

Nebulizing Magnesium and other Medicinals

Posted by **Dr Sircus** on February 2, 2010 | Filed under [Magnesium](#), [Medicine](#)

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Sometimes very sick people or even animals with a lung ailment do better when taking drugs by nebulization as opposed to orally, because then the embattled system doesn't need to go through breaking down the medications in the stomach and then delivering them to the lungs through the blood stream. With nebulization medicines get sprayed directly onto the lung tissues where they can most easily be absorbed locally by the lung and brachial cells.

Dr. Shallenberger says, "A nebulizer is able to convert a liquid into tiny bubbles that are so tiny that they can only be seen under a microscope. When these bubbles come out of the nebulizer, they are so small that they look just like smoke. And that's the magic of a nebulizer. The bubbles are so small that they can be inhaled deep down into the deepest regions of the lungs without any discomfort or irritation. It's a great way for asthmatics to get the medication they need to open up their lungs."

Few practitioners consider the systemic effects of nebulizers. When we hear from patients using nebulizers with pharmaceuticals that it makes them feel the side effects just as badly as when the doctors were giving the same drug intravenously in the hospital, we are actually hearing that the medicines are not only being delivered to the lungs but also being delivered directly into the blood stream and systemically into the rest of the body.

This is very important to understand and appreciate because it opens a wonderful delivery system that is important for certain populations like infants, children, intensive care patients and to all those who are trying to care for themselves or loved ones at home. And that's when Dr. Shallenberger thought, "Why not use the nebulizer delivery system to deliver treatments not just to the lungs but to the whole body?"

Most of the published research about nebulization is on standard usages like asthma but this delivery system can be used to treat lung cancer, pneumonia, tuberculosis, as well as the influenza, chemical poisoning, and actually any

syndrome requiring the administration of a medicinal. For pediatricians and parents nebulizers are a God send because our babies cannot pop pills and we don't really want to be sticking needles in them every day. [Transdermal medicine](#) offers the most to the world of pediatrics with the administration of medicines through their baths and their breathing.

The great strength of nebulizers though is their capability of delivering medications and moisture directly to the tracheobronchial tree. Contrary to other treatment options, higher concentrations in respiratory secretions can be achieved with aerosol therapy. With the use of this localized delivery system effective antimicrobials can have a direct effect on surface organisms in the bronchial system.

- 1) Nebulization thins secretions & mucus making it easier to expel pulmonary secretions
- 2) Nebulization makes coughing easier while lessening the need to cough
- 3) Nebulization keeps your windpipe & trachea lining and stoma moist & healthy
- 4) Nebulization moistens the air that goes into your lungs
- 5) Nebulization hydrates & moisturizes your nasal passages, mouth and throat

Nebulizers are good for young children, people who have trouble using metered dose inhalers, and people who have severe asthma. Within 10 to 15 minutes, the medication is used up and symptoms are gone, or prevented for six to eight hours. Even babies can breathe the mist and nebulizer treatments are fast becoming pediatrician-approved alternatives to over-prescribed antibiotics.

Several devices are available to create the drug aerosol particles. These include jet nebulizers, ultrasonic nebulizers, metered-dose inhalers, and dry powder inhalers through which particles can reach the upper and lower respiratory tracts and be quickly absorbed into the bloodstream.

Aerosolized drugs have several advantages including quick onset of action and low incidence of systemic adverse effects.^[1] Delivery of aerosolized medications typically does not cause pain to the patient, and it is frequently a more convenient method of drug delivery. Studies show that the device used really doesn't matter, as long as it's used properly. All methods work just as well when the correct technique is used.^[2] Nebulizing is generally carried out for ten, twenty to thirty minutes each time and for best results one may need to nebulize up to five times a day.

Transdermal medicine delivers medications to the exact site of injury, pain or disease.

Transdermal medicine applied through a nebulizer is ideal for direct treatment to the lungs. [Transdermal methods](#) of delivery are increasingly being used because they allow the absorption of medicine directly through the skin and in this case we conceptualize the lungs as an inner skin. Such treatments ensure that medications reach the site of needed action directly; bypassing the stomach and liver meaning a much greater percentage of the active ingredient gets to target tissues.

