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This is a Must for my home medical kit!

By Elisa P on November 30, 2015

I have been purchasing Dr. Clark's Lugol Iodine for some time and am so grateful it is now available at Amazon! Wonderful product and inexpensive for its many uses. Can quickly boost your immune system. Soak a Q-Tip and coat your inner nose if you have sinus or upper respiratory issues...frequently. Do the patch test recommended by my doctor....coat a 4x4 inch area on thigh or stomach and check it after 24 hours...if it has disappeared, apply again, check again in 24 hours and keep this up until you can see the iodine on the skin after a 24 hour

Top critical review

See all 3 critical reviews >

Can arrive leaking!!!!

By beccareviews on January 14, 2018

The product arrived leaking, this was an urgent shipment to my daughter who is heading out on international travel tomorrow, and I really needed this to arrive intact. I am so disappointed it is leaking she did not even take it out of the bubble wrap and got the solution all over her hands. I had to ship it to her in her city of departure now there is no way to get a return done. I am sorely disappointed that either the cap was not on tight enough or the bottle arrived broken. Now she will not have this important supplement to fight viruses and other junk.

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By Elisa P on November 30, 2015

Verified Purchase

I have been purchasing Dr. Clark's Lugol Iodine for some time and am so grateful it is now available at Amazon! Wonderful product and inexpensive for its many uses. Can quickly boost your immune system. Soak a Q-Tip and coat your inner nose if you have sinus or upper respiratory issues...frequently. Do the patch test recommended by my doctor....coat a 4x4 inch area on thigh or stomach and check it after 24 hours...if it has disappeared, apply again, check again in 24 hours and keep this up until you can see the iodine on the skin after a 24 hour period. This could take Many Days or weeks depending upon your deficiency. If you feel like you have picked up a bug, coat stomach or thigh with the 4x4 patch to boost immune system a couple of times a day. Follow directions to get rid of food poisoning which a few drops in water can help with! Certainly, DON'T use it if you are allergic to iodine! It sanitizes water too. Great for scrapes and cuts too!

45 people found this helpful

Helpful 2 comments Report abuse

Great product

By Teresa Melton on June 25, 2016 Verified Purchase

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J.CROW'S® Lugol's Solution of Iodine 2% 2oz by J. Crow Co. \$11.99

715

Lugol's Iodine Solution (1 Oz. -30 ml). Made with 5% Iodine and 10% Potassium Iodide. by Heiltropfen \$13.70

121

This is easy to take and seems very effective. Only negative comment is that I stupidly forgot to dilute it with water or juice one time and it tore up my mouth for a couple of days. Just be smart and always dilute it and you will be fine! We really don't get enough iodine in our diets here in the middle of the US and this is an inexpensive way to keep our health up and protect our thyroids.

12 people found this helpful

Helpful Comment Report abuse

Do Your Research and You'll Want to Invest In This

By rae on June 18, 2018

Verified Purchase

I've been on a mission to cleanse my body of toxins. I've been using black seed oil and fermented skate fish liver oil and saw tremendous progress. While doing research, I found that most people with a western diet are iodine deficient, and that's what's a main cause for being unhealthy.

I ordered my iodine and decided to use two drops per bottle of water I drink. The same night I started drinking it I felt light headed, chills and felt slight pain in my stomach. I only drank half of that bottle. The morning after I found myself feeling refreshed and clean. I drank the rest of the bottle of water and noticed that the fog that always crowded my mind was gone. I had such clarity.

Over the next few days I noticed that my sleep had become deeper and more satisfying. I work overnights, and sleep during the day is almost impossible for me. I think this is the most incredible benefit for me.

I am curious to see if it will help with my autoimmune disease, though. Most, if not all, autoimmune diseases are linked to thyroid problems. I've read that iodine helps resolve these problems. I think iodine has begun to help with my autoimmune disease because I am no longer sluggish. I have incredible amounts of energy and motivation to accomplish EVERYTHING on my to do lost.

I have not felt this healthy since I was a young child and I cannot believe that this is practically being denied to us in the western culture. I highly recommend incorporating this into your diet, even if you do eat foods high in

4 people found this helpful

Helpful Comment Report abuse

Cysts GONE!

By Healthy Gal on April 23, 2017

Verified Purchase

I have had fibrocystic, dense breasts with abnormal mammograms (requiring an ultrasound) for the last 5 years. After just 2 weeks on this iodine, the cysts are gone!!! Very noticeable and undeniable difference. Great product!

9 people found this helpful

Helpful 1 comment Report abuse

Notice an improvement in my health

By SEGF on July 22, 2017

Verified Purchase

Have noticed a marked improvement in my energy...the rash that I have had is clearing...sleeping deeply...

Will order again...

Thank you!

5 people found this helpful

Helpful Comment Report abuse

Great product with intended results.

By CarolinaGirl308 on December 3, 2017

This stuff is nothing short of amazing. I've lost weight since starting this product. I can feel an almost instant release of irritability when I take this product. I take it about 2-3 hours before bedtime and I sleep like a baby. I take half a dropper full and I wake refreshed and after a cup of coffee I'm energized and ready to face the day.

4 people found this helpful

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J.CROW'S Lugol's Solution of Iodine 5% the Trusted Original Since 1829

by J.Crow's \$24.95

732



J.Crow's Lugol's Iodine Solution, 2 oz, Twin Pack (2 Bot.) by J.Crow's \$18.80

1,306



Carlyle Lugol's Iodine Solution 2% 2 oz Twin Pack by Carlyle \$12.99

11

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Best lugols

By Carolyn J. Osteen on May 24, 2018

Verified Purchase

I love your lugols. I have been us I.g it as a parasite cleanse. 5 drops three times a day for four months. You would be amazed what you will get rid of.

3 people found this helpful

Helpful Comment Report abuse

Buy this!!!

By Eliam05 on January 31, 2018

Verified Purchase

Amazing product! Helps orally with all sorts of things (stomach bug, thyroid issues, etc) as well as a topical healer for baby rash (mix with coconut oil and rosemary e.o.) or even an ingrown toenail.

2 people found this helpful

Helpful Comment Report abuse

My husband and I are feeling great. This is amazing

By Debbie L. Murray on August 20, 2016

Verified Purchase

My husband and I are feeling great. This is amazing. Just bought more for us and his mom who has cancer and undergoing a lot of radiation testing. My husband just had prostrate surgery for his cancer. Trying to keep it from returning.

6 people found this helpful

Helpful 2 comments Report abuse

Great stuff!

By Hal Jason Foster on March 29, 2018

Verified Purchase

My wife used to be on thyroid medication until she started taking this in the mornings. Tests came back normal after one month use. Great stuff!

2 people found this helpful

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See all details for Dr. Clark Lugol's Iodine Solution - 2% - 1 fl oz

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1,316



Atlin Tumbler [30 oz. Double Wall Stainless Steel Vacuum Insulation] Travel Mug [Crystal Clear... 2,468

\$13.79



JavaPresse Manual Coffee Grinder, Conical Burr Mill, **Brushed Stainless Steel**

4,789



Instant Pot LUX60V3 V3 6 Qt 6-in-1 Multi-Use Programmable Pressure Cooker, Slow Cooker,...

\$79.00



Genuine Instant Pot Tempered Glass Lid, 9 in. (23 cm), 6 Quart, Clear 2,545

\$14.21



Mr. Coffee 12 Cup Electric Coffee Grinder with Multi Settings, IDS77-RB 2,480

\$19.99



6-Pack Waterless Airlock Fermentation Lids for Wide Mouth Mason Jars, Mold Free, Food-Grade...

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\$10.99

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