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Re: o/t making skin cream and iodine salve this weekend

[Iodine Supplementation Support by VWT Team](#)

wombat Views: [6,170](#)
Published: 9 years ago

This is a reply to [# 1,471,321](#)

Re: o/t making skin cream and iodine salve this weekend

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Thanks, Sabine, I'm glad you like the face cream:)

The salve has been used for a multitude of reasons, from dealing with cuts/scrapes to poison ivy to just a really good way to deliver [iodine](#) topically. I formulated the original recipe as a way to "paint" without staining and without evaporation. Oh, also without peeling. The salve delivers a lower dose, more gently than painting.

I used the salve on my breasts, I had FBD. I don't know for a fact that the salve made a difference in my healing from FBD, as a matter of fact I don't think that I can legally make claims like that, so I won't. Here are testimonials from private e-mails and from posts within this forum. At the bottom of this post you will find an article entitled "Lugol's [iodine](#) and regeneration of skin", that's the article that inspired me to start experimenting. BTW, if you use the CZ search box and search either "wombat salve" or "salve", you will find several conversations about variations of the salve that people have made themselves, and had good results with.

ok, here we go...:)

.....

from e-mails:

"I am loving the salve and would like to order another ounce of it. I am using it on the keiloids of dear hubby and alternating it with the Lugol's. He likes the "salve" nights better, it does not burn or sting at all like the lugols. My little ones have had plenty of scrapes and scruffs to try it out on, too. My 2 year old little boy jabbed his thunbnail into his cheek (running outside, fell and landed on it).. I doctored it and the tear did not even leave a scar. I have been using it on the backs of my hands where some sunspots had began to show from all those years of sunbathing....they are much lighter and smoother already. Never any burning with your salve, even on the scrapes

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or cuts! Your salve is wonderful."

"My skin looks better when I use it. Not so dry. I have noticed good results with my chest which was starting to look like an old ladies chest. Very crepey looking, and red. That is the area I'm focusing on, and I am seeing results with that. You know, I think it's the mix of [Iodine](#) and castor oil. Logically that would be the perfect duo."

"You get a thumbs up from me. I have been using it on my atypial shingles rash."

"i am being stingy with it and just using it on my face, especially the mole on my left cheek. so far, i like the softness it adds to my face and my mole seems to be lightening up, even more than just taking iodine was doing. i like the feel of the product and the smell. its dreamy. then theres all the love in it! feels good."

.....

testimonials from this forum:

<https://www.curezone.org/forums/fm.asp?i=853853#>

"Lol!! and so does her Salve!! so here is the dealy i have been struggling w/this awful red lump above one of my teeth for Months, Ugg!! I have used Everything for this suc***, both internally & externally we are talkin dozens of protocols here. Started oil pulling several months ago, Love it, of course and have seen many improvements, after experimenting w/several oils, now doing it tres times a day & am currently using a combo VCO and Organic Castor Oil. Although it Has helped my gums i still had this lump. So yesterday while tooling around our little artist community i stopped in the pof and was So excited to find my Wombat Salve. I had originally thought i would try it on another part of my bod but when i opened the little metal tub, i thought "why not"??!! and massively lathered it on my gum. Well, I have to tell ya w/in seconds i noticed the inflamed area turning a lite pinkie color!! WOW!! Thanks from the bottom of my Heart Laura, the funds are in the mail Kiddo, OXOX your bud zoe"

<https://www.curezone.org/forums/fm.asp?i=858124#>

"This morning, I was out buying plants, dirt, etc.,.....My usual Saturday.

So, I ran into a friend of mine who also had gotten poison ivy last weekend. Her arm was horrible looking. She had been to the doctor and had gotten the usual steroid shot and steroid cream. When I told her I had gotten poison ivy last weekend, too, and showed her my "places" it had been, she was shocked. She knows how badly poison ivy affects me, so she wanted to know what doctor I had been seeing and I told her "Dr. Wombat." She said she didn't think she had ever heard of a Dr. Wombat. I told her Dr. Wombat had prescribed Wombat Balm and I used it and it all went away.

My friend wants to meet you and she would like a prescription for Wombat Balm. Do you make house calls to Mississippi?

Have a happy Saturday."

Paulette

<https://www.curezone.org/forums/fm.asp?i=899158#>

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"Meanwhile, Wombat sent me some of her super salve to use on my lesions from Shingles. It did not stain at all and was very soothing. My skin was getting tight as the lesions healed and scarred. While I still have a lot of scarring, the salve softened the skin and kept the scars from drawing up. I also painted the area with straight [Lugol's](#) and got some relief from the superficial pain.

