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Flax – A Health and Nutrition Primer

Flax – A Health and Nutrition Primer

by Diane H. Morris, PhD, Fourth Edition, 2007

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*Erratum: In Figure 2 (Chapter 2, p. 24), the line just above Eicosapentaenoic acid Arachidonic acid should read “ Δ 5-desaturase” instead of “ Δ 6-desaturase.”

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[.\(http://www.saskflax.com\)](http://www.saskflax.com)



[.\(http://www.mfga.ca\).](http://www.mfga.ca)

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The Flax Council of Canada is a national organization which promotes Canadian flax and flax products for nutritional and industrial uses in domestic and international markets.

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