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J.CROW'S® Lugol's Solution of Iodine 5% - FREE SHIPPING US and Canada

by [J.Crow's](#)

[89 customer reviews](#) | [4 answered questions](#)

Price: **\$24.95** & **FREE Shipping**

In Stock.

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- FREE SHIPPING (USA and Canada)! We ship internationally.
- Calculating Number of MG's of Iodine and Potassium Iodide per Drop of Lugol's Solution: LUGOL'S 5%: Each VERTICAL drop is about 6.25 mg's of iodine/potassium iodide (2.5 mg iodine, 3.75 mg potassium iodide) and 2 drops is about 12.50 mg's of iodine/potassium iodide (5.0 mg iodine, 7.50 mg potassium iodide). Compared to other's, J.CROW'S® Lugol's Solution offers big savings. LUGOL'S 2%: Slightly less than 1/2 half the above measurements.
- Approximately 600 vertical drops per 1 oz. container. To use as a water purifier add 2-3 drops per liter of water.
- The iodine used in J.CROW'S® Lugol's Solution is derived from mined crystals, not from shellfish or kelp. Always fresh. Does not expire. Store at room temperature. Keep out of direct sunlight. No need to refrigerate.

2 new from \$21.46

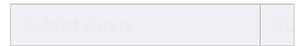
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- This item:** J.CROW'S® Lugol's Solution of Iodine 5% - FREE SHIPPING US and Canada **\$24.95**
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- [The Iodine Crisis: What You Don't Know About Iodine Can Wreck Your Life](#) by Lynne Farrow [Paperback](#) **\$13.31**

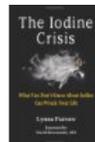
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Page 1 of 20



[Lugol's Iodine Solution\(2 oz.\) Twin Pack\(2 bot.\)](#)
(186)

\$20.16



[The Iodine Crisis: What You Don't Know About ...](#)
> [Lynne Farrow](#)
(110)

[Paperback](#)
\$13.31



[ATP Cofactors - 90 Tablets](#)
(21)

\$18.94



[Lugol's Iodine Solution Made with 5% Iodine and 10% Potassium Iodide 1 Fl Oz](#)
(73)

\$18.95



[J.CROW'S® Lugol's Solution of Iodine 2% 2oz](#)
(241)

\$11.55

Product Description

FREE SHIPPING (USA and Canada). Limit: 1 per order. We ship internationally. Aqueous solution. 84% distilled water. 10% Potassium Iodide. 5% Iodine. Iodine is necessary for the thyroid gland's proper performance of its work. All the blood in the body passes through the thyroid gland every 17 minutes. Because the cells making up this gland have an affinity for iodine, during this 17-minute passage the gland's secretion of iodine kills weak germs that may have gained entry into the blood through an injury to the skin, the lining of nose or throat, or through absorption of food from the digestive tract. Strong, virulent germs are rendered weaker during their passage through the thyroid gland. With each 17 minutes that rolls around they are made still weaker until finally they are killed if the gland has its normal supply of iodine. If it does not, it cannot kill harmful germs circulating in the blood as Nature intended it should. "In relation to supplemental use of iodine, my studies of certain dairy herds has revealed

interesting evidences of the relationship between host and micro-organisms, viruses, insects, and other parasites.....My object was to rout these cattle grubs by means of the apple cider vinegar and iodine, combination; this would demonstrate, to me at least, what the combination would do in the way of making the body as a host unsuitable soil for the development and continuing existence of microorganisms, viruses, insects, and other parasites." Dr. D.C. Jarvis Disclaimer: Though Dr. Jarvis refers to the many qualities of Lugol's Solution it is offered here only as a "talisman". We are aware of its regular use in the past as a general purpose traditional disinfectant however, we make no claims with respect to its efficacy for any purpose whatsoever.