Right now I am using the salve on my knees that have become very dry. There is no staining at all."

<https://www.curezone.org/forums/fm.asp?i=849750#i>

Hey, Wombie!!!!

"Just wanted to let you know that I've been applying Wombat Salve to a psoriasis patch that I have on the back of my hand every day since I got my little tin. The patch is nearly GONE and the skin has become softer and more like the surrounding tissue - normal, I should say!

THANK YOU SO MUCH!

and by all means, supplement iodine as well...but with skin issues, might as well target the area:)"

<https://www.curezone.org/forums/fm.asp?i=901706#i>

"In the Insect Bit Forum, I asked about chiggers - we live in a marshy area where chiggers lie in wait for me, in particular. I've had 3 infestations of those wee, tiny, hell-bugs and it seemed to take weeks (literally) to rid myself of them and that included using the topical junk that was prescribed by an MD.

So, it's now officially Chigger Season. I went through the garden 2 days ago and, later that evening, had chigger boobos all over my feet and ankles. Just so folks know, chiggers rest in tall grass or on vegetation along woodlines in low-lying (altitude) areas. When a host brushes against the vegetation, the chiggers crawl all over the host and deposit their eggs beneath the skin in particularly bound-up areas: for humans, that would be along bra-lines, panty lines, wherever jeans are creased against the skin, etc. Now, once the little (*\$&% lay the eggs, the larvae become active and excrete this toxin that itches beyond imagination. Incidentally, the larvae tend to become "...more active..." at night.

The problem with this is that, no matter how deep you dig, you just can't get those little ... THINGS ... out. Some people have tried nail polish, others have tried oils, and I finally tried iodine, last night. BINGO!!!!!!!!!! Wombat Salve is the flipping CURE for chiggers!

(((Virtual KowTow))) Wombie.....you rock."

.....

And, the info that inspired the early experimentation:

<http://thyroid.about.com/library/derry/bl2a.htm>

Topic: Disappearing Iodine Test

A Reader Writes:

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A friend of mine was just diagnosed with a possible thyroid disorder (her test was in the form of a drop of iodine on her arm and watching how fast it disappeared). Her chiropractor suggested she start off by taking something called Thyroid Helper which can be found at Have you ever heard of this and do you know how effective it might be?

David Derry Responds:

The "test" of putting iodine on the skin to watch how fast it disappears is not an indicator of anything. The iodine disappearance rate is unrelated to thyroid disease or even iodine content of the body.(1-2) Meticulous research by Nyiri and Jannitti in 1932 showed clearly when iodine is applied to the skin in almost any form, 50% evaporates into the air within 2 hours and between 75 and 80 percent evaporates into the air within 24 hours. (1) A total of 88 percent evaporates within 3 days and it is at this point that the evaporation stops. The remaining 12 percent that is absorbed into the skin has several fates. Only 1-4% of the total iodine applied to the skin is absorbed into the blood stream within the first few hours. The rest of the iodine within the skin (8-11%) is slowly released from the skin into the blood stream.

However Nyiri and Jannitti's findings that "The percentage of iodine penetration through the skin is the same, irrespective of whether the cells have a high or low vitality, or are dead, and irrespective of the direction of penetration" have important implications for iodine functions in the body, skin, pregnancy and fetus and also for the therapeutic use of topical and oral iodine. Iodine would be the only compound of significance during early pregnancy which can pass rapidly through all tissues of the fetus without the aid of any blood vessel or lymphatic transport. It could be that not only does iodine control natural cell death (apoptosis) (5) in the fetus but may also influences stem cell development.

Nyiri and Jannetti also mentioned iodine applied on the skin can be used to shrink swelling of the thyroid gland (goiters). So even small amounts of iodine absorbed through the skin can have good effects on body organs. From my own clinical experience, repeated application of iodine (Lugol's) to the skin appears to cause regeneration of the skin from the bottom up (Quiescent, stable or stem cell) (3) eventually sloughing the old version of the skin off like a snake molting. If there was a pre-cancerous lesion on the old skin, it is replaced with new skin minus the lesion. There does not seem to be any skin lesions which are not helped or cured by this procedure. In some cases I found clinically obvious low thyroid conditions also needed to be treated to be more effective. Minor lacerations and healing of surgical wounds respond well. If skin regeneration is from the bottom, then there is little or no scar formation.

