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**NATUROPATHIC CLINIC**  
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## **Intravenous Hydrogen Peroxide (H<sub>2</sub>O<sub>2</sub>) Infusions**

### **Overview:**

- H<sub>2</sub>O<sub>2</sub> Is a molecule of water with an extra atom of oxygen attached, occurring throughout nature and produced by almost every cell in the human body, for many different physiological
- When H<sub>2</sub>O<sub>2</sub> is taken into the body intravenously, the blood and body tissues increases dramatically, the extra oxygen molecule being released, stimulating enzyme systems throughout the body, increase in the metabolic rate, causes smooth increase blood flow, enhances the body's delivery of oxygen and raises body temperature
- Hydrogen peroxide is produced by all cells for different physiological reasons. White Blood Cells are the first line of defense against bacteria, yeast, and fungi.
- It occurs naturally in fresh fruits and vegetables and some manufactured during photosynthesis
- Hydrogen peroxide is also found in mother's milk, in high concentration in colostrum (the first milk after birth).
- Is involved in protein, carbohydrate and fat metabolism, immunity, vitamin and mineral metabolism.
- Its ability to oxidize almost any physiological substance has led to its therapeutic value.
- Hydrogen peroxide's ability to kill bacteria in the human body has been well documented and it has been widely used in medicine since the early part of the 19<sup>th</sup> century. Many bacterial diseases, including syphilis, responded to H<sub>2</sub>O<sub>2</sub> when no other treatment was effective. In the early twentieth century H<sub>2</sub>O<sub>2</sub> was used to treat several common

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June 2017  
May 2017  
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February 2017  
January 2017  
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diseases, such as typhoid fever, cholera, ulcers, asthma, whooping cough, and tuberculosis. Intravenous infusion was used successfully to treat pneumonia in the epidemic following World War I.

- Drugstore variety of H<sub>2</sub>O<sub>2</sub> should never be used internally, because of the chemicals it contains as stabilizers.
- Side effects and toxicity: The use of intravenous infusions of hydrogen peroxide has been shown to be safe without serious side effects. A stinging or burning sensation can occur at the infusion site.

## ***Conditions which can benefit from IV H<sub>2</sub>O<sub>2</sub> Infusions as administered at LotusRain naturopathic Clinic in San Diego:***

**Viral and Bacterial Infections:** H<sub>2</sub>O<sub>2</sub> has been found to be a safe and effective antimicrobial and antiviral agent.

**Candida albicans infections:** *Candida albicans* is found naturally in the mouth, GI and urogenital tract of most healthy individuals. When immuno-compromised, it can cause mucosal infections (thrush) and infections of the blood and internal organs. Immune cells exploit reactive oxygen species (ROS) such as H<sub>2</sub>O<sub>2</sub> to kill microbial pathogens, including candida.

**Weight Loss and Overall Detoxification:** At LotusRain we have many weight loss and detoxification programs which many patients add the Hydrogen Peroxide IVs to accelerate and enhance the efficacy.

**Allergies, chronic Post Nasal Drip and chronic Urticaria**

**Intravenous H<sub>2</sub>O<sub>2</sub> infusion and lung function:** H<sub>2</sub>O<sub>2</sub> has been found to have the ability to cleanse the inner lining of the lungs and restore the ability to breathe and thus can be beneficial in bacterial infections, emphysema and congestive lung problems. Within minutes oxygen from hydrogen peroxide bubbles up between the membrane lining the lungs sacs and the accumulated mucus. The peroxide clears the lung surface and destroys the bacterial infections.

**Other Conditions:** Allergies, Altitude Sickness, Alzheimer's, Anemia, Arrhythmia Arthritis and joint pains, Asthma, Bronchitis, Cancer, Cardiovascular Disease, Chronic Pain, Diabetes Type II, Diabetic Retinopathy, Digestion Problems, Gangrene, Gingivitis, Food Allergies, Headaches, Herpes Simplex, Herpes Zoster, HIV Infection, Influenza, Insect bites, Liver Cirrhosis, Lupus Erythematosus, Multiple Sclerosis, Parkinson, Parasitic Infections, Periodontal Disease, Prostatitis, Rheumatoid Arthritis, Shingles, Sinusitis, Sore Throat/Colds, Ulcers, Vascular Disease, Warts.

November 2016  
October 2016  
September 2016  
August 2016  
July 2016  
June 2016  
May 2016  
April 2016  
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December 2015  
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August 2013  
July 2013  
June 2013  
May 2013  
April 2013  
March 2013  
February 2013  
January 2013  
December 2012  
October 2012

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