

HAIR GROWTH PILLS

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BEST ESSENTIAL OILS FOR HAIR GROWTH (ROSEMARY, LAVENDER, MORE)

By Hair Growth ([Http://Www.Hairgrowthpills.Com/Author/Hairlosstips/](http://www.hairgrowthpills.com/author/hairlosstips/)) | April 17, 2017
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Essential oils smell great, they work wonders for your skin and they can also be used to promote hair growth. In this guide we'll look at the **best essential oils for hair loss**, covering the ones that can help to strengthen your hair, limit hair loss and damage, and even fill that receding hair line in.

This list of essential oils for hair growth covers products that are safe, natural and easy to source. As a result, they are some of the best products you can use for this purpose.

Lavender Oil



Lavender is one of the most well known essential oils and one that you have no doubt heard about already. This oil is used in sprays and perfumes designed to help you relax and unwind. The scent of lavender has been shown to trigger sedation, and it really does work for this purpose (don't worry, we thought it was all nonsense as well).

But not only is it great to help you relax, lavender oil can also be used to stimulate hair growth. The only concern is that you might fall asleep when applying it.

Okay, so that was a joke. In fact, like most essential oils for hair growth, the goal is not to apply them direct. They are very potent and can cause damage to the skin if you apply them direct and in large quantities. Not only that, but you also pay a lot for a very small bottle, regardless of the oil, so it's not exactly the most cost effective treatment either.

The best way to use essential oils for hair growth is to mix them with other, cheaper and more readily available oils. Olive oil is a great one, as is coconut oil (<http://www.hairgrowthpills.com/coconut-oil/>). You can also simply mix them with water and with aloe vera gel, which should help you to get complete coverage on your head and will also allow the oil to do its magic.

You may also want to combine several different oils and other ingredients. That's basically what Wild Growth Hair Oil (<http://www.hairgrowthpills.com/wild-growth-hair-oil/>) did. That formula has proved to be a huge hit and has set this industry alight in the last few years. So, if it works for them and for the people that use it, why can't it work for you?

Rosemary Oil



Not only is this one of the best essential oils for hair growth, but it is also a great all-round oil. It has been described as a “brain tonic”, which sounds both amazing and rather archaic. The herb from which this oil is extracted is loaded with minerals and vitamins, and all of these are concentrated into rosemary oil, which is what makes this one of the best essential oils for hair growth.

Many of the minerals in this oil work to nourish the hair and the scalp from root to tip. It doesn't promote hair growth as such, but it does work to limit hair loss. It does this by keeping your hair strong, which stops breakage and also stops it from falling out. The fact that it makes your hair stronger and improves the condition also works to eliminate many of the causes of hair loss in both men (<http://www.hairgrowthpills.com/causes-hair-loss-men/>) and women.

Rosemary oil may also help to improve your circulation, allowing those nutrients to get to where they need to go and keeping your hair in the best condition possible.

Chamomile Oil

Like lavender, chamomile has a reputation as something that can help you to relax. Also like lavender, it is really effective for that purpose. The difference is that you need to drink chamomile as a tea, so why is it effective as an oil and what can it do for your scalp and for your hair?

Well, by making a tea with chamomile you're simply extracting all of those oils and allowing them to infuse into a drink, which you then consume. By using chamomile oil you're basically getting high concentration of the goodness that goes into that tea. So, this can help you to relax, but when you apply it to your scalp it can also help with hair growth.

The soothing nature applies to the hair and the skin as well as your central nervous system. It can help to reduce inflammation and it can also help to detox, while cleaning the area. It's not really going to do anything on its own, but if you add it to a concoction with a number of other essential oils for hair growth then it can work wonders.

Cedarwood Oil



This is an oil that you can find in a number of popular products. It's one that you might not have heard of, but trust us, you will have heard the products that it is in. This has actually only been on our radar for the past year and only because of its inclusion in one of those products.

So, what makes this so special? Why is it included in those products and why is it included on our list of the best essential oils for hair growth? Well, for one thing, it is a brilliant cure for dandruff. In fact, it is one of the most effective natural cures you can find.

It has also garnered a reputation for promoting hair growth and limiting hair loss. The mechanisms of this are not fully understood, but it likely has something to do with the fact that it can improve circulation. It can also improve the condition of your skin and create a barrier for your hair.

Cedarwood smells great. However, the purer the oil, the stronger the scent, so as with all things mentioned here, you really need to dilute it.

Carrot Seed Oil

This might sound like an odd one, and it is. But there is research that suggests carrot seed oil could be effective at limiting hair loss and promoting hair growth. This oil, as you might guess, comes from carrot seeds. It is high in all of the vitamins that you can find in carrots and has a very strong concentration of them. This should be able to strengthen your hair and protect your skin.

It is also said to be able to nourish and detox, and there are studies that suggest that it might be beneficial when it comes to regulating hormones.

Sage Oil

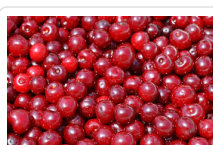
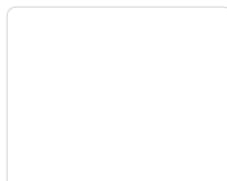


Sage goes hand in hand with rosemary. The two are often combined in food as they have very synergistic flavors. But the same can be said for their fragrances, which is why this is a combination you will also find in perfumes for the home. The fragrance tends to be very earthy and not to everyone's taste, but it is a pungent and powerful scent that works to effect the mood just like lavender does.

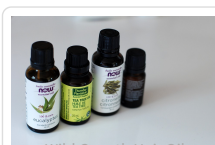
But what makes this one of the best essential oils for hair growth? Well, for one thing it can limit the amount of grease and oil in your hair (ironic, we know). This improves the condition of your hair and may also work to limit hair breakage. Like rosemary, sage oil can also help the circulation and can create a better foundation on which other essential oils for hair growth can act.

Also like rosemary, sage can deliver some vital nutrients to the roots of your hair, which in turn can help with dandruff.

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