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## Supplements: *Now shipping Poly-MVA*

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Certain supplements are thought to be compatible with the Budwig Diet. Learn more about Poly-MVA...



★★★★★  
**Life-saving!** It clearly shows how a coffee enema, a cottage cheese and flaxseed oil mixture, etc...



★★★★★  
**Fabulous!!!!** Easy to read, well organized, full of beneficial information...



### Poly-MVA 8oz (236 cc/ml)

Poly-MVA is considered to be very compatible with the Budwig Diet, so by request we are now offering Poly-MVA. You can learn more about Poly-MVA at [www.polymva.com](http://www.polymva.com).

After testing about 20,000 compounds, Dr. Garnett developed the biochemical formula that became Poly-MVA. He discovered that palladium combined with lipoic acid, B-12 and thiamine created an extremely useful and safe cellular nutrient. A recent interview with one of the clinical investigators revealed that they were achieving a success rate of 71% with 22 different types of cancers including cancers in stage 4. This is also no side effects, in fact, patients feel much better and more energy because of the nutritional support they receive by the formula.

**Notes:** It's recommend to take Poly-MVA with the co-enzyme CoQ10 to improve its effectiveness. **Not compatible** with high doses of vitamins, such as high doses of vitamin C, and supplements ZeoGold, Graviola, Pau d'Arco, Protandim and Nicotine. Learn more at [polymva.com](http://polymva.com).

**\*All International Orders:**

**Important:** Some countries require a Medical Prescription to be shipped with the order. Please scan and email us your prescription.

\$239.95 \$195.00

plus \$55 Express Mail (3-5 days or longer, varies by country)

[Buy Now](#)



**\*USA and Canada Orders only:**

< *International orders see left window*

\$239.95 \$195.00

plus **FREE** Priority Shipping

[Buy Now](#)





## Products *you will need* to follow the Budwig Protocol

The products below are necessary in order to follow the protocol at home.

### Immersion Hand Blender

An Immersion Blender is needed in order to mix the Flax Oil with the Cottage Cheese or Quark. A regular blender won't work as the mixture will get stuck under the blades, unless of course you are mixing enough quantity to feed a large family. And mixing by hand using a fork or an eggbeater will also not work - you really need a high-speed blender to combine the oil with the cheese.



[Immersion Hand Blender](#)

### Masticating Juicer

You will need a masticating type juicer. With these juicers, the juice is first extracted through a crushing stage and, before the pulp is ejected, it is then squeezed during a second pressing stage; resulting in more juice, and drier pulp. The best advice is to buy the best juicer you can afford. The Omega Juicer (\$290) is great and not too expensive so I recommend it. Others like the Norwalk Juicer (\$2,500) can be pricey, but are very strong and durable.



[Omega Masticating Juicer](#)

According to a [study by Michael Donaldson, PhD](#), we have concluded that using the [Omega Juicer](#) to only grind in combination with the [Peoples Juice Press](#), to then press the juice, is actually the best combination that produces the most juice with the most nutrients and enzymes, better than the Norwalk. Note that in this study the Champion Juicer is used to juice carrots, however this machine is not recommended for leafy greens, therefore I do not recommend it. Note also that centrifugal juicers are cheaper but also not recommended. They have a more difficult time effectively extracting high yields of juice from grassed and leafy foods like wheatgrass, spinach, lettuce, parsley and other greens and herbs.



[Kuvings Masticating Juicer](#)

**Conclusion:** So if you are not able to purchase the stand alone Norwalk juicer (\$2,500), I suggest investing in the [Omega Juicer](#) (\$290), [Kuvings Masticating Juicer](#) (\$390) or the [Peoples Press](#) (\$490).



[Peoples Press](#)

## Coffee or Flax Seed Grinder

Dr. Budwig explains that Flax Seeds must be ground fresh and eaten within 15 minutes. Any coffee grinder will work and specialty seed grinders are another option. Remember to never grind the seeds into a powder, only grind them roughly.

In order to protect the grounded seeds from oxidation Dr. Budwig created her Linomel cereal recipe by mixing the ground seeds with honey and a little milk powder. Besides the Linomel-Muesli recipes, she advised adding Linomel to fresh juices. Remember to chew the seeds well while drinking to stimulate the digestion.



[Coffee Grinder](#)

## Enema Bucket Kit

For the very serious cases, when the patient was too sick to eat, Dr. Budwig used Eldi Oil Enemas. This simple solution allows the electron-rich oil to get into the body internally.

For Oil Enemas we recommend using an Enema bucket. Enema bags can also be used, but they are very difficult to clean. If Eldi Oils are not available in your town you can use pure organic Flax Oil instead. Or you can [visit our Eldi Oils store here.](#)



[Enema Kit with Bucket](#)

## (recommended) Needak Soft Bounce Rebounder

Soft-Bounce spring absorbs as much as 85% of the impact of each bounce. Industrial quality construction, suitable for home, office or commercial use

Easy to learn, easy to use, and provides incredibly efficient low impact exercise All weather exercise for people off all ages and fitness levels.



[Needak Rebounder](#)

[View list of supplements compatible with the Budwig Diet](#)

**DISCLAIMER:** The information on this website is not medical advice. You should always consult your physician. Our goal is to provide the best information from other scientists, doctors, health experts and medical journals for you to make your own decision.

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