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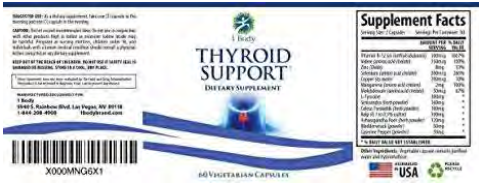
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Health & Household ▸ Vitamins & Dietary Supplements ▸ Minerals ▸ Iodine

Thyroid Support Supplement with Iodine - Metabolism, Energy and Focus Formula - Vegetarian & Non-GMO -

5,949 customer reviews | 104 answered questions

Amazon's Choice  for "thyroid support"



Price: **\$22.79** (\$0.38 / Count) ~~\$23.99~~ \$1.20 (5%)  
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About the product

- **SUPPORT HEALTHY THYROID HORMONE FUNCTION** - Boost your metabolism & ensure your thyroid hormone stays at an optimal level with our powerful thyroid complex
- **INCREASE ENERGY LEVELS** - A healthy thyroid is a happy thyroid, which means you will wake up more rested & have more energy throughout the day
- **BOOST FOCUS & CLARITY** - Improving thyroid function is shown to boost

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Frequently bought together



Total price:  
**\$73.93**





**Adrenal Support ~  
Feel Energized &  
Focused Again**

Adrenal Support - (Vegetarian) - A complex formula containing Vitamin ...

1,740

**\$24.97** 

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**\$14.49**



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**\$14.49**



Vitamin D3  
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- ✓ **This item:** Thyroid Support Supplement with Iodine - Metabolism, Energy and Focus Formula - Vegetarian & Non-GMO... **\$23.99** (\$0.40 / Count)
- ✓ **Adrenal Support - Cortisol Manager - A complex formula containing Rhodiola Rosea, Vitamin B12, B5...** **\$24.97** (\$0.42 / Count)
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929

**\$59.99**
[Ad feedback](#)

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- ▶▶▶▶Get 20% OFF your 1 Body Thyroid Support order when you purchase 4. Enter code THY20OFF at checkout. [Here's how](#) (restrictions apply)
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## Have a question?

Find answers in product info, Q&As, reviews

## Product description

We are incredibly confident that you are going to love our product, but if for any reason you aren't 100% satisfied, we will gladly give you a full refund within 60 days. That's our Risk-Free Guarantee!

When your thyroid hormone level gets out of balance, it can take a serious toll on your quality of life – from decreased energy, weight gain from a slow metabolism, and a lack of focus from fatigue.

1 Body Thyroid Support combines a unique blend of vitamins, minerals, herbs, and adaptogens to improve thyroid function and support long-term thyroid health.

Thyroid Support as part of a healthy lifestyle of proper nutrition and regular exercise can help you burn fat and keep it off for good.

Thyroid Support includes the most safe and effective ingredients:

- Vitamin B12
- Iodine
- Zinc
- Selenium
- Copper
- Manganese
- Molybdenum
- L-Tyrosine
- Schizandra
- Coleus Forskohlii
- Kelp
- Ashwagandha Root
- Bladderwrack
- Cayenne Pepper

All of our dietary supplements are manufactured in an FDA-registered, cGMP certified facility in the USA, using the highest quality ingredients. Our formula contains ZERO sugar, salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.

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## Product details

**Product Dimensions:** 2.2 x 2.2 x 4.5 inches ; 2.4 ounces

**Shipping Weight:** 2.9 ounces ([View shipping rates and policies](#))

**ASIN:** B00M13NHFY

**UPC:** 820103169035

**Average Customer Review:** [5,949 customer reviews](#)

**Amazon Best Sellers Rank:** #461 in Health & Household ([See Top 100 in Health & Household](#))

#1 in [Health & Household](#) > [Vitamins & Dietary Supplements](#) > [Minerals](#) > [Iodine](#)

**Product Warranty:** For warranty information about this product, please [click here](#)

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## Important information

### Safety Information

Do not exceed recommended dose. Do not use in conjunction with other products high in iodine as excessive iodine intake may be harmful. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool dry place. Side effects are rare, but may include: dizziness, abdominal cramps, upset stomach, vomiting, heartburn, migraines, nausea, heart palpitations, sleeplessness, jitters, anxiety & diarrhea

### Legal Disclaimer





These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or cure any disease. Discontinue use immediately if any allergic or other adverse reaction occurs.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

