

3

### And SSKI For UTI

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# Are You Washing Yourself Sick?

Support your healthy bacterial flora.

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edical Director of Tahoma om and an author of "D-tive to Antibiotics" (as well has introduced several tions including UTI, e neurological problems.

acute UTI with and purposes only and

 $\wedge$ 



Dr. Wright: There are many factors, but I will highlight two that are worth

ense mechanism toward bacteria and viruses. asily prone to frequent requiring an EpiPen but a system.

pleting a full panel allergy inately, is frequently a every case of persistent or anything else.

many practitioners
nen are more prone to
ber of Lactobacilli in their
onization.

men might need atural, identical-to-human I, and especially estriol

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D-Mannose protocol for

Dr. Wright: D-Mannose is well suited for children, pregnant women, diabetics. In fact, the first patient I gave D-Mannose to try was a 9-year-old



I can't recommend any particular brand, they all work the same way. My only nout additives, and made

out they are not as

Mannose dissolved in a nd under can use ½ of a unless waking up to

hours but continue with

er day can be continued. nue D-Mannose.

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UTI (such as taking a tuber the activity.

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ised by other types of

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UTIs (but not 100%) the d be exterminated by (1).



an allergic reaction.

e of bacteria that is

m" (more than two to and knowledgeable in uppress the function of

#### beneficial for UTI

eservatives you consume,

## Iso are useful to inhibit E. ry tract.

s) is also one key to ining of the bladder and

Tahoma Clinic at re featuring unique thors a monthly

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https://greenmedicinenewsletter.com/





Myself a former chronic UTI sufferer, I write about the latest UTI related research, advocating for d focus on human microbiota.

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