At the Ohio State University Medical Center, pharmacists, respiratory therapists, and pulmonologists endorse what they call off-label nebulization. Off-label nebulization is a rapidly growing area of patient care and in time new research and practical experience will bring us much more information on how magnesium and other agents like [sodium bicarbonate](#) , [iodine](#) , peroxide and glutathione can be administered directly into the lungs for many difficult-to-treat conditions. Even DMSO has been used in veterinarian medicine and naturopaths have used Tea Tree Oil from Australia, which is used topically as fungicide antiseptic and germicide. Eucalyptus oil has also been used forever because it is a known bronchial-dilator.

Nebulized Magnesium



Nebulization and Transdermal Medicinal Baths are Prime Therapeutic Options for Medication Administration for Children

[Magnesium chloride oil](#) should be nebulized as an isotonic solution – delivering 7.5g magnesium chloride per 100ml of distilled water – closely equal to 3.5 tsp of [magnesium oil](#) per 100ml. Nebulization of magnesium is an alternative method of treatment for patients with pulmonary problems or infections, or for those undergoing bronchoscopy. Magnesium nebulized directly into the lungs offers all the same positive therapeutic effects that other types of administration methods do but concentrates the effects in the lung and bronchial tissues.

Nebulised inhaled magnesium sulfate in addition to 2-agonist in the treatment of an acute asthma exacerbation, appears to have benefits with respect to improved pulmonary function in patients with severe asthma. Heterogeneity between trials included in this review precludes a more definitive conclusion.^[3] Nebulized magnesium is well tolerated without any adverse effects.^[4]

Currently, the most widely accepted treatments for asthma include β 2-adrenergic agonists and corticosteroids. The search for treatment alternatives for bronchoconstriction in acute asthma has led to the use of nebulized magnesium.^[5] Magnesium has been associated with cellular homeostasis and frequently acts as a cofactor in enzymatic reactions. It has also been suggested that magnesium acts as a smooth muscle relaxant by interfering with calcium uptake. Research also suggests that magnesium may have a counteracting effect against bronchoconstricting agents such as sodium metabisulfite, methacholine, and histamine. Research into nebulized magnesium focuses on treating asthma and the potential to counteract bronchoconstricting agents.

A randomized, double-blind, controlled clinical study compared nebulized magnesium sulfate with nebulized albuterol in 33 patients with asthma (ages 12–60 years).^[6] The study concluded that the serial doses of nebulized magnesium sulfate had bronchodilatory effects similar to those noted with nebulized albuterol.

Nannini et al.^[7] examined magnesium sulfate as a vehicle for nebulized albuterol in treating acute asthma. The authors concluded that when nebulized magnesium and albuterol were used together, a higher peak flow could be achieved in comparison to albuterol plus 0.9% sodium chloride. The improvements could be seen within 10 minutes and lasted at least 20 minutes, and patients suffering from the most severe airway obstruction had a greater response to the combined treatment. Another study investigated the interactions between magnesium sulfate and sodium metabisulfite, a common preservative in food and drugs.^[8] The investigators concluded that magnesium helped to minimize the bronchoconstriction effects from sodium metabisulfite.

These studies strongly suggest that nebulized magnesium would be effective for safe treatment of acute exacerbations of asthma, either as a sole agent or in combination with other medications. For this application I recommend only the [purest magnesium chloride](#). Even the pharmaceutical and higher grades have heavy metal contamination so are not suitable.

Nebulized Bicarbonate

The bronchial secretions during attack of bronchial asthma are acidic and the acidity imparts stickiness to the secretions and moreover there is high level of neuraminic acid, which possibly correlates with the stickiness. Thus sodium bicarbonate is an excellent choice for nebulization offering it's powerful and instant pH changing effects. Dr. Tullio Simoncini recommends aerosol use of bicarbonate for lung and bronchial adenocarcinoma. He recommends putting 1 soup spoon sodium bicarbonate in ½ liter water and inhaling it with a fast inhaler in half an hour. Six days on six days off when in IV break phases.

Dr. Lewis Nelson, a specialist in emergency medicine says, “Nebulized sodium bicarbonate has been shown to provide symptomatic relief in patients exposed to chlorine, and it is probably useful with all irritant gases that liberate acid. Through a neutralization reaction, the damaging effects of the acids are limited. Nebulized sodium bicarbonate should be used in concentrations of less than 2% (which generally means about a 4:1 dilution of standard 8% sodium bicarbonate).”^[9]

Nebulized Peroxide

Hydrogen peroxide has been used for decades to conquer viral infections by thousands of doctors in thousands of patients all over the world. Hydrogen peroxide consists of a water molecule (H₂O) with an extra oxygen atom (H₂O₂). It is the extra oxygen atom that makes it so deadly for viruses. Nebulization is a new way of administering hydrogen peroxide therapy that is almost as effective as the IV. And better than the IV method, this new treatment can be done at home, and is very inexpensive.

