



MAGNESIUM FOR LIFE

**WE CAN EASILY SAY YOU ARE THIRSTY FOR MAGNESIUM – THUS
YOUR BODY IS NOT
WORKING PROPERLY. HOW DO WE KNOW THAT?**



If you eat fatty foods, they reduce the absorption of Magnesium in your body.



If you eat white rice, white bread, white sugar, white pasta and/or white salt.



If you take medicines, including painkillers and diuretics, they promote the excretion of magnesium from your body.



If you take calcium supplements, it imbalance the ratio of Mg in the body.



If you consume alcohol it drains magnesium from the body.



If you drink acid sodas your body will need more magnesium.



Are you stressed out? Stress depletes magnesium big time!



Do you know coffee lower your magnesium levels?

HOW DEFICIENT YOU ARE?

Magnesium deficiency is often misdiagnosed because it does not show up in blood tests – only 1% of the body's magnesium is in the blood. 50% of total body magnesium is found in the bones. The other half is found inside cells of body tissues and organs.

Its deficiency has wide ranging effects and may be responsible for more diseases than any other nutrient. It is more important than calcium, potassium or sodium and regulates all three of them. Millions suffer daily from magnesium deficiency without knowing it.

Common magnesium deficiency symptoms include loss of appetite, nausea, vomiting, diarrhea, confusion, dizziness, dry skin, weak nails, tremors, loss of coordination, anxiety, nervousness, sleeplessness, depression and occasionally fatal convulsions. Magnesium deficiency is sometimes associated with simultaneous deficiency of calcium and potassium.

Magnesium deficiency increases the risk of stroke, anemia, polyuria, premenstrual tension, cancer, cardiac arrhythmias (change in normal heart rhythm), and aesthetic disorders such as acne and cellulitis.

You can find the complete list [here](#).

Did you find out that you have one of the symptoms? Or maybe more than one? So, what are you waiting for to start to use the magnesium today?

Benefits

How to Use

Forms

Blog

Contact

WHY MAGNESIUM CHLORIDE?



Magnesium chloride is the medical miracle from the sea and It is popularly known as magnesium oil.

Magnesium chloride is easily assimilated and metabolized in the human body.

For purposes of cellular detoxification and tissue purification, the most effective form of magnesium is magnesium chloride, which has a strong excretory effect on toxins and stagnant energies stuck in the tissues of the body, drawing them out through the pores of the skin. Chloride is required to produce a large quantity of gastric acid each day and is also needed to stimulate starch-digesting enzymes.

In addition to its functions as an electrolyte, chloride combines with hydrogen in the stomach to make hydrochloric acid, a powerful digestive enzyme that is responsible for the breakdown of proteins, absorption of other metallic minerals, and activation of intrinsic factor, which in turn absorbs vitamin B12.

Chloride is a highly important and vital mineral required for both human and animal life. Without chloride, the human body would be unable to maintain fluids in blood vessels, conduct nerve transmissions, move muscles, or maintain proper kidney function. As a major electrolyte mineral of the body, chloride performs many roles, and is rapidly excreted from the body.

For the very purest magnesium oil we now have to turn to Europe. Deep underground is a 250 million old inactive sea of magnesium chloride oil that has never been touched by modern day pollution and there is enough of it down there to last humanity hundreds of years. It is ideal for oral, transdermal and intravenous intake. This **magnesium oil is called Ancient Minerals.**

TESTIMONIALS

r so grateful to Dr. Sircus. He made me aware of magnesium, which I use every single day. Sleepless n
stipation, caused by high pressure medication, are a thing of the past.

URMA



è you book about transdermal magnesium. And we use magnesium oil every day for a few years now.
h for all you do and share.

LIA FLOWER



sium has changed my life! My doctors wanted me on more pills than I would care for. I said, 'no!'

GREND AHL



gnesium therapy has been excellent - since using magnesium oil, my energy levels have improved sely.

A ROGERS



JS, thank you so much for all your valuable information. Because of you I learned about the importance of magnesium which I use all the time for my back pain. It's a miracle salt indeed. Thank you!!

ARAZEL



that I am alive today, because I started with iodine and Magnesium whenever I first read about it four years ago.

VETT





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