

Reminder: Register Your LA-Pain Account

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Tue 3/16/2021 4:07 PM

To: cheikinm@msn.com <cheikinm@msn.com>



American Board of Physical
Medicine and Rehabilitation

Dear Dr Cheikin,

Thank you for enrolling in Longitudinal Assessment for Pain Medicine (LA-Pain) 2021. As a reminder, you may now **register your account in the LA-Pain platform** and get started on your questions, and we encourage you to do this as soon as possible to stay on track. The first quarter is already in progress and you may log in to start answering questions.

Unique registration link for LA-Pain: <https://abpmr.theaba.org/cgi-bin/optin.pl?l=F7F4C8DB-69A3-4090-924F-F77D0138FFAA>

When registering, please enter this for your ABPMR Board ID: **14845**

The design of LA-Pain is flexible. Here are some reminders of how the platform works:

- **30 questions per quarter.** If you register and sign in today, you'll see 30 questions available. Thirty questions will be added in each subsequent quarter for a total of 120 for the year.
- **If not completed by the end of each quarter, questions roll over with no penalty.** For maximum evidence-based learning benefit, we recommend completing all 30 questions within each quarter, but the platform does allow questions to roll over to the next quarter until the end of the year.

Keep in mind that the platform limits the number of questions you can answer to no more than 30 in a single day, so plan accordingly to finish on time. Any questions left unanswered at the end of the year will be marked incorrect and negatively affect your performance.

- **Real-time scoring.** On your dashboard each time you sign in, you'll see your real-time p-value (MDT value) and whether you're currently meeting the American Board of Anesthesiology's performance standard. For more information on scoring, [visit the ABA's website.](#)

If you have other questions about the LA-Pain platform or how the program works, [please visit the LA-Pain page on abpmr.org.](#) If you don't find the information you need there, feel free to reach out to the board office; we're here to help you.

American Board of Physical Medicine and Rehabilitation

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