

## HERPES BLISTERS

Iodide destroys the virus of herpes. Both oral and g  
way; however there may be some stinging pain for

<https://www.olaloa.com/resources/articles-on-nutrition/381-the>

### The Healing Power of Potassium Iodide (SSKI)

harmless. If the herpes is treated at the first sign of  
disappear overnight and is usually gone within 3 da  
at a more advanced stage, the iodide will debride th  
by a couple of weeks from the expected 3 weeks fro  
outbreak. Directions for application: apply to affect  
for disinfectant action to be complete. If pain is exc  
off with water and quench with vitamin E oil.

## SAFETY OF IODINE APPLICATIONS

Potassium iodide does not damage intact skin and t  
broken. One of my patients used iodide on her skin