Nebulized peroxide is an efficient route of getting this oxygen utilizing catalyst into the body via the rich network of blood vessels in the lungs. This is not as strong a treatment as IV peroxide but it comes close. Caution: Do not mix your own peroxide, this can be dangerous. If you feel bad after the peroxide, with flu-like symptoms, headache, fever, diarrhea, fatigue, etc, this is too strong a catalytic stimulation with peroxide. Consult your physician before using peroxide in a nebulizer.

Dr. Shallenberger testimony: “When my wife developed the first symptoms of flu, instead of immediately plugging her into a hydrogen peroxide IV, I had her use the nebulizer for ten minutes every waking hour. Using the nebulizer treatment, she was able to get rid of the flu within 72 hours. I knew I was on to something, because IV hydrogen peroxide doesn't work much better than that. So I bought a dozen nebulizers and began offering the treatment to my patients.”

“Since then I have treated hundreds of cases of colds, flus, sinusitis, and bronchitis all with the same great results. And I found that the nebulizer treatments actually have an advantage over the IV therapy that I hadn't considered at first. And that is, that not only is the hydrogen peroxide being disseminated into the entire body through the lungs, it is also going directly to the areas of the body that are most affected by viruses – the sinuses, throat, bronchial tract, and lungs.”

Nebulized Iodine

In some countries nebulizers are given to people by prescription only because they give a person direct access to the bloodstream and this is an indication that this is serious medicine we are dealing with, so caution is advised. With nebulizers we in part get the same effect as with injections, medications quickly diffuse directly into the blood stream. **Thus a nebulizer holds the capacity to save lives.**

When it comes to using iodine in a nebulizer special caution is needed. The choice of iodine is important because putting in potassium, which is found in Lugol's, is dangerous. Potassium chloride, another salt of potassium, is used

for lethal injection so I recommend only Nascent Iodine. Nebulization with iodine offers an extremely strong therapy which can clear the lungs quite rapidly of infections. Therapeutic concentrations can be increased for desired effect but it is recommended that dosages start at the low end unless there is an emergency situation. I would start my first iodine treatment with a weak solution, 3 – 5 drops and slowly increase to ten drops or more closely monitoring the experience. As long as the patient displays no discomfort or side effects concentration can be increased strongly especially when in a life threatening situation. One should expect much quicker and more dramatic results with iodine then with H₂O₂.

Nebulized Glutathione

Glutathione has many profound roles in the body. One role is to enable the liver to remove toxins, medications and other substances from the body. Without it, these substances cannot be removed properly. One puts a special small daily amount of glutathione in a nebulizer, which will facilitate toxin removal and possibly tissue repair. The glutathione level of the epithelial lining fluid is decreased in severe inflammatory lung diseases including in cases with Cystic fibrosis.

Glutathione in the epithelial lining fluid (ELF) of the lower respiratory tract is thought to be the first line of defense against oxidative stress. Inhalation (nebulized or aerosolized) is the only known method that increases GSH's levels in the ELF.^[10]

Dr. Michelle Alpert, D.O says, "Because oral glutathione is not well absorbed, I have also begun to experiment with nebulized glutathione, which patients can take at home between detox drips. According to a study in Alternative Medicine Review in 2000, nebulized glutathione has had remarkable success in emphysema and other lung disorders such as asthma and bronchitis. It appears that inhalation may have a systemic effect. Some patients are having even greater success with this combination."^[11]

In a case of a 95-year-old man with an acute respiratory crisis secondary to emphysema and apparent bronchial infection treatment with nebulized glutathione led to a rapid resolution of the crisis, as well as a marked improvement in the chronic course of the disease. This treatment has been used since for a number of patients with emphysema. The safety and bioavailability of this method of delivery have been established in human studies.^[12]

Different people taking Nebulized Glutathione often have very different reactions. One person may tolerate Nebulized Glutathione well but not get the desired effect, another may have side effects or adverse reactions that make Nebulized Glutathione intolerable, and yet another may get the desired effect with no side effects.^[13]

