SSKI

Search Whylodine...

Q

SSKI is distilled water with as much Potassium Iodide (KI) as the water can hold. It's 'Super Saturated' due to the extra KI salt crystals that are not able to become suspended.



- KI
- SSKI
- Pima syrup
- ThyroSage
- ThyroShield.



SSKI only contains Potassium Iodide(KI) and distilled water, and is clear/yellowish.

Because it's clear, this makes SSKI a great option for transdermal (1) applications.

If the dark color of Lugols 1 is not an issue, Lugols is a better option while attempting to reach iodine saturation, heal and purge toxins. Some parts of our body require either of the forms in Lugols.

Types of Iodine

Which iodine do I use?

Nascent Iodine

<u>SSKI</u>

Lugols

<u>Kelp</u>

<u>**Iodine Buyers Guide**</u>

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● TYPES OF IODINE

← <u>Nascent Iodine</u>
Lugols →

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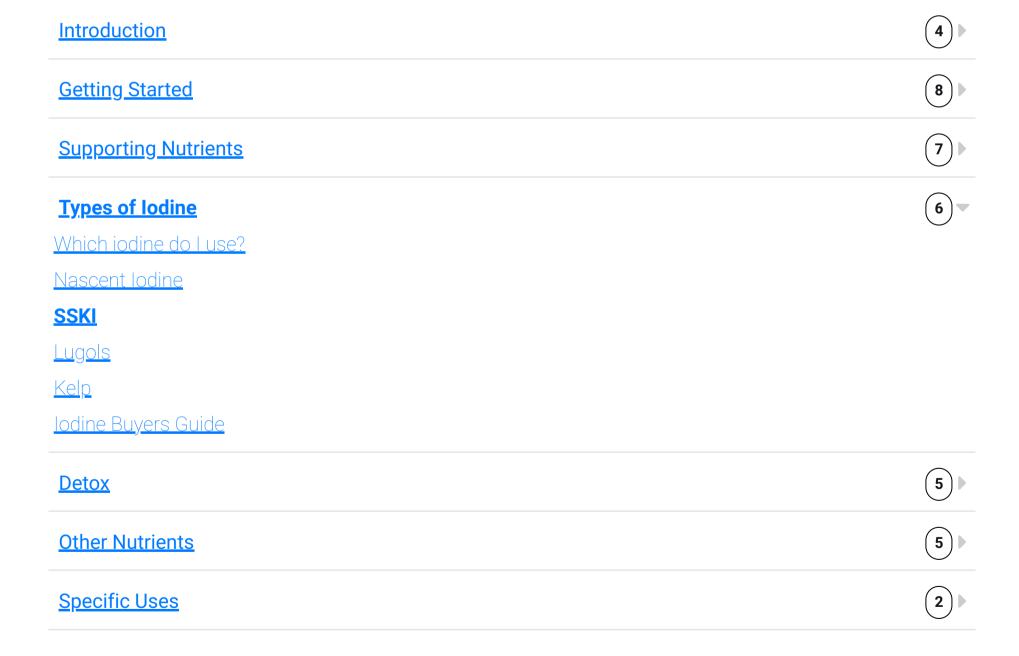
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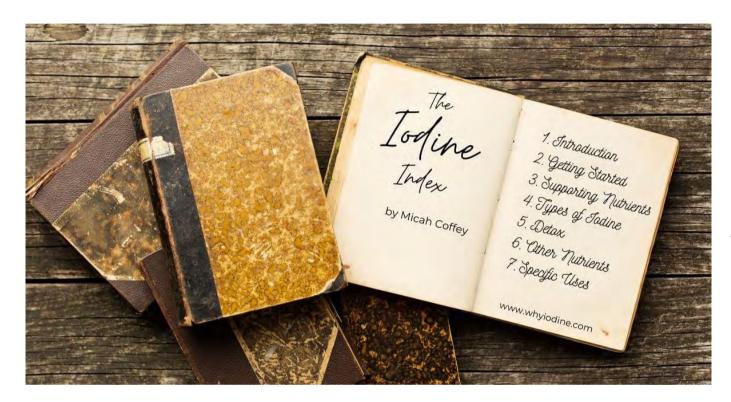
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I had no idea how any of this worked when my health crashed

SSKI - Why lodine can change the world about / years ago. I snare into that helped the wrap my nead around this situation and finally move forward.







Continue reading...

I struggled with iodine and it's detox for years. I have compiled this website in hopes that my journey might make yours a little easier.

The lodine Index

Join us in the lodine for Beginners group on Facebook

lodine for Beginners

Help me help you

I've been compiling information about iodine since 2016.

Due to everyone being so different, and iodine being such an important part of healing, iodine requires a lot of content from a lot of different angles.

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