**Ingredients**  
Vitamin B-12 (as methylcobalamin), Iodine, Zinc, Selenium, Copper, Manganese, Molybdenum, L-Tyrosine, Schizandra, Coleus Forskohlii, Kelp, Ashwagandha Root, Bladderwrack, Cayenne Pepper, Vegetable capsule contains purified water and hypromellose

**Directions**  
As a dietary supplement, adults take one (1) vegetarian capsule in the morning at mealtime and one (1) vegetarian capsule midday at mealtime, or as directed by a healthcare professional. We recommend new users start with a half dose initially (1 capsule), assess tolerance and allow time to get used to the product. After 2 or 3 days, if no side effects are present and the product appears well tolerated, you may proceed to the full dose.

Compare with similar items

				
<p><b>This item</b> Thyroid Support Supplement with Iodine - Metabolism, Energy and Focus Formula - Vegetarian &amp; Non-GMO - Vitamin B12 Complex, Zinc, Selenium, Ashwagandha, Copper, Coleus Forskohlii &amp; more 30 Day Supply</p> <p>#1 Best Seller</p> <p>Add to Cart</p>	<p>Thyroid Support Supplement with Iodine – Supports Metabolism, Focus, Energy, and Weight Loss – Non-GMO, 14 Premium Natural Ingredients – Made in The USA – 30 Day Supply</p> <p>Add to Cart</p>	<p>Iodine Complete Complex for Thyroid Support by SuperDosing - 90 Capsules. With Selenium, B Vitamins, Magnesium and Vitamin C. The Supplement Solution Men and Women Need for Glandular and Adrenal Care</p> <p>Add to Cart</p>	<p>Thyroid Support Supplement with iodine, Energy And Focus Enhancing Supplement - Natural Thyroid Supplement - Supports Weight Loss, Increased Metabolism, Healthy Immune System Capsules</p> <p>Add to Cart</p>	
Customer Rating	(5949)	(80)	(9)	(41)
Price	\$23 <sup>99</sup>	\$17 <sup>95</sup>	\$13 <sup>25</sup>	\$16 <sup>95</sup>
Shipping				
Sold By	1 Body	Summit Point Labs	Deal Guys USA	VitaSource Labs

Sponsored products related to this item (What's this?)



Thyroid Support Complex With Iodine - Energy, Metabolism & Focus Formula - Vegetari...

4375

\$21.04

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Customer questions & answers

Have a question? Search for answers

17 votes

Question:

Generally how fast do most people notice an improvement?

Answer:

I started noticing within a couple of weeks  
By pengypoo on October 30, 2014

See more answers (6)

14 votes

Question:

Does this REALLY work or is it a fake like so many products with false reveiws on here?

Answer:

I am hypothyroid, but allergic to levothyroxine. My Dr. suggested trying a thyroid supplement. I chose this one. I've been taking two of these a day for a year and my last thyroid panel came back "normal" like I didn't have hypothyroidism. I went from having to go to the Dr. monthly to once every 4 months. I'd say t... see more

By FireBloom on March 23, 2017

See more answers (14)

9 votes

Question:

Does this company make a vegan version or one without gelatin? Thanks!

Answer:

Yes, as of 5-26-2015 the capsule is now vegetarian. The current product label is one of the images in the listing :)  
By 1 Body SELLER on May 26, 2015

7 votes

Question:

Where can I view the ingredients? The magnifier is not working

Answer:

Here is the ingredient list:  
Vitamin B-12 (as methylcobalamin) 100 mcg  
Iodine (amino acid chelate) 150 mcg... see more

By 1 Body SELLER on April 29, 2015

See more answers (2)

See more answered questions (100)

Customer reviews

5,949

4.4 out of 5 stars

5 star

61%

4 star

27%

3 star

6%

2 star

2%

1 star

4%

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By customer groups

Vitamins fans

4.5 out of 5 stars

Is this feature helpful?