General Instructions

Procedure: The basic aim of a nebulizer is to facilitate a faster and more effective absorption of the medicine. This is achieved by breaking down the liquid medicine into very fine particles, which is inhaled by the patient. The first step is to add the liquid medicine to the cup attached to the device. It is important to understand that these devices accept medicine in the liquid form only, and medicine should be added at the time of usage and not before that. If the doctor has prescribed more than one medicine for nebulization, make sure if they can be mixed together or whether they should be taken separately. Once the medicine is put in the cup, close the cup and connect its tube to the air compressor. Turn the compressor on and when the compressed air reaches the nebulizer cup, it will vaporize the medicine, creating a mist. The mist is inhaled by the patient, through the mouthpiece or face mask.

Take deep breaths and inhale the vapor completely. Tap the cup regularly to ensure the right dispensation of medicine and don't remove the mask, until the medicine is used up completely. It will take about 10 to 20 minutes to finish nebulization depending on what type of medicinal is used. Turn on the air pump and a mist will come from

the mouthpiece. Place the mouthpiece in your mouth and breathe in slowly. At full inhalation, hold your breath for a 2-4 count to allow absorption in the lungs. If you are treating colds or sinus problems, you can also alternate breathing through your nose.

Special Note: I have even heard of DMSO being used in combination with other medicinals just as it would be used topically on the skin.

HIDE REFERENCES ▲

[1] Side effects wear off quickly but can include racing pulse, tremors, nausea and insomnia. Nebulizer asthma treatments can also raise blood pressure and aggravate glaucoma.

[2] http://kidshealth.org/parent/medical/asthma/inhaler_nebulizer.html

[3] Inhaled magnesium sulfate in the treatment of acute asthma. Blitz M, Blitz S, Beasley R, Diner BM, Hughes R, Knopp JA, Rowe BH

[4] Blitz M, et al. Inhaled magnesium sulfate in the treatment of acute asthma. Cochrane Database Syst Rev 2005 Jul 20; (3) CD003898.

[5] Mahajan P, Haritos D, Rosenberg N et al. Comparison of nebulized magnesium sulfate plus albuterol to nebulized albuterol plus saline in children with acute exacerbations of mild to moderate asthma. J Emerg Med. 2004; 27:215.

[6] Mangat HS, D. Souza GA, Jacob MS. Nebulized magnesium sulphate versus nebulized salbutamol in acute bronchial asthma, a clinical trial. Eur Respir J. 1998; 12:3414.

[7] Nannini LJ, Pendino JC, Corna RA et al. Magnesium sulfate as a vehicle for nebulized salbutamol in acute asthma. Am J Med. 2000; 108:193–7.

[8] Nannini LJ, Hofer D. Effect of inhaled magnesium sulfate on sodium metabisulfite-induced bronchoconstriction in asthma. Chest. 1997; 111: 858–61.

[9] <http://www.emedmag.com/html/pre/tox/0804.asp>

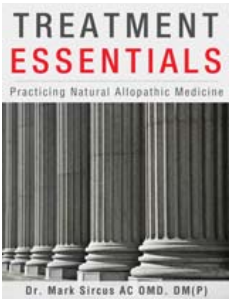
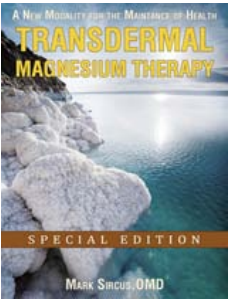
[10] <http://ecam.oxfordjournals.org/cgi/content/abstract/5/1/27>

[11] <http://www.prohealth.com/library/showarticle.cfm?libid=10906>

[12] Altern Med Rev 2000; 5(5): 429-431

[13] Reasons for inhaled GSH's effectiveness include its role as a potent antioxidant, and possibly improved oxygenation and host defenses. Theoretical uses of this treatment include Farmer's lung, pre- and postexercise, multiple chemical sensitivity disorder and cigarette smoking. GSH inhalation should not be used as a treatment for primary lung cancer. Testing for sulfites in the urine is recommended prior to GSH inhalation. Minor side effects such as transient coughing and an unpleasant odor are common with this treatment. Major side effects such as bronchoconstriction have only occurred among asthma patients presumed to be sulfite-sensitive. The potential applications of inhaled GSH are numerous when one considers just how many pulmonary diseases and respiratory-related conditions are affected by deficient antioxidant status or an over production of oxidants, poor oxygenation and/or impaired host defenses.

