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## Nebulizing Magnesium and other Medicinals

*Published on February 2, 2010*



**Nebulizing Magnesium  
Chloride**

from **IMVA**

01:13

Sometimes very sick people or even animals with a lung ailment do better when taking drugs by nebulization as opposed to orally, because then the embattled system doesn't need to go through breaking down the medications in the stomach and then delivering them to the lungs through the blood stream. With nebulization medicines get sprayed directly onto the lung tissues where they can most easily be absorbed locally by the lung and brachial cells.

Dr. Shallenberger says, "A nebulizer is able to convert a liquid into tiny bubbles that are so tiny that they can only be seen under a microscope. When these bubbles come out of the nebulizer, they are so small that

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Few practitioners consider the systemic effects of nebulizers. When we hear from patients using nebulizers with pharmaceuticals that it makes them feel the side effects just as badly as when the doctors were giving the same drug intravenously in the hospital, we are actually hearing that the medicines are not only being delivered to the lungs but also being delivered directly into the blood stream and systemically into the rest of the body.

This is very important to understand and appreciate because it opens a wonderful delivery system that is important for certain populations like infants, children, intensive care patients and to all those who are trying to care for themselves or loved ones at home. And that's when Dr. Shallenberger thought, "Why not use the nebulizer delivery system to deliver treatments not just to the lungs but to the whole body?"

Most of the published research about nebulization is on standard usages like asthma but this delivery system can be used to treat lung cancer, pneumonia, tuberculosis, as well as the influenza, chemical poisoning, and actually any syndrome requiring the administration of a medicinal. For pediatricians and parents nebulizers are a God send because our babies cannot pop pills and we don't really want to be sticking needles in them every day. *Transdermal medicine* offers the most to the world of pediatrics with the administration of medicines through their baths and their breathing.

The great strength of nebulizers though is their capability of delivering medications and moisture directly to the tracheobronchial tree. Contrary to other treatment options, higher concentrations in respiratory secretions can be achieved with aerosol therapy. With the use of this localized delivery system effective antimicrobials can have a direct effect on surface organisms in the bronchial system.

- 1) Nebulization thins secretions & mucus making it easier to expel pulmonary secretions
- 2) Nebulization makes coughing easier while lessening the need to cough
- 3) Nebulization keeps your windpipe & trachea lining and stoma moist & healthy
- 4) Nebulization moistens the air that goes into your lungs
- 5) Nebulization hydrates & moisturizes your nasal passages, mouth and throat

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Nebulizers are good for young children, people who have trouble using metered dose inhalers, and people who have severe asthma. Within 10 to 15 minutes, the medication is used up and symptoms are gone, or prevented for six to eight hours. Even babies can breathe the mist and nebulizer treatments are fast becoming pediatrician-approved alternatives to over-prescribed antibiotics.

Several devices are available to create the drug aerosol particles. These include jet nebulizers, ultrasonic nebulizers, metered-dose inhalers, and dry powder inhalers through which particles can reach the upper and lower respiratory tracts and be quickly absorbed into the bloodstream.

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really doesn't matter, as long as it's used properly. All methods work just as well when the correct technique is used.[2] Nebulizing is generally carried out for ten, twenty to thirty minutes each time and for best results one may need to nebulize up to five times a day.

*Transdermal medicine delivers medications to the exact site of injury, pain or disease.*

Transdermal medicine applied through a nebulizer is ideal for direct treatment to the lungs. Transdermal methods of delivery are increasingly being used because they allow the absorption of medicine directly through the skin and in this case we conceptualize the lungs as an inner skin. Such treatments ensure that medications reach the site of needed action directly; bypassing the stomach and liver meaning a much greater percentage of the active ingredient gets to target tissues.

At the Ohio State University Medical Center, pharmacists, respiratory therapists, and pulmonologists endorse what they call off-label nebulization. Off-label nebulization is a rapidly growing area of patient care and in time new research and practical experience will bring us much more information on how magnesium and other agents like sodium bicarbonate , iodine , peroxide and glutathione can be administered directly into the lungs for many difficult-to-treat conditions. Even DMSO has been used in veterinarian medicine and naturopaths have used Tea Tree Oil from Australia, which is used topically as fungicide antiseptic and germicide. Eucalyptus oil has also been used forever because it is a known bronchial-dilator.