Product Details

- Item Weight:** 4 ounces
- Shipping Weight:** 3 pounds (View shipping rates and policies)
- ASIN:** B001PN3BUW
- UPC:** 014202102004 884911341595 882798029643
- Item model number:** 1 oz.
- Average Customer Review:** (89 customer reviews)
- Amazon Best Sellers Rank:** #2,365 in Health & Personal Care (See Top 100 in Health & Personal Care)
#2 in Health & Personal Care > Vitamins & Dietary Supplements > Minerals > **Iodine**

Did we miss any relevant features for this product? [Tell us what we missed.](#)
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J.CROW'S® Lugol's Solution of Iodine 2% 2oz (241) \$11.55	Lugol's Iodine Solution Made with 5% Iodine and 10% Potassium Iodide 1 Fl Oz (73) \$18.95	Lugol's Iodine Solution(2 oz.) Twin Pack(2 bot.) (186) \$20.16	5% Lugol's Iodine Solution (3) \$19.95	lugol's Iodine 5% Solution (3) \$24.95

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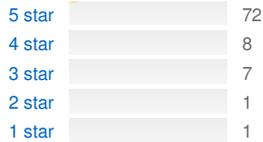
Customer Questions & Answers

See questions and answers

Customer Reviews

(89)

4.7 out of 5 stars



[See all 89 customer reviews](#)

I highly, highly recommend this product.

Mary K. Jackson

NEVER AGAIN... I will continue to use it as long as my body needs it.

C. Tracy

Really unexpectedly impressed with this product!!

T. Collier

Most Helpful Customer Reviews

71 of 72 people found the following review helpful

It is reducing hypothyroid conditions

By [Mary K. Jackson](#) on June 10, 2011

Amazon Verified Purchase

I bought this product after reading from other sites that iodine is the key to alleviating hypothyroid conditions.

Due to the strong taste of this product, I do not take it internally. I use it to paint a circle the size of a dollar coin around my belly button.

Sometimes, this circle is gone in 12 hours, and sometimes in 24 hours. I paint the iodine again when the previous circle is gone.

After doing this for several weeks, I noticed that the coldness of my hands and feet diminished (the tips of my fingers and toes used to feel like ice cubes and a few people have told me my hand is cold after shaking their hand); brain fog lifted; mental and physical fatigue have lessen considerably; and more energy with a more positive outlook in life.

These are just a few of the improvements I have noticed in myself, after many years of having hypothyroid conditions and searching for the remedy.

I am so grateful to Jill Van Eps for her very helpful and down to earth website and for recommending me to this product, because without knowing this product, the hypothyroid conditions will be, without a doubt, worse.

I highly, highly recommend this product.

2 Comments Was this review helpful to you? Yes No

68 of 71 people found the following review helpful

Kills Bacterial Infections Klebsiella pneumonia & Proteus penneri

By [Gaylan K. Frederic](#) on August 17, 2009

Amazon Verified Purchase

I am a 65 year old female and have chronic UTIs for the past 20 years. I also have been diagnosed with Proteus penneri after bladder infusions for Interstitial Cystitis and Epstein Barr Virus (6 months ago). What seems to help with Klebsiella pneumoniae and Proteus penneri (community/hospital acquired) is a product called Lugols Solution (Iodine (5%)) by JCrow which I discovered on the Internet while trying to find help for UTIs resistant to antibiotics. I buy it on Amazon. I use about 6 drops in a glass of water 3 times a day for 4-7 days. I notice relief of symptoms of Klebsiella pneumoniae, Proteus penneri and UTIs within 2 hours. I assume Lugols Solution (Iodine) has anti-bacterial properties and also take Acidophilus. Lugols Iodine, I discovered is at 2% strength, but you would have to take a higher quantity to get the same results. Works for me.

16 Comments Was this review helpful to you? Yes No

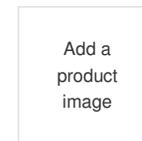
49 of 50 people found the following review helpful

Amazing... No more brain fog

By [C. Tracy](#) on May 3, 2012

Amazon Verified Purchase

Product Images from Customers



Most Recent Customer Reviews

Lugol's solution

This is a very effective, inexpensive way to raise your iodine levels. I have been very satisfied with my switch from Iodoral.

Published 1 day ago by Mama of 11

Does the trick

I'm not to excited about the words "talisman only" on this when they know people are taking it. But it does the job and everyone assures me it's okay... [Read more](#)

Published 3 days ago by Chelsea

Hard to Assess

I still have a lot of it. When you only take 1-2 drops per day it will last forever. Which is good since it's expensive. [Read more](#)

Published 4 days ago by Cherrie L. Ward

great!

It always comes in earlier than stated. I've been taking this for over 4 months with no problems. I take it with coconut oil everyday. [Read more](#)

Published 4 days ago by Bensmom

Don't believe the hype

I have been on this for 2 weeks now with zero changes. The reviews spoke of miraculous effects & improvement, some almost instantly, but none of that happened for me. [Read more](#)

Published 5 days ago by Katie Celis

Great product!