Learn how to treat yourself and your loved ones safely at home with Magnesium and other powerful medicinals



Learn Dr Sircus protocol including dosages, methods, side effects and contra-indications. This bundle includes the special edition of **Transdermal Magnesium Therapy** and **Treatment Essentials** eBooks.

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Dr. Mark Sircus, Ac., OMD, DM (P)

Director International Medical Veritas Association

Doctor of Oriental and Pastoral Medicine

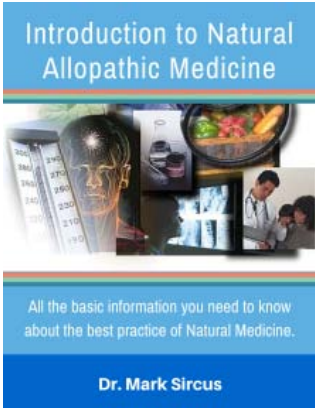


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This book will guide you through Dr Sircus protocol and the medicinals that compose it. This is the first step to teach you to take care of your own health.

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For more advanced and detailed presentation we offer [Treatment Essentials](#), which has all the information for you to practice Natural Allopathic Medicine, including the important chapter on dosages.

For questions pertaining to your own personal health issues or for specific dosing of Dr. Sircus's protocol items please seek a consultation. Please visit our [knowledge base](#) to see if your question may have been answered previously.

Comments:

68 Comments Dr. Sircus - International Medical Veritas Association

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Join the discussion...



Brenda Tollefson • 5 months ago

I have cancer that has metastasized to the lungs and I currently have "several" nodules that are affecting my breathing and I have a cough. I'm interested in nebulizing either the hydrogen peroxide or the sodium bicarbonate (I know who Dr. Simoncini is). Where do I get the sodium bicarb solution or is it something I need to make up myself (if so how) and which nebulizer would you recommend?

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Debra Kuzma • 7 months ago

I would just like to add that I recently started using Magnesium Oil for leg cramps/ chronic pain/eye twitching (BEST thing EVER!!) and I also sprayed some on all 3 of my dog's tummies. One (Toy Poodle--Vet said heart, lungs clear) has had a cough, that has almost stopped entirely. This is the most amazing thing I've ever heard of.

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Rosemary Barnes • 9 months ago

Can you tell me how Dr Sircus would administer dmso into a nebulizer to treat asthma and chronic sinusitis? I am treating myself at home for asthma and chronic sinusitis. I have 99.9% dmso and I know I need to dilute it but I'm looking for some advice on how best to dilute it to treatm my sinuses. Thank you for all of the information about nebulizing magnesium and Hydrogen peroxide. I have a nebulizer and am going to try these remedies by using my nebulizer. I just need the proper measurements.

Also, can you give a treatment protocol for dmso for my cat? How can I administer it to him? He had a dislocated hip and a reattachment surgery in March of last year and he now walks with a stiff gait. I want to help him walk easier.

Thank you Rosemary Barnes

• Reply • Share ›



anna b • 9 months ago

I have been nebulizing glutathione for about a year now for two reasons. One was to increase my levels and another was for a lung disorder, possibly lupus, causing fluid build up. The nebulizing of the glutathione was very helpful for my lungs and the fluid is gone.

But, for about 4 months, I have been experiencing increasing levels of vertigo, to the point of nausea. Also, much fluid, pain and pressure in my ears. I even had a large hard blood clot fall out of my ear into my throat. My head pain and vertigo were unbearable to the point that I resorted to going to an ENT MD. I finally started sensing that all the inner ear, and head problems were somehow caused by the glutathione. About a week ago, I stopped nebulizing it and I have begun to feel relief. I don't understand how the glutathione would cause these symptoms, but they were severe. I still have a low level of vertigo, but I do

hope that whatever damage I caused will heal itself. I am continuing to nebulize msm and feel some relief from it. Its an anti-inflammatory and think that it may be helping. I was just wondering if anyone else has had side effects from nebulizing the glutathione.

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Mar Kenneally > anna b • 5 months ago

Hi,
Can you let me know the measurements for nebulising MSM please.
Thank you
Mar

• Reply • Share ›



Boe • 10 months ago

I have a bottle of potassium iodiDe (as opposed to iodiNe). Is this also unsafe to nebulize?