## Nebulized Magnesium



Nebulization and Transdermal Medicinal Baths are Prime  
Therapeutic Options for Medication Administration for Children

Magnesium chloride oil should be nebulized as an isotonic solution – delivering 7.5g magnesium chloride per 100ml of distilled water – closely equal to 3.5 tsp of magnesium oil per 100ml. Nebulization of magnesium is an alternative method of treatment for patients with pulmonary problems or infections, or for those undergoing bronchoscopy. Magnesium nebulized directly into the lungs offers all the same positive therapeutic effects that other types of administration methods do but concentrates the effects in

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Nebulised inhaled magnesium sulfate in addition to 2-agonist in the treatment of an acute asthma exacerbation, appears to have benefits with respect to improved pulmonary function in patients with severe asthma. Heterogeneity between trials included in this review precludes a more definitive conclusion.[3] Nebulized magnesium is well tolerated without any adverse effects.[4]

Currently, the most widely accepted treatments for asthma include  $\beta_2$ -adrenergic agonists and corticosteroids. The search for treatment alternatives for bronchoconstriction in acute asthma has led to the use of nebulized magnesium.[5] Magnesium has been associated with cellular homeostasis and frequently acts as a cofactor in enzymatic reactions. It has also been suggested that magnesium acts as a smooth muscle relaxant by interfering with calcium uptake. Research also suggests that magnesium may have a counteracting effect against bronchoconstricting agents such as sodium metabisulfite, methacholine, and histamine. Research into nebulized magnesium focuses on treating asthma and the potential to counteract bronchoconstricting agents.

A randomized, double-blind, controlled clinical study compared nebulized magnesium sulfate with nebulized albuterol in 33 patients with asthma (ages 12–60 years).[6] The study concluded that the serial doses of nebulized magnesium sulfate had bronchodilatory effects similar to those noted with nebulized albuterol.

Nannini et al.[7] examined magnesium sulfate as a vehicle for nebulized albuterol in treating acute asthma. The authors concluded that when nebulized magnesium and albuterol were used together, a higher peak flow could be achieved in comparison to albuterol plus 0.9% sodium chloride. The improvements could be seen within 10 minutes and lasted at least 20 minutes, and patients suffering from the most severe airway obstruction had a greater response to the combined treatment. Another study investigated the interactions between magnesium sulfate and sodium metabisulfite, a common preservative in food and drugs.[8] The investigators concluded that magnesium helped to minimize the bronchoconstriction effects from sodium metabisulfite.

These studies strongly suggest that nebulized magnesium would be effective for safe treatment of acute exacerbations of asthma, either as a sole agent or in combination with other medications. For this application I recommend only the purest magnesium chloride . Even the pharmaceutical and higher grades have heavy metal contamination so are not suitable.

## Nebulized Bicarbonate

The bronchial secretions during attack of bronchial asthma are acidic and the acidity imparts stickiness to the secretions and moreover there is high level of neuraminic acid, which possibly correlates with the stickiness. Thus sodium bicarbonate is an excellent choice for nebulization offering it's powerful and instant pH changing effects. Dr. Tullio Simoncini recommends aerosol use of bicarbonate for lung and bronchial adenocarcinoma. He recommends putting 1 soup spoon sodium bicarbonate in ½ liter water and inhaling it with a fast inhaler in half an hour. Six days on six days off when in IV break phases.

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Nebulized sodium bicarbonate should be used in concentrations of less than 2% (which generally means about a 4:1 dilution of standard 8% sodium bicarbonate).”[9]

## Nebulized Peroxide

Hydrogen peroxide has been used for decades to conquer viral infections by thousands of doctors in thousands of patients all over the world. Hydrogen peroxide consists of a water molecule ( $H_2O$ ) with an extra oxygen atom ( $H_2O_2$ ). It is the extra oxygen atom that makes it so deadly for viruses. Nebulization is a new way of administering hydrogen peroxide therapy that is almost as effective as the IV. And better than the IV method, this new treatment can be done at home, and is very inexpensive.

