


## Re: EEK pregnancy and iodine (again) and a cyst

### [Iodine Supplementation Support by VWT Team](#)

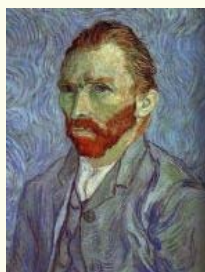
 [EEK pregnancy and iodine \(again\) and a cyst](#)  *warthog* 9y 1,659

[i like sski and honey, both. .... i wish i knew more about those ...](#) *trapper/kcmo* 9y 1,496

[Thank you. Do you put the SSKI on your cysts? Mine flared up as I wa...](#) *warthog* 9y 1,498

 [as i recall, those things get better while fasting. i dont remember a...](#) *trapper/kcmo* 9y 1,411

[I am currently pregnant and take one or two drops of lugol's 5% on mos...](#) *prairiechylid* 9y 2,343



prairiechylid

Re: EEK pregnancy and iodine (again) and a cyst

Date: 11/18/2008 12:54:40 PM ( 9y ago )  
Hits: [2343](#)

["I Cured My Candida"  
"How I Finally Cured My  
Candida After Years of  
Suffering!"](#)

[J.Crow's® Lugol's Iodine  
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reserves.J.CROW'S®Lugol's  
Iodine Solut...](#)

[Hulda Clark Cleanses  
Wormwood, Clove, Clarkia,  
Turmeric, Epsom Salt, Uva](#)

[Ursi, Goldenr...](#)

I am currently pregnant and take one or two drops of [Lugol's 5%](#) on most days. I also rinse my mouth with [Lugols](#) in water and also use it as a scalp rinse prior to washing my hair as it prevents dandruff. I did high dose [Iodine](#) prior to pregnancy. The best info I could find indicated 12.5 mg to be considered safe during pregnancy as long as higher doses were taken prior to pregnancy as you really don't want to start stirring up bromine etc during pregnancy.

... or ...



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■ [Thank you. I hope I'm not stirring up the bromine too badly.](#)

*warthog* 9y 1,458

■ [Hi, ... I've read your postings in regards to taking iodine durin...](#) *#203939* 17mo 310

☀ [please see our research for Mothers & Children here: ... https://sites...](#) *grizz* 17mo 270

■ [Potassium iodide is used in recurring staph skin infections, boils are...](#) *wombat* 9y 1,508

■ [I've always gotten cystys behind my ears when my estrogen levels are t...](#) *camillep* 9y 1,528

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