesium, selenium and zinc plus adequate vitamin D

Dr. Blaylock: "A decrease in iodine intake coupled with an increased consumption of competing halogens, fluoride and bromide, has created an epidemic of iodine deficiency in America and this seems to be in part responsible for skyrocketing rates of breast cancer. It makes total sense that iodine, one of the nutrients that when deficient leads to breast cancer, would also help to cure it. woman's breasts are one of her most sensitive areas when it comes to cancers caused by radiation exposure. Modern medicine terrorizes women in a typical male oriented way using testing and treatments that cause cancer to treat breast cancer. Doctors have as little compunction in removing breasts as they do doing C sections or injecting women's babies with vaccines containing toxic poisons like mercury."

Dr. Blaylock continues saying that, "by the age of 50, a full 45% of women will have cancer cells in their breasts. This doesn't mean that all these women will develop breast cancer, because in most women **these cancer cells remain dormant**. What it does mean is that, if you are one of these 45% of women, you are at high risk of spurring these cancer cells to full activity." For women concerned about the prevention of breast cancer the same natural allopathic treatments used to treat cancer will prevent it. The clash in medical paradigms is intensely focused on this point. You cannot use surgery, radiation, or chemotherapy to prevent breast cancer because all of these cause cancer. On the other hand magnesium, iodine, selenium and ALA can be used to insure vibrant mammary health The IMVA treatment for breast cancer combines transdermal magnesium treatments with transdermal iodine treatments to the breasts.

[10 Reasons to Consider an Iodine Supplement](#)

Here is a lovely way to get the treatment in a hot bath! I wrote this for Info Barrel. (Sue Visser)
[Infobarrel Article](#)

How much iodine?

From an article on Mercola.com:

" Use of 12.5 milligrams of Lugol's will not kill healthy flora either. Amounts used in excess of 50 milligrams probably will."
<http://articles.mercola.com/.../bromelain-enzyme-aid-cancer-t...>

[Article on bromide poisoning](#)

Read our [disclaimer](#) before attempting any treatment prescribed here.