Nebulized peroxide is an efficient route of getting this oxygen utilizing catalyst into the body via the rich network of blood vessels in the lungs. This is not as strong a treatment as IV peroxide but it comes close. Caution: Do not mix your own peroxide, this can be dangerous. If you feel bad after the peroxide, with flu-like symptoms, headache, fever, diarrhea, fatigue, etc, this is too strong a catalytic stimulation with peroxide. Consult your physician before using peroxide in a nebulizer.

Dr. Shallenberger testimony: “When my wife developed the first symptoms of flu, instead of immediately plugging her into a hydrogen peroxide IV, I had her use the nebulizer for ten minutes every waking hour. Using the nebulizer treatment, she was able to get rid of the flu within 72 hours. I knew I was on to something, because IV hydrogen peroxide doesn’t work much better than that. So I bought a dozen nebulizers and began offering the treatment to my patients.”

“Since then I have treated hundreds of cases of colds, flus, sinusitis, and bronchitis all with the same great results. And I found that the nebulizer treatments actually have an advantage over the IV therapy that I hadn’t considered at first. And that is, that not only is the hydrogen peroxide being disseminated into the entire body through the lungs, it is also going directly to the areas of the body that are most affected by viruses – the sinuses, throat, bronchial tract, and lungs.”

## Nebulized Iodine

In some countries nebulizers are given to people by prescription only because they give a person direct access to the bloodstream and this is an indication that this is serious medicine we are dealing with, so caution is advised. With nebulizers we in part get the same effect as with injections, medications quickly diffuse directly into the blood stream. **Thus a nebulizer holds the capacity to save lives.**

When it comes to using iodine in a nebulizer special caution is needed. The choice of iodine is important because putting in potassium, which is found in Lugol’s, is dangerous. Potassium chloride, another salt of potassium, is used for lethal injection so I recommend only Nascent Iodine. Nebulization with iodine offers an extremely strong therapy which can clear the lungs quite rapidly of infections. Therapeutic concentrations can be increased for desired effect but it is recommended that dosages start at the low end unless there is an emergency situation. I would start my first iodine treatment with a weak solution 2 – 5

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threatening situation. One should expect much quicker and more dramatic results with iodine than with H<sub>2</sub>O<sub>2</sub>.

## Nebulized Glutathione

Glutathione has many profound roles in the body. One role is to enable the liver to remove toxins, medications and other substances from the body. Without it, these substances cannot be removed properly. One puts a special small daily amount of glutathione in a nebulizer, which will facilitate toxin removal and possibly tissue repair. The glutathione level of the epithelial lining fluid is decreased in severe inflammatory lung diseases including in cases with Cystic fibrosis.

Glutathione in the epithelial lining fluid (ELF) of the lower respiratory tract is thought to be the first line of defense against oxidative stress. Inhalation (nebulized or aerosolized) is the only known method that increases GSH's levels in the ELF.<sup>[10]</sup>

Dr. Michelle Alpert, D.O says, "Because oral glutathione is not well absorbed, I have also begun to experiment with nebulized glutathione, which patients can take at home between detox drips. According to a study in Alternative Medicine Review in 2000, nebulized glutathione has had remarkable success in emphysema and other lung disorders such as asthma and bronchitis. It appears that inhalation may have a systemic effect. Some patients are having even greater success with this combination."<sup>[11]</sup>

In a case of a 95-year-old man with an acute respiratory crisis secondary to emphysema and apparent bronchial infection treatment with nebulized glutathione led to a rapid resolution of the crisis, as well as a marked improvement in the chronic course of the disease. This treatment has been used since for a number of patients with emphysema. The safety and bioavailability of this method of delivery have been established in human studies.<sup>[12]</sup>

Different people taking Nebulized Glutathione often have very different reactions. One person may tolerate Nebulized Glutathione well but not get the desired effect, another may have side effects or adverse reactions that make Nebulized Glutathione intolerable, and yet another may get the desired effect with no side effects.<sup>[13]</sup>