• Reply • Share ›



U.N. Soldier > Boe • 22 days ago

The potassium can stop your heart, since it is almost like an injection. I nebbbed with Lugols and stopped after 4 minutes, because I could tell something was not right. I could hardly move around I was so sleepy the rest of the day. Only use non potassium iodine!!!

👍 | 🗨️ • Reply • Share ›



Claudia French Mod > Boe • 10 months ago

When it comes to using iodine in a nebulizer special caution is needed. The choice of iodine is important because putting in potassium, which is found in Lugol's, is dangerous. used for lethal injection so I recommend only Nascent Iodine. Nebulization with iodine offers an extremely strong therapy which can clear the lungs quite rapidly of infections. Therapeutic concentrations can be increased for desired effect but it is recommended that dosages start at the low end unless there is an emergency situation. Use ONLY under Doctors advise and supervision. per Dr Sircus
Claudia French
IMVA

1 👍 | 🗨️ • Reply • Share ›



infowars.com • a year ago

Thank You for the information I greatly appreciate you taking the time to inform those like me... God Bless & Thanks Again!!

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Chris • a year ago

Hi,
Can I make my own magnesium oil from the ancient minerals flakes for nebulizing? I already have this; that is why I asked. If so a recipe please. By the way great info!!!

👍 | 🗨️ • Reply • Share ›



Claudia French Mod > Chris • a year ago

Due to the differing processing it is not advised to use flakes for oral or nebulizing use. For more information please contact LL's Magnetic Clay co. They are the experts. Dr. Sircus recommends the original magnesium oil.
<http://www.magneticclay.com/st...>
Claudia French
IMVA

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Nancy • 2 years ago

I have a tumor in my lung as well as a very spots. I would like to try the nascent iodine with a nebulizer. Do you have a suggestion as to which nebulizer would best. Also would the magnesium oil work for my problem. Thank you for your help.

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Claudia French Mod > Nancy • 2 years ago

Dr. Sircus is using the Lumiscope Ultrasonic Nebulizer = portable from Just Nebulizers. Beyond this, we do not know the quality of other nebulizers.
Claudia French
IMVA

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stealingsugar • 2 years ago



Very good! I am up with a terrible attack! I'm going to try each of these suggestions next week. My attack has broken now, but I have had more asthma this year than ever before. It started with a severe allergic reaction to Stevia, which is related to Ragweed. After that, where I literally almost died, I burned something on the stove, and had some smoke inhalation! Those two events, combined with my life-long asthma mild problems, and allergies (throat closes when I consume mold, especially from soda fountain or beer tap lines), has gotten me in quite a mess. I'm doing a lot to try to get better, like pro-biotics, enzymes for inflammation, fish oil, salt inhaler, etc...

Update: Nebulizing Sodium Bicarbonate and water has greatly improved my breathing, even after the first day, I was so much better already. I have a new ultrasonic nebulizer, just a cheapo from Amazon, but it is very effective. I nebulized some magnesium oil tonight. It was so much more vapor than my regular nebulizer, that it caused an attack, but a lot of mucus came out, and now the attack is subsiding. I'm sure I'll feel much better tomorrow.

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[angelo B](#) • 2 years ago

a special protocol for lung cancer patients allows for the inhalation of liquid Ge-132, with the use of DMSO as a carrier via a nebulizer to oxygenate the lungs. The nebulizer makes a micro-fine mist of the liquid Ge-132, which is inhaled through the mouthpiece and reaches deeply into the lungs..... It's impossible for me have information about inhalation of dms0-germanium-water.... I have a vaporizer that vaporize a 500cc bottle in 12 minutes. thank you so much!

👍 | 🗨️ • Reply • Share ›



[angelo B](#) > [angelo B](#) • 2 years ago

nobody knows ?
please help me!

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[Claudia French](#) Mod > [angelo B](#) • 2 years ago

Angelo, sorry but we at IMVA have not researched this and cannot advise you on its usage. However a nebulizer and vaporizer are not the same thing and provide different types of delivery.
Claudia French
IMVA

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[Deborah Quick](#) • 2 years ago

Sorry I meant how much iodine should you take with great cancer, thyroid and adrenal failure?