We used to be able to buy iodine for cuts when I was a kid, so I was glad to be able to get it again. [Read more](#)

Published 7 days ago by Jennifer Kramer

Good Iodine

Nearly everyone has an Iodine defecientcy. This is a great product at 5% solution. Price is much better than at health food store, I would reccomend

Published 10 days ago by Marcus Cutrone Jr.

sebaceous hyperplasia

I am an accountant and make my living with my brain... Over the years my memory has gotten worse and the brain fog has just been horrible. The doctor has tested everything and I am within the "norm". After all lot of research, I decided to try using Lugol's Iodine. I rub in on my feet and my belly mixed with an all natural moisturizer just before bed. About 10 drops total. It absorbs almost immediately. Within days my energy level went thru the roof and the fog lifted. I know you are doubtful. After about 2 weeks of use, I stopped using it for 3 days. The fog came back and my energy tanked. NEVER AGAIN... I will continue to use it as long as my body needs it. It is worth every penny!!!

See all 89

i got this product to use on some minor sebaceous hyperplasia on my face. it made things worse after 2 weeks of using it topically.

Published 13 days ago by halima

Easy to use

I use 2 drops every morning in a small amount of water. Dropper is easy to use. Bottle is small enough to travel well. [Read more](#)

Published 1 month ago by Brenda

Five star rating for product and seller

After reading the other reviews on Amazon and additional research I couldn't help but think it would help me too and I was right. I have RA and nodules on my thyroid. [Read more](#)

Published 1 month ago by Karla

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Comment Was this review helpful to you?

49 of 52 people found the following review helpful

Actually works! Here's proof

By [K. Hilliard](#) on August 22, 2012

Amazon Verified Purchase

After having my second child in 2010, my cycle (which has ALWAYS been normal 30 days each month like clock work) started to get really erratic. I was having 45-60 days long cycles, sometimes I would have a period and two weeks later another and then not have one for 2 more months. I was also losing a lot of hair, my nails were brittle, I was growing hair on my chin and my upper lip, and was gaining weight and it was becoming harder for me to lose than ever before. My hands have been ice blocks for a long time now, people would always comment on how cold they were. I also noticed I was becoming extremely intolerant to cold weather.

Finally I went to the gynecologist to finally get on birth control, which I have always stayed away from because i believe it's not good for your body and I didn't want artificial hormones in my body. But since I had tried a lot of other things and it didn't work I just decided to give birth control a go and see if it would help my obvious hormonal problems. I brought the birth control home, but have never had to take it ~~because I received this Iodine in the mail the next day and started taking it- trying this one last thing~~ before I resorted to pharmaceuticals (which I hate and never take!)

I've been using the iodine for about 6 weeks now and it really has helped a lot!!

- My cycle was exactly 30 days long this month! And it only lasted 3 days instead of 5-6!

-I ovulated exactly 14 days into my next cycle (I have ovulation pain and could tell I was ovulating)

-My hair completely stopped falling out for the first two weeks, after that it returned to a normal amount of shedding. They say it's normal to lose up to 100 strands of hair a day. I was losing wads of hair in the shower, then more in my brush and all over the counter and the house. [Read more >](#)

2 Comments Was this review helpful to you?

38 of 40 people found the following review helpful

This is the best Lugol's solution I have found.

By [Eric](#). on June 24, 2011

This is the best Lugol's solution I have found.

I can really tell the difference when I take this.

However, be careful not to take too much.

I take 2 drops every other day. I am an adult male.

For children take less. This is very potent.

Watch for signs of hyper activity, a "racy" feeling.

If you are getting that just take less.

Comment Was this review helpful to you?

47 of 51 people found the following review helpful

I Have More Energy

By [Fisher Miles](#) on April 23, 2010

Amazon Verified Purchase

Since I started taking Lugol's, I have more energy. I always suspected that I had a sluggish thyroid, because I had all the symptoms. I guess I was right, because this product is helping me. I developed a slight pain in my neck on the 3rd day, but it went away after an hour or so and never came back. The only downsides are that it tastes awful and temporarily stains the skin if you get it on your hands.

7 Comments Was this review helpful to you?

customer reviews (newest first)

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