Yes

No

Home Remedies fans

4.4 out of 5 stars

Customer images

https://www.amazon.com/dp/B00M13NHFY/ref=psdc\_3774381\_t2\_B005OTKEKS#customerReviews

5/9



Read reviews that mention

thyroid support	far so good	started taking	brain fog	
energy level	energy levels	side effects	weight loss	feel like
much better	feel better	hair loss	increase in energy	

[See more](#)

Top customer reviews



GoddessNikki

I know I like getting real result reviews before I purchase

June 21, 2017

Verified Purchase

Before I start in on the review, I want to tell all the skeptics & worriers to not pass on this product until you've taken an entire bottle!! Trust me on this, I was thinking nothing was happening up until the 3rd week. I'm a typical "I want it all right now" mentality in regards to everything and if I don't get instant results, I think it doesn't work. Please put that thinking aside for the first month & you will be rewarded as I was!

I purchased this item and am giving this review completely free of bias. The seller has offered nothing for a positive review, I know I like getting real result reviews before I purchase, so that is why I'm doing this. It wasn't that 'nothing' was happening, it was just that it didn't happen all at once so I was missing the subtle changes that were happening until I looked back over the past month. Things I didn't even think were related to my thyroid were improving along with everything else.

The first week the main thing I noticed was that if I didn't take the pills with food, I would get horrid heartburn so TAKE WITH FOOD.

The second week, I noticed my boobs hurt and I had PMS symptoms that were 2 weeks too early. Looking back, this was because hormones are connected to thyroid function and I was 'waking up' my sluggish thyroid. I also noticed I was feeling colder than normal. For the past couple of years with my sluggish thyroid, I've run hotter than normal so it was noteworthy when I had to wear socks to bed to keep my feet warm and my hands were chilly most of the day. My 'brain fog' during this week completely disappeared. I would sometimes spend weeks in a fog that no amount of coffee or redbull could draw me out of. Another thing of note was my sleep was becoming super restful. I would sleep a full 8 hours & wake with no fog!!

Third week notes were that I didn't really think anything of significance was taking place, my hair was still thin & the 5 pounds I lost could have been due to normal monthly water retention. I was starting to get frustrated and annoyed by swallowing pill after pill every day and getting no HUGE results that I was hoping for. I still kept at it, however, determined to finish the bottle. My determination was rewarded.

On the beginning of the 4th week, it was like a switch was literally flipped on my appetite. I didn't really make much of it the first 2 days, it was extra hot in our area so I attributed the lose of appetite to the heat. By the 4th day, I really noticed after I'd gone all day and only thought about eating in order to take my morning pill (I eat a hardboiled egg as I am not a breakfast person) and then again for my evening pill. I had gone the ENTIRE DAY without planning a meal, thinking about what I was going to eat on my work break, thinking what I might need from the grocery store or even being hungry!

That's when I sat down and wrote down all the things that had changed over the past month, even the things I didn't attribute to my thyroid. My sense of smell has been gone for about 2 years, it had strangely started coming back in fits and starts. I can SMELL THINGS again. The half moons on my fingers have been missing on all my fingers except my thumbs. They are almost all back now! (with the exception of my pinkies, they are still not totally back there yet.

Its still too soon to tell with my thinning hair, but with everything else, I'm hopeful.

So I'm giving this a WONDERFUL REVIEW!! TRY IT AND STICK WITH IT!!

[Read less](#)

677 people found this helpful

Helpful

Not Helpful

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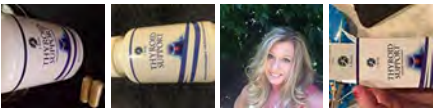
AZMama

Your Faithful Guinea Pig! Final Updates are In:)

September 14, 2016


Verified Purchase

Have been taking this for 3 weeks now and have noticed a few things that I believe can be attributed to the use of this product. My sleep is better and my thyroid related swelling has been noticeably less to the point where my family members have told me they can see a marked difference. My energy is somewhat better but I also do have a serious iron deficiency so it will be sometime before I will know if it is this or the iron that is helping.



[See all customer images](#)

Most recent customer reviews



fire26

It works!

My Wife who has a thyroid issue says it's the best thing!..and her doctor also recommended to keep taking it..

Published 9 hours ago



Kindle Customer

Helping

It has become easier for me to shed the stubborn pounds that my body has been holding on to.

Published 14 hours ago



Kat

Hair is thinning less.

I think it may take a little longer to get results but so far so good. My hair appears to be thinning less

Published 1 day ago



Lilia S.

Increased of energy

Great product!! My level of energy increased a lot. I am feeling more light with less water retention...

Published 1 day ago



Amazon Customer

Wonderful Product!