## General Instructions

Procedure: The basic aim of a nebulizer is to facilitate a faster and more effective absorption of the medicine. This is achieved by breaking down the liquid medicine into very fine particles, which is inhaled by the patient. The first step is to add the liquid medicine to the cup attached to the device. It is important to understand that these devices accept medicine in the liquid form only, and medicine should be added at the time of usage and not before that. If the doctor has prescribed more than one medicine for nebulization, make sure if they can be mixed together or whether they should be taken separately. Once the medicine is put in the cup, close the cup and connect its tube to the air compressor. Turn the compressor on and when the compressed air reaches the nebulizer cup, it will vaporize the medicine, creating a mist. The mist is

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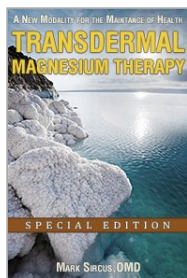
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Take deep breaths and inhale the vapor completely. Tap the cup regularly to ensure the right dispensation of medicine and don't remove the mask, until the medicine is used up completely. It will take about 10 to 20 minutes to finish nebulization depending on what type of medicinal is used. Turn on the air pump and a mist will come from the mouthpiece. Place the mouthpiece in your mouth and breathe in slowly. At full inhalation, hold your breath for a 2-4 count to allow absorption in the lungs. If you are treating colds or sinus problems, you can also alternate breathing through your nose.

**Special Note:** I have even heard of DMSO being used in combination with other medicinals just as it would be used topically on the skin.

SEE REFERENCES ▼

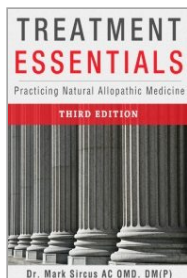
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Hi, I'm **Dr. Mark Sircus**, AC., OMD, DM (P), a doctor and writer of more than 23 books that have sold over 80,000 copies all over the world. My first major book was "[Transdermal Magnesium Therapy](#)" which afforded me the title of "Magnesium Man." It has been translated into five languages and has reduced the suffering of many people.

On my website there are hundreds if not a thousand free articles, so you can dive deep into my work. However if you need personalized help, you are more than welcome to [schedule a consultation](#).

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**gitasong** • 2 months ago

What volume does 7.5g MgCl translate to? I don't have access to a gram scale, and my high-school chemistry's rusty enough that I don't even want to try to calculate the molecular weight of MgCl. Thanks!

^ | v • Reply • Share ›

**gitasong** → gitasong • 2 months ago • edited

Did the conversion. 7.5 g of hexahydrate MgCl (the most common form; the anhydrous form is used for making metals) = 4.78 cm<sup>3</sup> = 0.969786 tsp. So a little less than a teaspoon MgCl per 100ml distilled water. Perfect.

^ | v • Reply • Share ›

**Drew** • 3 months ago

Great article!! Thanks for collating all this info. Would love to see an updated version

^ | v • Reply • Share ›

**Niki H.** • 4 months ago

Can you recommend a nebulizer that doesn't off gas's toxic plastics etc into the solution and then inhaled. Not sure people realize this is happening, you'd have to taste the solution after running it for a bit, dangerous to breathe in!

^ | v • Reply • Share ›

**azdonald** • a year ago

above you say,

{Potassium chloride, another salt of potassium, is used for lethal injection so I recommend only Nascent Iodine}

but the ingredient in Lugol's is Potassium IODIDE, not

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د. سیرس جابر • 2 years ago

I am a medical

Doctor - I Want to ask one question : To which extent magnesium (sulphate ) nebulization is safe also - and if so ; then how to be sure that this a purest form - thanks a lot

^ | v • Reply • Share ›



**Dana milyo** • 2 years ago

My 13 yo with Down Syndrome was hospitalized for 16 days with Mycoplasma pneumonia, along with some other nasty unidentified bug a couple of months ago. He's recovered almost completely, except for a small non-symptomatic area showing up in his follow up chest xray today with the pulmonologist. She said this will likely go away on it's own, and there's nothing I can do to encourage it to do so. I don't buy that, of course. I'm sure one of the aforementioned remedies could help, but I'm unsure which. Help, please?

