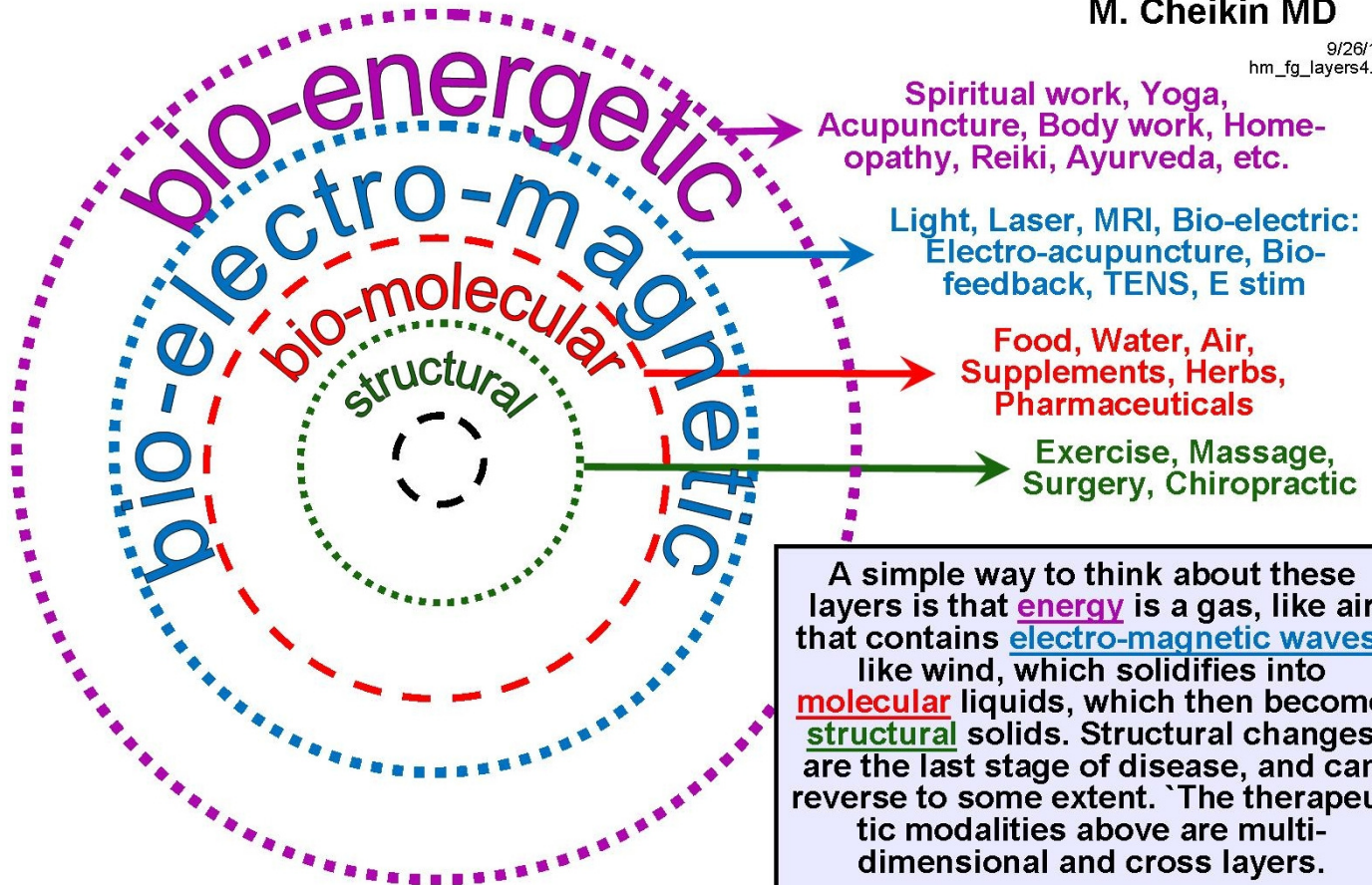


# Layers of Health and Dis-ease

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A simple way to think about these layers is that **energy** is a gas, like air, that contains **electro-magnetic waves**, like wind, which solidifies into **molecular** liquids, which then become **structural** solids. Structural changes are the last stage of disease, and can reverse to some extent. The therapeutic modalities above are multi-dimensional and cross layers.