My parents' generation tended to put tincture of iodine onto a fresh wound to prevent infection. This turns out to be helpful but not the best way to use it. Besides it stung badly when applied. It is much more effective (and doesn't hurt) to apply iodine repeatedly after a scab has been formed. The iodine put onto the scab helps to organize total repair of the tissue. It is implied a similar approach could be taken to burns of all depths but at the same time the physiology of burns suggest there is an acute lack of thyroid hormone. (3)

All pre-malignant lesions and many other oddities of the skin appear to respond to this regeneration process triggered by topical iodine. I have mentioned previously a patient with a biopsy-proven [Breast Cancer](#) lesion (she refused surgery because of previous cancer treatment) that was strongly fixed to the skin responding well to topical iodine and ended up being a dimple on the breast three year later. (6)

It is my belief a water solution of iodine (like Lugol's) is an important therapeutic agent for skin. Because of its effectiveness and the results, perhaps many skin diseases are related to local tissue areas of relative iodine deficiency. Perhaps the most graphic lesions are the "keloid" (worm) incision scars formed after surgical procedures. If the iodine intake and tissue levels are adequate, such as in Japan, keloid formation doesn't happen (7). In addition, iodine's ability to trigger natural cell death (apoptosis) (5) makes it effective against all pre-cancerous skin lesions and likely many cancerous lesions. The local site is replaced with normal skin. However, even lesser doses of topical iodine seem to reverse the ominous appearance of skin lesions. Because my older brother died of metastatic melanoma, my chances of getting a malignant melanoma are increased by 400 times. (8-9) Having grown up in Venezuela near the equator my sun exposure at a young age was far above normal. So all suspicious lesions I notice are returned to normal with topical Lugol's.

One of the most famous of documentations of iodine skin therapy to a famous person occurred in the American Civil War.

"On September 29, 1862, Colonel John B. Gordon held the center of General Lee's army at the battle of Antietam, or Sharpsburg. The first volley from the northern lines sent a ball through the calf of Gordon's right leg; soon after, another went through the muscles of his thigh; a third pierced his left arm, tearing asunder the tendons and mangling the flesh; a fourth ripped through his shoulder leaving a wad of clothing embedded in its track. Still, no bones were broken; but, while Gordon lingered in the firing line, "with", as he says himself, "but little of my usual strength", a fifth ball struck him squarely in the face.

Dr. Weatherly of the 6th Alabama Regiment, in charge of medical arrangements, had the Colonel removed to a base hospital, and prescribed tincture of iodine to be painted on the wounds three or four times a day. The case was unpromising. Gordon's eyelids were greatly swollen; one eye was completely closed, the other almost so; his jaw was immovably clenched, and, to make matters worse, erysipelas (staphylococcus infection of skin) had set in on the left arm.

Mrs. Gordon, his wife, who nursed him - her name was Fanny, and she was then a beautiful girl of 25 - put a liberal interpretation on her instructions and painted the wounds, not three or four times a day, but, as Gordon himself says: "I think three to four hundred time a day." Fanny's diligence and devotion were rewarded. Her husband survived, outlived the war, became the Governor of Georgia, a General, and Commander-in-Chief of the United Confederate Veterans. He died in 1904." (10)

I think Fanny knew iodine applied often was a more effective way to deliver iodine to the body especially applied on multiple sites. Likely Gordon's iodine blood levels and tissue levels rose throughout his body. As iodine is by far the best antibiotic, antiviral and antiseptic of all time, the colonel's body defenses were able to gain control of the infections. At the same time local repeated application to the wound sites caused the skin to grow up from its bottom where all the cells (Stem cells) that make normal skin are residing. Likely this minimized or eliminated scar formation. Thus Nyiri's and Jannetti's studies confirm why Fanny's method of treatment worked so brilliantly. Some of our recent serious skin diseases such a "flesh-eating disease" should respond quickly to topical iodine treatment practiced by Fanny. Or, for another example, iodine put onto a mosquito bite would kill all bacteria and viruses at the site of the bite within 10-30 seconds making it impossible for any virus or bacteria to multiply and get started --such as in West Nile Fever. Naturally, this applies to tic bites (Lyme's disease) as well. For many decades in the 1800s people carried around little bottles of iodine around their necks to use on all occasions. People in mosquito and tic infested areas should think of doing this again. (8) In addition, it has been

forgotten vaporized iodine rapidly kills air borne viruses such as polio and SARS viruses.. Used extensively in the forties and fifties it may be of use to explore this approach again.

There has been no significant clinical research on iodine therapy or use for 40 years. (11-15) I feel it is important for research to be directed at this potentially significant area of medical treatment. It is worth noting the greatest part of significant research with iodine was done before the Medline search facilities were available. Of course, since large doses of iodine are tolerated intravenously without side effects, it has yet to be explored what help this may have for many cancer patients or even other diseases.

I hope these concepts help.

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