Not only have I noticed a marked increase in my energy levels, which is what spurred me to try the supplements in the first place, but have also noticed benefits others have... [Read more](#)

Published 1 day ago



Lulu

Quality product!

First I'd like to correct the angry people on here who are assuming this company bribes people with a free bottle in trade for a fake review: the free bottle does NOT require a... [Read more](#)

Published 1 day ago



S. Cash

Be patient

I haven't noticed any difference yet but I have only been taking it a little over 2 weeks.

Published 2 days ago



MS

Helps to stabilize my thyroid!

I feel so much better with a stabilized thyroid!

Published 2 days ago

What I do know for sure was that my cycle was less heavy and was almost normal for the very first time in 4 years just 1 cycle into taking this. Yes, dysfunctional uterine bleeding is tied with thyroid. This is where I think this product has helped with the most. The other thing that seems to coincide with the use of this production is a HUGE decrease in hair loss. I am taking this along with Biotin and my hair loss is down about 80%! No joke. I went from clumps and clumps of lost hair to being able to run my fingers through my hair with just a couple of hairs in my hand. If this keeps up and my cycle and hair loss continue to improve, I will be a customer for life BUT...

[Read more](#)

1,218 people found this helpful

[Comment](#)[Report abuse](#)

Sadie Merath

#### **This product is wonderful!**

February 28, 2017

**Verified Purchase**

I have been taking Thyroid Support for a little over a month now and have lost 15 pounds. I also just started taking Nature-throid with it. I have been struggling with hypothyroid for 5 years. My doctor put me on synthroid only and I could not lose weight. This product is wonderful!

202 people found this helpful

[Comment](#)[Report abuse](#)

just4me

#### **great product**

February 22, 2017

**Verified Purchase**

I was diagnosed with Hashimoto and put on medication. Thyroid support along with my medicine has given me my life back

75 people found this helpful

[Comment](#)[Report abuse](#)

Ella

#### **Makes your hair grow!**

June 30, 2017

**Verified Purchase**

I'm giving this a 4 out of 5. I'm not noticing weight loss or anything like some other reviewers. I have noticed my eyebrows are thicker and I'm able to grow a unibrow again, lol.

50 people found this helpful

[Comment](#)[Report abuse](#)

Scarecrow

#### **I can Remember**

May 7, 2017

**Verified Purchase**

☐ I was diagnosed with Hashimoto's disease right at one year ago. I was placed on thyroid medication (which helped) and followed a more strict diet. Over that years time I was also placed on an antidepressant. I had anxiety, depression, maddening memory loss and fatigue (which is NOT the same as being tired). No amount of sleep made me feel better. My body ached and I had migraines for the first time in my life. I started looking up natural remedies for this disease and stumbled upon this product. I started at 2 capsules a day as directed and by day #3 I was able to remember things! I was feeling somewhat happy again! I have been on this product for right at a month and I would recommend it to anyone that has a hypothyroid and feels like they have lost the "living" part of their life. I'm also now off the antidepressant. ☐

62 people found this helpful



Amazon Customer

#### **Great Product So Far!**

Eleven years ago, an END prescribed me Synthroid because I had all the symptoms of hypothyroidism but my TSH levels were still considered in the normal range. [Read more](#)

Published 2 days ago



Akshubhitha

#### **Good supplement for people who suffer with hypothyroidism**

I like it, I feel as though I have had more energy since taking it. There hasn't been a very drastic change like some other users mentioned, but I feel as though the supplement... [Read more](#)

Published 2 days ago

#### **Search customer reviews**

Helpful

Not Helpful

Comment

Report abuse



MOM2~3G'S

A+++

October 18, 2014

Verified Purchase

On my second bottle and what a huge difference....had half my thyroid removed and was struggling for months now my energy is back my hair started growing back would highly recommend!!!!

449 people found this helpful

Helpful

Not Helpful

Comment

Report abuse

[See all 5,949 reviews](#)

Write a customer review

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**This item:** Thyroid Support Supplement with Iodine - Metabolism, Energy and Focus Formula - Vegetarian & Non-GMO - Vitamin B12 Complex, Zinc, Selenium, Ashwagandha, Copper, Coleus Forskohlii & more 30 Day Supply

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Thyroid Support Complex  
With Iodine - Energy,  
Metabolism & Focus  
Formula - Vegetarian,...

4,375

#1 Best Seller in Thyroid

Extract Nutritional...

\$21.04



Ad feedback

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