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Why do cancer tumors often form in the glands?

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Why do cancer tumors often develop in the [glandular system](#)? Because the mucus production is impaired due to a lack of essential fatty acids. Mucus glands and cells of the epithelium are closely associated with the glandular system. You probably won't read about the relationship between impaired mucus production and granuloma formation as most medical books and most doctors have not yet connected the dots between the need for the essential fatty acids, in combination with protein, and disease.



As part of her many years of study on the subject of fats and oils, Dr. Johanna Budwig noticed that the outer skin of cancer patients was often parched. In some cases, her cancer patients had indurations (thickening) of the skin and sclerosis (abnormal hardening of body tissue).

Dr. Budwig showed that the absence of essential fats such as in flaxseed oil impoverishes mucus-secretory glands. If you suffer from dry skin, dry hair or dry eyes you probably lack essential fatty acids. If you are “dry on the outside” of the body that means you are probably “dry on the inside” as well.

In her book *Flax Oil as a True Aid Against Arthritis, Heart Infarction, Cancer and Other Diseases*, Dr. Budwig makes the following statement:

"I often take very sick cancer patients away from the hospital where they are said to have only a few days left to live, or perhaps only a few hours. This is mostly accompanied by very good results. The very first thing which these patients and their families tell me is that, in the hospital, it was said they could no longer urinate or produce bowel movements. They suffered from dry coughing without being able to bring up any mucous. Everything was blocked.

"It greatly encourages them when suddenly in all these symptoms, the surface-active fats [flaxseed oil and quark] with their wealth of electrons, start reactivating the vital functions and the patients immediately begin to feel better. It is very interesting to ask how this sudden change is possible. It has to do with the reactions patterns, with the character of electrons."

Disturbance of mucus production leads to many diseases

In fact, several "modern" diseases are associated with a disturbance of mucus secretion. Our fat metabolisms effects mucus production. Nutrition to all "mucus-secreting" cells can be found in the epithelium tissue layer which surrounds the whole of the living organism as an outer and an inner surface of the body.



Our outer skin, as well as the inner entire gastrointestinal tract, oral cavity, esophagus, stomach, and intestines are surrounded by a layer of tissue called epithelium. What vital function does the epithelium preform? Very important indeed, as our epithelium tissue layer fulfills the important function for both secretion and absorption of nutrients from our food. If the very absorption of nutrients in our food is hindered it can only lead to many health problems.

Flaxseed oil also helps with pregnancy and childbirth

The epithelium that is superficial in the body contains many mucous glands. The epithelium is in the liver, lungs, and is also of great

importance in the cavities of the inner pelvis and in the female genital organs.

That makes sense now when you read how Dr. Budwig recommended flaxseed oil to those who wanted to become pregnant and for those who were pregnant to have an easier birth. The reason for this is that flaxseed oil increases mucus production in the body.

Flaxseed oil and cottage cheese/quark/ricotta solve the problem

Dr. Budwig's famous "Muesli" (flaxseed oil and cottage cheese or quark or ricotta) contain the important polyunsaturated fats. Flaxseed on its own is not enough to stimulate the proper mucus production.

It needs to be combined with the sulfureted proteins as found in cottage cheese, quark or ricotta. Your mucus production will be stimulated in a few hours.

Especially in the upper cavities of the body (nose, eyes, ears, and mouth), it may be noticed quickly. Bowel function is also normalized for most people, in a matter of days without the need for laxatives. In addition, if you suffer from joint damage and pain due to wear and tear of the cartilage, this is usually due to a lack of synovial fluid in the joints. Once again this is caused by a lack of polyunsaturated (cold pressed) fats that ensure that glands produce enough synovial fluid.



At the Budwig Center in harmony with the original Dr. Budwig protocol, we provide the Budwig muesli twice a day to our cancer patients. People who suffer from other chronic health conditions would benefit from consuming the muesli at least once a day. However, be careful as many websites when explaining how to make the Budwig muesli, make a number of mistakes, such as saying you can use kefir or yogurt.

 [Original Dr. Budwig muesli recipe and video](#)