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[Maurice Guggisberg](#) Mod > [Deborah Quick](#) • 2 years ago

Dear Deborah,
I'm sorry to hear about your situation.
Dr. Sircus has an entire protocol of a number of things that may help you. You can read about his protocol and about dosages in the ebook Treatment Essentials:

<http://drsircus.com/books/e-bo...>

Or you can choose a consultation with Dr. Sircus for an in depth recommendation for you. He is available to take patients via his online clinic.

<http://drsircus.com/consultati...>

Please let me know if I can be of further help.
Best Regards,
Maurice Guggisberg
IMVA Support Team

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Deborah Quick • 2 years ago

Can anyone help me to know how much iodine to take?

👍 | 🗨️ • Reply • Share ›



Deborah Quick • 2 years ago

Do you know of any drs in Kansas Ciry, Mo, or Houston, Texas who use these practices..I'm a breast cancer patient

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Teresa B • 2 years ago

My mother is in hospice care and has been for over a year and a half now with COPD and emphysema. The hospice folks have convinced her she needs to stay in bed and not move and reserve all of her energy. She still has a strong desire to live or she would not still be here. Last year, I took her to a pulmonologist and he said she still had about 39% usage of her lungs. I've tried to find a doctor near her who does the IV therapy with hydrogen peroxide but have had no luck. She does use a nebulizer with the prescription drugs, but I feel she could recover if she were to use some of the alternatives in your informative message. Have you seen folks recover from COPD and emphysema and what protocol would you recommend first for her. She is 79 years old. The lack of oxygen is affecting her mind as well now. She has no other medical issues, except for stress with her husband.

4 👍 | 🗨️ • Reply • Share ›



Claudia French Mod > Teresa B • 2 years ago

Hello Teresa,

Dr. Sircus would utilize a number of things on his protocol to help your mother obtain better breathing and comfort. These would include the use of glutathione by nebulization, breathing re-training, Oxygen therapies to increase performance, magnesium use and many others. You can see his full protocol here: <http://drsircus.com/medicine/n...>

Since he works online he does not make provisions for someone to do IV therapies however but can teach caregivers and family how to utilize his protocol so that care can be provided in the person's own home setting.

Sincerely,
Claudia French

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Janet Thome > Teresa B • 2 years ago

I do not know where you are, put there are some states like Idaho that allow Chiropractors do IV Therapy. Ozone and Hydrogen Peroxide is widely used in Idaho.

👍 | 🗨️ • Reply • Share ›



Jess • 3 years ago

Hi, I've come in to contact with ozone gas and it been about 5-6wks and still have irritation. Would it be feasible to consider nebulising bi carb in the first instance. Then some nascent iodine followed by glutathione? Also I'm wondering about brands, yes I see the one you make and promote, yet I have come across <http://www.magnascent.com/Abou...> an am wondering if they are your manufacturer? I swabbed some diluted iodine tincture in my naseI passages and they are better than they had been. Also how would you buy glutathione? Supplements generally have additives? Could I use Acetyl Glutathione?

👍 | 🗨️ • Reply • Share ›



Claudia French Mod > Jess • 3 years ago

Dear Jess,

Dr. Sircus recommends this reduced glutathione with sodium bicarbonate for nebulizing on this page: <http://drsircus.com/protocol-c...> which is less irritating due to the bicarbonate included. Follow label directions. We are not familiar with the one you mention.

Claudia French
IMVA

👍 | 🗨️ • Reply • Share ›



Jess > Claudia French • 3 years ago

Ah, the reason I asked is because I mentioned Dr Sircus on the page I linked above. Thanks for link, I'll check out tomorrow. I'm guessing ozone is considered "irritant gases that liberate acid". I tried to see if I could confirm but not sure I was searching correctly. Thanks Jess

