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**BulkSupplements Pure Magnesium**  
**Hydroxide Powder (500 grams)**by [BulkSupplements](#)

15 customer reviews

Price: **\$20.96** & **FREE Shipping****In Stock.**Sold by [BulkSupplements](#).Size: **500 grams**

1 Kilogram

250 grams

500 grams

- Clean & Pure Powder. No Fillers.
- Factory Sealed Foil Zip Pouch.
- Lab Tested for Verification & Guaranteed Purity.

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Qty: 1 ▾

**\$20.96** + Free Shipping**In Stock.** Sold by  
**BulkSupplements**[Turn on 1-Click ordering](#)**Customers Who Bought This Item Also Bought****Potassium Bicarbonate - 1**  
lb.

24

**\$12.26****Gypsum- 1 lb.**

21

**\$7.05****Mrs. Wages Pickling Lime**  
(1-Pound Resealable Bag)

28

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## Product Description

Size: **500 grams**

Magnesium hydroxide is useful I getting rid of some of the acidity of acid in the stomach, and is meant to be taken as an aid for heartburn and gastrointestinal discomfort. Not only that, but it offers the whole package in that it helps protect the mouth from bacteria, giving full digestive support. This is what makes this product such a prominent ingredient in other products that help digestion and in toothpaste. It is used also as a stool loosener.

## Product Details

Size: **500 grams**

**Shipping Weight:** 1 pounds ([View shipping rates and policies](#))

**ASIN:** B00GUOWEL8

**UPC:** 849720006523

**Average Customer Review:** ★★★★★  (15 customer reviews)

**Amazon Best Sellers Rank:** #130,678 in Health & Personal Care ([See Top 100 in Health & Personal Care](#))

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## Important Information

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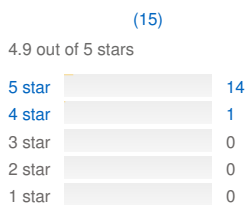
## Customer Questions & Answers

Ask owners

Typical questions asked about products:

- Does this electric toothbrush have multiple speed settings?
- How long does a replacement razor cartridge last?
- Do these diapers have any leak problems?

## Customer Reviews



[See all 15 customer reviews](#)

Baby powder  
fine so it mixes  
easily.

 JB

Bulk  
Supplements  
has offered  
some free  
product of my  
choice in  
exchange of a  
review of this  
product.

 CSM

Got this  
product to  
make my own  
simple non-  
toxic  
deodorant.

 pinecone

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## Most Recent Customer Reviews

## Most Helpful Customer Reviews

6 of 7 people found the following review helpful

### Sweet baby Jesus

By [papaphilya](#) on June 1, 2014

Size Name: 250 grams **Verified Purchase**

Before you take this powder you must ask yourself very important question: Do I have to do anything today that involves me being far away from the crapper? If the answer no then take a teaspoon of this stuff in the morning. Be prepared. Drink lots lots of water because your a\$\$ is going to turn into a fire hydrant. This is worse than Indian food but not spicy. Billy needs a ride to a friend's house? Tell Billy to get lost because you are going to crap any second now. Make sure that you are playing a radio or something because it sounds nasty as hell. 1 teaspoon! That's all it takes to get rid of the remnants of the McDonald's cheeseburger that you ate in 1997. This 250 grams will last a lifetime.

1 Comment Was this review helpful to you?

2 of 2 people found the following review helpful

### It seems pure and fine, so I like it

By [CHARLES R.](#) on July 15, 2014

Size Name: 250 grams

This is pure magnesium hydroxide without additives. It seems pure and fine, so I like it. It can be used the following three ways:

- (1) low dose as electrolyte supplementation. 25-100 mg/serving is found in electrolyte replacement pills and drinks.
- (2) intermediate dose as an antacid.
- (3) high dose as a laxative (milk of magnesia).

Volume = Mass

1/8 teaspoon = 518 mg

1/4 teaspoon = 1036 mg

1/2 teaspoon = 2073

From MedLine Plus Supplements (take by mouth):

For treating constipation in adults, single doses of magnesium should be taken with a full glass of water and should only be used occasionally. Typical doses are magnesium hydroxide 2.4-4.8 grams (30-60 mL of milk of magnesia, 400 mg per 5mL).