^ | v • Reply • Share ›



**Craig Rigsby** • 2 years ago

Can anyone give the exact directions for nebulizing Nascent iodine?

1 ^ | v 1 • Reply • Share ›



**azdonald** → Craig Rigsby • a year ago

just use Lugol's, see my comment above.

^ | v 1 • Reply • Share ›



**Jeff Boston** • 2 years ago

can ancient minerals mag oil ULTRA be nebulized?

1 ^ | v • Reply • Share ›



**Veronica Wilson** • 3 years ago • edited

I have bronchiactis and have been having constant infections, I was hospitalized numerous times with bad infections and was put on daily antibiotics for the last few years. The antibiotics don't make me feel well at all and in May I have been using nebulised glutathione twice daily. I am better with this and no longer take antibiotics. Although I feel a bit better I still cough up a lot of mucus and have to be ultra careful not to get cold or damp. I was wondering if there is anything else I can take to make me feel better. I started to

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^ | v 2 • Reply • Share ›



**Jennifer Harris** • 3 years ago

Where can I buy this? Is it safe for a 6 year old?

^ | v 1 • Reply • Share ›



**Ines Radman** • 4 years ago

Great site for information. I can share my experiences. My husband has COPD and Pulmonary Arterial Hypertension. For 2 years he's been following doctor's orders and with 11 medications was only going downhill. Because I can't tell him what to do although I am a healer, he finally realized that drugs were killing him slowly. With many hospitalizations for drug side effects, he finally allowed me to start using natural substances or those that we consider to be less harmful. My husband's activities had come to a halt. He could not make a flight of 26 stairs without stopping a few times to catch his breath. After showering, he could not do anything for himself because the steam greatly diminished his capacity to breath. There were days when he was bedridden and he's been on Oxygen Therapy for 1 year being told to use it at least 12 to 14 hours. His diagnosis is Phase III. It's been three weeks now nebulizing Hydrogen peroxide, DMSO and I alternatively use Eucalyptus. He had a difficult period of detoxing and he started to cough up so much crap in a rainbow of colors including old blood which is probably the embolism he had 1 year ago.

I use 4ml of 3% hydrogen peroxide with 5 drops of DMSO. I also use just HP without DMSO to see if there is a difference and yes there is. My husband responds much quicker and coughs up much more phlegm with the combination. For years I have been consuming DMSO for chronic pain so have a lot of experience with it, but this was the first time that I nebulized it. I also produce Cannabis Oil and that has greatly helped him over the past month. I believe that had I not intervened my husband would not be alive today. Thanks for sharing!

4 ^ | v • Reply • Share ›



**Diamond** ➔ Ines Radman • 3 years ago

Hello. Do you use a special nebulizer for the DMSO combination? I read that it shouldn't touch plastic.

^ | v • Reply • Share ›

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not enough strength to do any harm at all. Like I used to tell my partner when he would whine about nebulizing: "You only have 2 choices. You either choose to live or die." If medicine has failed to make you better, I doubt that natural products can kill you. If they could kill you, they would be available for prescription. I'm pleased to say that my partner doesn't need to nebulize and COPD has been removed off his diagnosis.

10 ^ | v • Reply • Share ›



**Ines Radman** ➔ Diamond • 3 years ago

I can only speak from my own experience and offer some logic to that question. Once mixed with another solution I don't think and it hasn't affected the outcome. Leaving DMSO in plastic for storage is not a good idea, but using it together with a solution for a few minutes hasn't harmed us. My pharmacist will make me a cream/DMSO 50% that is in a plastic container and I don't see anything going bad at all. I think on it's own it might absorb something but not together. Just my experience. I can't give you advice on what not to do.

^ | v • Reply • Share ›



**Diamond** ➔ Ines Radman  
• 3 years ago

Thank you kindly!

1 ^ | v • Reply • Share ›



**Carmella Smith-Swofford** • 4 years ago

Can magnesium and iodine be nebulizer together?

