



Michael Cheikin MD

Plymouth Meeting, Pennsylvania

Travel Directions

Travel taking 476 (Blue Route) From Center City Philadelphia & Delaware

Take 476 North to Exit 20 (Germantown Pike West), stay to right of Toll Plaza, stay to right for Germantown Pike West.

At bottom of ramp, stay on Germantown Pike for 1.1 miles total, passing the Plymouth Meeting Mall on the right.

Our driveway entrance is just past "Jolly Road" and says "832 Plymouth Valley Professional Center".

We are in Suite 3, at the far side of the campus.

Travel from PA Turnpike (276)

Take PA Turnpike (276) to Exit 333, Norristown.

After Toll Plaza stay to left for "Plymouth Road".

At bottom of ramp, at light, make left onto Plymouth Road.

At first light, make a right onto Germantown Pike.

Take Germantown Pike for 1.0 miles total, passing the Plymouth Meeting Mall on the right.

Our driveway entrance is just past "Jolly Road" and says "832 Plymouth Valley Professional Center".

We are in Suite 3, at the far side of the campus.

Travel from Chestnut Hill

Take Germantown Avenue West for approximately 5 miles.

You will pass the intersection

of 476 (Blue Route) and 276 (PA Turnpike).

The driveway entrance is 0.8 miles past the entrance to the Plymouth Meeting Mall, on the right, and says "832 Plymouth Valley Professional Center".

We are in Suite 3, at the far side of the campus.

Travel from Norriton and West

Take Germantown Pike East past the intersection with 202 (Sears Hardware/Walmart/Genuardis)

In approximately 1 mile, you will pass a fire station and urgent care center. Slow down.

Our driveway entrance is on the left, just in front of the sign which says "832 Plymouth Valley Professional Center".

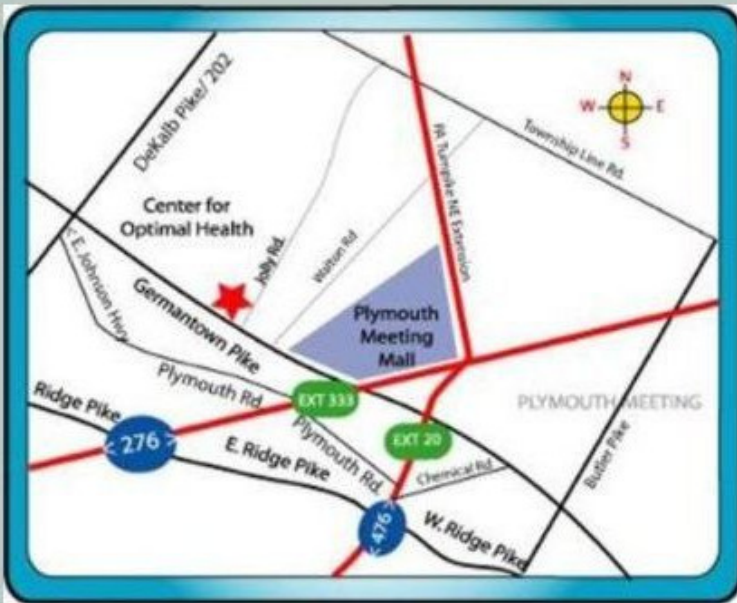
We are in Suite 3, at the far side of the campus.

Bus Routes

SEPTA Bus 95, between the Plymouth Meeting Mall and West Norriton, goes past the Center.

From Chestnut Hill, take the L Bus and transfer at the Plymouth Meeting Mall.

We are in Suite 3, at the far side of the campus.



Center for Optimal Health
832 Germantown Pike, Suite 3
Plymouth Meeting, PA 19462
610-239-9901