



PREVENTION & EARLY AT-HOME TREATMENT PROTOCOL FOR COVID-19

PREVENTION PROTOCOL

For adults > 18 years and >40 kg/90 lbs

Vitamin D3

4000IU (50 mcg) daily

Vitamin C

1 gram daily

Quercetin

Up to 250mg x 2/day

Lactoferrin

Up to 200 mg x 2/day

Zinc

30-50 mg x day

Melatonin

3 mg / day before bedtime

DISCLAIMER

This protocol is borne of clinical experience only and thus is meant solely for educational purposes to health care providers regarding potentially beneficial empiric treatment approaches for COVID-19 Syndrome. Never disregard professional medical advice because of something you have read on our website and releases. This is not intended to be a substitute for professional medical advice, diagnosis, or treatment in regards to any patient. Treatment for an individual patient is determined by many factors and thus should rely on the judgement of your physician or qualified health care provider. Always seek their advice with any questions you may have regarding your medical condition or health.

EARLY AT-HOME TREATMENT PROTOCOL

For adults > 18 years and >40 kg/90 lbs

Ivermectin *

24 mg – daily for 5 days

In the setting of poor clinical response, advanced disease, or obesity, higher doses should be used (target 0.4–0.6 mg/kg)

Melatonin

6 mg at night for 5 days

Aspirin (ASA)

80 mg/day (unless contraindicated)

Corticosteroids

Starting from the fourth day in case of persisting fever

Heparin

4000 (IU daily for 7 days)

Antiseptic mouth wash

Three times daily (gargle do not swallow); if available

*Where Ivermectin is not available it can be substituted with one or more of the following drugs:

Hydroxychloroquine

200mg twice daily for 7 days

Colchicine

0,5 mg twice daily for 14 days

Povidone/iodine

spray 1,25% every 4 hours

Anti-androgen based therapy

(for males only)

Fluvoxamine

20 mg daily

For more information about this protocol, please contact Ippocrateorg.org