2 ^ | v 1 • Reply • Share ›



**Brenda Tollefson** • 5 years ago

I have cancer that has metastasized to the lungs and I currently have "several" nodules that are affecting my breathing and I have a cough. I'm interested in nebulizing either the hydrogen peroxide or the sodium bicarbonate (I know who Dr. Simoncini is) Where do I get the sodium

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**sorgfelt** → Brenda Tollefson • 4 years ago • edited

I have lung cancer, and have tried baking soda in water. While soothing and alkalyzing, it also caused me to need to nebulize albuterol immediately afterwards, because I could not breathe properly. I have purchased glutathione from [purebulk.com](http://purebulk.com) and recommend using that with just enough baking soda to ease any irritation. I dissolve a little of it in distilled water in a small dropper bottle, and start slowly. Try to nebulize a bit, see how you feel, then adjust. Measure carefully what you use, so that you know how to adjust it accurately.

2 ^ | v • Reply • Share ›



**Debra Kuzma** • 5 years ago • edited

I would just like to add that I recently started using Magnesium Oil for leg cramps/ chronic pain/eye twitching (BEST thing EVER!!) and I also sprayed some on all 3 of my dog's tummies. One (Toy Poodle--Vet said heart, lungs clear) has had a cough, that has almost stopped entirely. This is the most amazing thing I've ever heard of.

2 ^ | v • Reply • Share ›



**Rosemary Barnes** • 5 years ago

Can you tell me how Dr Sircus would administer dmso into a nebulizer to treat asthma and chronic sinusitis? I am treating myself at home for asthma and chronic sinusitis. I have 99.9% dmso and I know I need to dilute it but I'm looking for some advice on how best to dilute it to treatm my sinuses. Thank you for all of the information about nebulizing magnesium and Hydrogen peroxide. I have a nebulizer and am going to try these remedies by using my nebulizer. I just need the proper measurements.

Also, can you give a treatment protocol for dmso for my cat? How can I administer it to him? He had a dislocated hip and a reattachment surgery in March of last year and he now walks with a stiff gait. I want to help him walk easier.

Thank you Rosemary Barnes

1 ^ | v • Reply • Share ›

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was for a long period, possibly 10-15, causing hard sand up.

The nebulizing of the glutathione was very helpful for my lungs and the fluid is gone.

But, for about 4 months, I have been experiencing increasing levels of vertigo, to the point of nausea. Also, much fluid, pain and pressure in my ears. I even had a large hard blood clot fall out of my ear into my throat. My head pain and vertigo were unbearable to the point that I resorted to going to an ENT MD. I finally started sensing that all the inner ear, and head problems were somehow caused by the glutathione. About a week ago, I stopped nebulizing it and I have begun to feel relief. I don't understand how the glutathione would cause these symptoms, but they were severe. I still have a low level of vertigo, but I do hope that whatever damage I caused will heal itself. I am continuing to nebulize msm and feel some relief from it. Its an anti-inflammatory and think that it may be helping. I was just wondering if anyone else has had side effects from nebulizing the glutathione.

1 ^ | v • Reply • Share ›



**Mar Kenneally** → anna b • 5 years ago

Hi,

Can you let me know the measurements for nebulising MSM please.

Thank you

Mar

1 ^ | v • Reply • Share ›



**Boe** • 5 years ago

I have a bottle of potassium iodiDe (as opposed to iodiNe). Is this also unsafe to nebulize?

^ | v • Reply • Share ›



**U.N. Soldier** → Boe • 4 years ago

The potassium can stop your heart, since it is almost like an injection. I nebbed with Lugols and stopped after 4 minutes, because I could tell something was not right. I could hardly move around I was so sleepy the rest of the day. Only use non potassium iodine!!!

1 ^ | v • Reply • Share ›

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Claudia French. Reason I asked was due to an ongoing dry cough that lasted for months. Usually triggered by onset of a cold, I have had a few bouts of this over recent years. In the past I had to get asthma inhalers (I'm not even asthmatic) which would clear the cough within a few weeks, but eventually that just stopped working. I've found that astaxanthin finally alleviated the problem.

