

Visit 0 pack,  
5 pages

5/13/2021:  
Visit 0 & 1  
Pack  
combined  
into 12  
page pack  
to be  
downloaded  
or emailed

Visit 1 Site

Visit 0 Cover Letter	HIPAA Receipt/ Requests	<b>Updated</b> Adult Registration Form incl Cancellation and Credit Card	Chief Complaint History of Present Illness (CC/HPI)	Readiness Survey	HIPAA notice 2 Pages on line <a href="http://cohlife.org/hioaa">cohlife.org/hioaa</a>
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- 1) Documents Received,
- 2) Appointment Given
- 3) Website Status Upgraded

Visit 1 Cover Letter	Practice Policies	Holistic Policies (updated with web- proprietary)	Lab and Insurance Policies	Past Medical History & Family Hx (PMH/ FHx)	Review of Symptoms 2 Pages	Medication & Supple- ment History
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- Visit 1:  
Meet/Greet  
Goals/Expectations.  
Review Policies  
Readiness  
Visits Purposes  
Time Frame  
Costs

Visit 2 pack,  
8 pages.  
PROVIDED  
PRIOR TO  
VISIT 2

Visit 2 Cover Letter	Medical Evals & Treatments Survey	GI Survey	Food Effects Survey 3 Pages		
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- Visit 2:  
Review Prior  
Documents  
**Physical Exam**  
Lifestyle Survey  
TD GI Supps

Visit 3 pack,  
6 pages.  
Provided at  
end of Visit  
2.

Visit 3 Cover Letter	Yeast Survey 2 Pages	Toxin Survey	Lifestyle Survey	Other Surveys? Stress Adrenal
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- Visit 3:**  
Surveys  
Review Lab  
Strategy  
**Formulate Lab  
Rx**  
Possible GI and/or

<p><b>Visit 4 pack,</b> 3+ pages. Provided at end of Visit 3.</p>	<p>4a <b>Visit 4 Cover Letter</b></p>	<p>4b Lab Set 1&amp;2 Instruction Sheet</p>	<p>4c Lab Rx Page 1</p>	<p>4d Lab Rx Page 1</p>
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**Visit 4:**  
**Review and  
Interpret Lab Set  
1**  
**Core Supps and/  
or Test Doses**

<p><b>Visit 5 pack,</b> 3+ pages. Provided at end of Visit 4.</p>	<p>5a <b>Visit 5 Cover Letter</b></p>	<p>5b Supplement Article</p>	<p>5c Table of Vitamins, Minerals, Core Supps</p>	<p>5d Supplement FAQs</p>
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**Visit 5:**  
**Review  
Supplements:  
Purposes  
Duration  
Side Effects  
Organizing  
Swallowing  
Budget**