

How you remove the suppositories from the mold? Do you have to warm them?

Hello Sonya! Each ingredient is going to respond to a different temp to release them. If you are just using cocoa butter, then they pop right out. Many customers use a chop stick to push them out if they stick a little bit. Sometimes they pop out best if frozen, other times at room temperature. Suppositories that have ... [see more](#)



NW Naturals Seller · July 14, 2017

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Does this come with instructions on how to make suppositories, like a recipe?

Hello Skeptical,

Thanks for the question. This product comes with an email that makes recommendations on what to use as a base, but it doesn't come with recipes, no. We are happy to brainstorm some recipes with you if you'd like to send us a private message through Amazon's messaging system. Please let us know how we m... [see more](#)



NW Naturals Seller · October 18, 2016

[See all 3 answers](#)

What Are the suppository dimensions?

Hello,

Thank you for the question.

They measure exactly 1 inch tall, and are shaped like a bullet. They are 7/16ths of an inch in diameter at their widest point (at roughly the midpoint) and 4/16ths of an inch in diameter at their thinnest (at the top end).

Please let us know if we can provide further information.

Best Wishes,

Kate

Flora Natural [see less](#)



NW Naturals Seller · January 23, 2017

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