1 ^ | v 1 • Reply • Share ›



**G Junior** ➔ Boe • 4 years ago

simple solution> to suppress a dry nagging cough, simply place a clove bud in your mouth. the actives will numb and disinfect the root cause. works in 3min. chewing will numb your mouth and throat temperately so simply hydrate it with saliva. works like a charm every time!

1 ^ | v • Reply • Share ›



**U.N. Soldier** ➔ Boe • 4 years ago

Try Olive Leaf Powder, and Borax. Read up on them. I go to many, mmm lets say out of the way places:) and this combo keeps me going when my mates are laid up.

1 ^ | v • Reply • Share ›



**Claudia French** Mod ➔ Boe • 5 years ago

When it comes to using iodine in a nebulizer special caution is needed. The choice of iodine is important because putting in potassium, which is found in Lugol's, is dangerous. used for lethal injection so I recommend only Nascent Iodine. Nebulization with iodine offers an extremely strong therapy which can clear the lungs quite rapidly of infections. Therapeutic concentrations can be increased for desired effect but it is recommended that dosages start at the low end unless there is an emergency situation. Use ONLY under Doctors advise and supervision. per Dr Sircus  
Claudia French

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**Claudia French** • 7 months ago

Do which brand of iodine have you nebbbed with?

^ | v • Reply • Share ›



**infowars.com** • 5 years ago

Thank You for the information I greatly appreciate you taking the time to inform those like me... God Bless & Thanks Again!!

^ | v • Reply • Share ›



**Chris** • 6 years ago

Hi,

Can I make my own magnesium oil from the ancient minerals flakes for nebulizing? I already have this; that is why I asked. If so a recipe please. By the way great info!!!

^ | v • Reply • Share ›



**Claudia French** Mod ➔ Chris • 6 years ago

Due to the differing processing it is not advised to use flakes for oral or nebulizing use. For more information please contact LL's Magnetic Clay co. They are the experts. Dr. Sircus recommends the original magnesium oil. <http://www.magneticclay.com...>

Claudia French

IMVA

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**Edwin Bickel** ➔ Claudia French  
• 7 months ago

That link no longer works?

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**Nancy** • 6 years ago

I have a tumor in my lung as well as a very spots. I would like to try the nascent iodine with a nebulizer. Do you have a suggestion as to which nebulizer would best. Also would the magnesium oil work for my problem. Thank you for your help.

^ | v • Reply • Share ›



**Claudia French** Mod ➔ Nancy • 6 years ago

Dr. Sircus is using the Lumiscope Ultrasonic Nebulizer = portable from Just Nebulizers. Beyond

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**stealingsugar** • 6 years ago • edited

Very good! I am up with a terrible attack! I'm going to try each of these suggestions next week. My attack has broken now, but I have had more asthma this year than ever before. It started with a severe allergic reaction to Stevia, which is related to Ragweed. After that, where I literally almost died, I burned something on the stove, and had some smoke inhalation! Those two events, combined with my life-long asthma mild problems, and allergies (throat closes when I consume mold, especially from soda fountain or beer tap lines), has gotten me in quite a mess. I'm doing a lot to try to get better, like pro-biotics, enzymes for inflammation, fish oil, salt inhaler, etc...

Update: Nebulizing Sodium Bicarbonate and water has greatly improved my breathing, even after the first day, I was so much better already. I have a new ultrasonic nebulizer, just a cheapo from Amazon, but it is very effective. I nebulized some magnesium oil tonight. It was so much more vapor than my regular nebulizer, that it caused an attack, but a lot of mucus came out, and now the attack is subsiding. I'm sure I'll feel much better tomorrow.

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**angelo B** • 6 years ago

a special protocol for lung cancer patients allows for the inhalation of liquid Ge-132, with the use of DMSO as a carrier via a nebulizer to oxygenate the lungs. The nebulizer makes a micro-fine mist of the liquid Ge-132, which is inhaled through the mouthpiece and reaches deeply into the lungs..... It's impossible for me have information about inhalation of dms-germanium-water.... I have a vaporizer that vaporize a 500cc

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