👍 | 🗨️ • Reply • Share ›



Jess > Jess • 3 years ago

Sorry late here, pls excuse my painful typos

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Jessica Coco • 3 years ago

You can buy glutathione for inhalation use from Medaus pharmacy in Alabama. However you need a prescription, so you need a doctor to call them to get it. It saved my life. My amalgam fillings were not removed properly, I was so toxic with mercury poisoning I turned gray. I thought I would die. After trying the glutathione, the ash-gray appearance was gone and I no longer felt as if I would die. Lessen the COPD I had in 1/2 within 8 months. You can't detoxify mercury without glutathione. However, oral solutions don't seem to work. I tried many different brands and no success, but this liquid glutathione that can be used for inhalation really works. Like all things though, once you hit saturation levels the effects stop until you are low again. Keep in mind, it does not necessarily stop asthma or lessen asthma. It is not a bronchodilator like albuterol or a muscle relaxer like magnesium sulfate. If anyone can recommend a pharmacy or brand of magnesium sulfate in liquid IV form for inhalation, please contact me: ladyravenhairre@yahoo.com .Suffering from severe asthma, since the improper removal of my amalgam fillings, I can tell people that having magnesium sulfate in IV form in a NaCl solution is unbelievable. I find it distressing that I live in the NYC area and my hospital is more alternative than most alternative doctors in that it provides me no questions asked with magnesium sulfate IVs. Down point is who want to go to the ER & the co-pay is much much higher. I've tried to use magnesium sulfate for IV that I've bought at the local pharmacy by prescription and it irritates my lungs, which I believe is from whatever they use to preserve it like aluminum, because the packages say contains less than ...mcg of aluminum.

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Joseph Tanti • 3 years ago

Where can I buy mag oil for nebulizer pls, any recommendations pls, Thank you.

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Claudia French Mod > Joseph Tanti • 3 years ago

Dear Joseph,

Dr. Sircus recommends you buy Ancient Minerals magnesium oil from : <http://www.magneticclay.com/>
Plus there is an entire chapter in the Treatment Essentials book on nebulization which would be very helpful.
excerpt: Magnesium chloride oil should be nebulized as an isotonic solution—delivering 7.5 g magnesium chloride per 100 ml of distilled water—closely equal to 3.5 tsp of magnesium oil per 100 ml. Nebulization of magnesium is an alternative method of treatment for patients with pulmonary problems or infections, or for those undergoing bronchoscopy. Magnesium nebulized directly into the lungs offers all the same positive therapeutic effects that other types of administration methods do but concentrates the effects in the lung and bronchial tissues. Nebulized inhaled magnesium sulfate, in addition to 2-agonist in the treatment of an acute asthma exacerbation, appears to have benefits with respect to improved pulmonary function in patients with severe asthma.[3] Nebulized magnesium is well tolerated without any adverse effects.[4]
So what that means is that you make the recommended mix of mag. chloride (magnesium oil) and water and then you use that solution to fill the nebulizer cup, which usually holds about 5 cc of solution . Do that for each treatment nebulizing till the 5 cc. is used up.

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Arnold • 3 years ago

Hello would I be able to use regular filtered bottle water instead of the "distilled water" for the nebulized magnesium?

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Claudia French - IMVA Staff > Arnold • 3 years ago

Arnold,

Yes, you can use it but you cannot be sure of the purity of it compared to distilled water.

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Janet • 3 years ago

I wonder about the use of DMSO with a plastic nebulizer. Would it not take the plastic with it into your lungs? I would like to do this but am a little afraid because this might happen.

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Claudia French - IMVA Staff > Janet • 3 years ago

Janet:

DMSO will eventually dissolve plastic over a period of time. The USP Pharmaceutical grade is stored in brown glass with either a teflon or wax top. Not sure if being in a nebulizer for a short time will do any harm.

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Jeff • 4 years ago

I can't get the sodium bicarbonate (baking soda) to dissolve completely using a 4:1 dilution scale

I use 120ml distiller water and added 30ml of baking soda but it won't dissolve (some will, but eventually the water becomes saturated and stops diluting)

Any suggestions ?

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Claudia French - IMVA Staff > Jeff • 4 years ago

Jeff,

use only half a teaspoon in that amount of water or even less.

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Anita Mason • 4 years ago

Please tell me how to find a practitioner experienced in iodine and bicarbonate nebulization. I have COPD and and recovering from a serious case of candidiasis.Thank you.

3 👍 | 🗨️ • Reply • Share ›



vicki • 4 years ago

I've been nebulizing Glutathione mixture prepared by a compounding pharmacy and prescribed by my naturopathy doctor for 3 months now. I can't tell you how much better I can breath now. I would recommend this to anyone with COPD or lung problems.

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Kenneth Stanfield • 4 years ago

Thanks for the thorough and helpful article. However, care needs to be taken when giving nebulized medicine to insure the dose is

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- Books
- About Dr Sircus
- The Team
- The IMVA
- Consultations
- Support / FAQ

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- Medicine
- Magnesium
- Sodium Bicarbonate (Baking Soda)
- Cancer
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