For treating heartburn in adults, magnesium hydroxide 400-1200 mg 4 times daily (5-15 mL of milk of magnesia, 400 mg per 5mL).

For weak bones (osteoporosis): 300-1800 mg of magnesium hydroxide daily for 6 months, followed by 600 mg of magnesium hydroxide daily for 18 months.

1 Comment Was this review helpful to you?

2 of 2 people found the following review helpful

### Amazing

By [JB](#) on February 13, 2014

Size Name: 250 grams

This magnesium hydroxide is very pure, as are the other products this seller sells. This supplement helps you cleanse your colon if you're constipated, just make sure to drink a glass or two of water. Baby powder fine so it mixes easily.

Comment Was this review helpful to you?

2 of 2 people found the following review helpful

### Will purchase..

By [katie](#) on December 23, 2013

Size Name: 250 grams **Verified Purchase**

I was sick of paying for a small deodorant every few months when I found out I could just make it myself. I found this and the product came swiftly. Nicely packaged. Good product. I will continue to buy and make my own deodorant with it!

3 Comments Was this review helpful to you?

### magnesium hydroxide

By [A. Garcia](#) on June 19, 2014

Size Name: 250 grams **Verified Purchase**

### Great Seller- Thank you!

Excellent product- exactly as described by the other reviewers- will purchase from them again soon!

Published 10 days ago by Liana Bergman

### Five Stars

mix with water for an underarm deodorant amazing!

Published 25 days ago by Mary Ann Extra

### Five Stars

Thanks.

Published 1 month ago by Ikram

### Magnesium Hydroxide used in

#### deodorant

Apparently Magnesium Hydroxide is generally used for constipation issues. I discovered through the reviews here and other internet research, that it can also be used in making... [Read more](#)

Published 2 months ago by cau2great

### Seems to work well.

Bulk Supplements has offered some free product of my choice in exchange of a review of this product.

Milk of Magnesia is an effective deodorant. [Read more](#)

Published 6 months ago by CSM

### Arrived on time

The product arrived on time and was magnesium hydroxide. Good for anyone looking for a laxative effect from magnesium. It pulls water into your stools.

Published 8 months ago by Dre

### Search Customer Reviews

☒ Search these reviews only

I ordered this to make my own deodorant it was exactly what I was looking for. Much cheaper than the deodorant I was getting. I highly recommend this

[See all 15](#)

[Comment](#) Was this review helpful to you?

#### Great Product!

By [ck](#) on June 9, 2014

Size Name: 250 grams **Verified Purchase**

Rather than buying expensive hypoallergenic deodorant, I bought this to make my own. Mix with water to make a paste and keep in a small makeup container. I use a little under each arm, lightly wiping off any excess powder once it dries. Keeps me odor free all day, even after the gym. Could use other ingredients (such as essential oils, coconut oil, etc) as well to customize.

I'm a huge fan of BulkSupplements. Great company, products, prices and service!

[Comment](#) Was this review helpful to you?

#### For deodo!

By [Pen Name](#) on May 11, 2014

Size Name: 250 grams **Verified Purchase**

This product was great. Was purchasing this to make my own natural deodorant and so far it is perfect. Smooth and fine powder.

[Comment](#) Was this review helpful to you?

#### Great for Making Non-toxic Deodorant

By [pinecone](#) on May 8, 2014

Size Name: 250 grams

Got this product to make my own simple non-toxic deodorant. After trying many natural deodorants that just didn't work so well, I am pleased to report that this simple mix is working: Magnesium Hydroxide Powder and Water. If it doesn't make a stink, I think we will get along well. So far, so good.

[Comment](#) Was this review helpful to you?

#### customer reviews (newest first)

[Write a customer review](#)

### Frequently Bought Together



Price for both: **\$33.22**

These items are shipped from and sold by different sellers. [Show details](#)

- ☒ **This item:** BulkSupplements Pure Magnesium Hydroxide Powder (500 grams) **\$20.96**
- ☒ Potassium Bicarbonate - 1 lb. **\$12.26**

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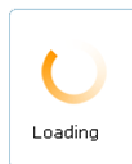


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