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## Hulda Clark's 18-Day Herbal Parasite Cleanse Handy Chart

[Print The Herbal Parasite Cleanse Handy Chart and other Herbal Cleanses](#)

From page 23 *The Cure For All Cancers*  
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(1 teaspoon Black Walnut Hull Extra Strength Tincture = 2.5 Black Walnut Hull capsules)

<a href="http://HuldaClark.com">HuldaClark.com</a>	Black Walnut Hull Tincture Extra Strength Dose	Wormwood Capsule Dose (200-300 mg)	Clove Capsule Dose (Size 0 or 00)
<b>DAY</b>	drops 1 time per day, like before a meal.	capsules 1 time per day, on empty stomach (before meal).	capsules 3 times per day, like at mealtime.
<b>1</b>	<b>1 drop</b> (or 1 BWH capsule)	<b>1</b>	<b>1, 1, 1</b>
<b>2</b>	<b>2 drops</b> (or 1 BWH capsule)	<b>1</b>	<b>2, 2, 2</b>
<b>3</b>	<b>3 drops</b> (or 1 BWH capsule)	<b>2</b>	<b>3, 3, 3</b>
<b>4</b>	<b>4 drops</b> (or 1 BWH capsule)	<b>2</b>	<b>3, 3, 3</b>
<b>5</b>	<b>5 drops</b> (or 2 BWH capsules)	<b>3</b>	<b>3, 3, 3</b>
<b>6</b>	<b>2 tsp.</b> (or 5 BWH capsules)	<b>3</b>	<b>3, 3, 3</b>
<b>7</b>	<b>Now once a week*</b>	<b>4</b>	<b>3, 3, 3</b>
<b>8</b>		<b>4</b>	<b>3, 3, 3</b>
<b>9</b>		<b>5</b>	<b>3, 3, 3</b>
<b>10</b>		<b>5</b>	<b>3, 3, 3</b>
<b>11</b>		<b>6</b>	<b>7</b>
<b>12</b>		<b>6</b>	<b>Now once a week*</b>
<b>13</b>	<b>2 tsp.</b> (or 5 BWH capsules)	<b>7</b>	
<b>14</b>		<b>7</b>	
<b>15</b>		<b>7</b>	
<b>16</b>		<b>7</b>	
<b>17</b>		<b>Now once a week*</b>	
<b>18</b>			<b>7</b>

### Dr. Clark's Weekly Herbal Maintenance Parasite Cleanse:

From pages 23-25 *The Cure For All Cancers*  
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Take **ornithine** at bedtime for insomnia. Even if you do not suffer from insomnia now, you may when you kill parasites. Take **arginine** in the morning and daytime.

#### Now once a week\*

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the parasite program ingredients.

**"Continue on the Maintenance Parasite Program, indefinitely, to prevent future reinfection."**

#### Tips on Taking Pills

Whenever taking capsules or pills, have a bit of bread within reach. If a pill should stick, swallow some bread. Bread pushes the pill along its way, so you are comfortable again. Never take a handful of pills together. They may clump together and give you lots of discomfort. Take them one at a time.

**Do this once a week. You may take these at different times in the day or together.**

1. **Black Walnut Hull Tincture Extra Strength:** 2 tsp. on an empty stomach, like before a meal or bedtime. (2 tsp. BWH tincture = 5 BWH capsules)
2. **Wormwood Capsules:** 7 capsules (with 200-300 mg wormwood each) once a day on an empty stomach.
3. **Cloves:** 7 capsules (about 500 mg. each, or fill size 00 capsules yourself) once a day on an empty stomach.
4. Take **ornithine** at night.

***"The only after-effects you may feel are due to release of bacteria and viruses from dead parasites. These should be promptly [zapped](#)."***

## Children's Herbal Parasite Cleanse Program

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### Black Walnut Tincture Extra Strength

Children follow the same parasite program as adults through day 5. On day 6, instead of 2 tsp., take the following:

Age	BWT ES	Niacinamide
Under six months	1/4 tsp.	50 mg
Six months to five years	1/2 tsp.	50 mg
Six to ten years	1 tsp.	100 mg
Eleven to sixteen years	1 1/2 tsp.	500 mg

The niacinamide (not niacin) is to help detoxify the alcohol in the tincture. You may crush it and put it in a spoonful of honey, if necessary. Occasionally a bit of niacin gets into the niacinamide tablet and causes a hot flush. It is harmless and soon passes. (If you are using BWH capsules, no niacinamide is needed).

Even though the parasite program is very beneficial to children, who tend to pick up parasites more often than adults, it should not be continued on a maintenance basis due to the alcohol content. Have children deparasitize twice a year, or whenever ill.

### Wormwood and Cloves

Increase dosage one day for each year. For instance a four-year old would follow the adult program until day four, then stop.

Again, it is not advisable for children to be on a maintenance dosage of wormwood and cloves. Taking them during their routine deparasitizing, or when ill, is best.

***This is only an excerpt. For complete information read the books by [Hulda Clark](#).***

## [Hulda Clark's Kidney Cleanse, Liver Cleanse, Bowel Cleanse](#)

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## [Click here for Dr. Hulda Clark's Herbal Pet Parasite Program](#)

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