

# Boron/Borax References

**This Document = Boron References**

<http://tinyurl.com/Boron-References>

Send your suggestions for improving these files to Grizz at the [Curezone](#)

**If you have trouble reading this file, install the [Google Chrome Browser](#).**

[Our new Website](#) Iodine References

**Disclaimer:** Always consult with your doctor when taking supplements or treating illness.

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**Boron Reacts with copper supplements, ”Boron:** Based on secondary sources, boron may increase plasma copper levels and serum ceruloplasmin in humans when coadministered with copper.” ( Take boron separate from any copper supplements)

[Herb and Supplement Interaction Checker](#) Check out all of your supplements for reactions.

## Where to get Borax for Internal Use

A natural source of Sodium Borate (Borax) that does not contain surfactants and detergents which are commonly found in commercial Borax products. Borax acts as an emulsifier, natural preservative and buffering agent for moisturizers, scrubs and bath salts. **Choose from 3 different sizes.**

[mountainroseherb](#)

## Why Boron/Borax?

It was not specified by Dr. Brownstein, yet many senior members of the Curezone Iodine forum suggest using it with iodine. Here are some of the reasons for Boron:

- Boron has a number of important functions that have only recently been discovered and have yet to be fully appreciated.
- Boron was shown to have reduced the incidence of prostate cancer development by 64%.
- Boron is vitally involved in bone metabolism, enhancing calcium, magnesium, Vitamin D
- Boron Inhibits enzymes that mediate the inflammatory cascade and are pertinent to therapies directed against inflammatory conditions. Such anti-inflammatory capabilities of boron are clearly pertinent to its anti-cancer effect.
- Boron mediates inflammatory conditions such as degenerative joint disease and osteoarthritis. PGE2 and leukotrienes have been implicated in causing problems with joint swelling, restricted joint motion, and other arthritic complaints. (cures arthritis pain )
- Boron appears to play a significant role in human brain function and cognitive performance, and that it is an essential nutrient.
- Non Toxic: Doses up to 18 mg of boron daily appear to be safe for adults even if taken for prolonged periods of time. Complete details here:

<http://www.health-science-spirit.com/borax.htm>

<http://nexusmagazine.co.nz/resources/1904borax.pdf>

[curezone.com/forums/fm.asp](http://curezone.com/forums/fm.asp)

How you Rot & Rust

Pig and rat studies go up to the equivalent of 300-2500 mg!

## Boron Discussion Groups

Dr. Kruse Boron [Discussion Group](#)

## Minerals for the Genetic Code :

"Boron is known as the calcium helper and for the metabolism of calcium, magnesium

and phosphorus. Boron improves retention of both calcium and magnesium and elevates circulation of serum concentrations of testosterone.

Boron works in the body toward brain function, activates vitamin D, promotes electrical brain activity, enhances memory, and promotes alertness. Signs of possible deficiency include ADD/ADHD, osteoporosis, arthritis, fatigue, decreased motor function, decreased short-term memory, decreased brain function, and increased loss of calcium and magnesium in the urine." <http://curezone.com/forums/fm.asp?i=2085455#i>

☆☆☆ I should add the reason this is relevant here is because Boron (-1) reacts with Fluorine, Bromine and Chlorine (-1) as per Dr. Orlee...NOTE: From other texts; Boron is best for neutralizing free floating Fluoride and Fluoride in Bones. It is actually the Boron in the Borax that is the active ingredient

<http://curezone.com/forums/fm.asp?i=1576871>

[How to Cheaply Obtain & Use Boron for Arthritis](#)

## Reasons for Boron:

fluoride detox, candida, fungus; internal, topical, pain; muscular, joints, itching; eyes, skin, eye infections, frequent urination, enuresis UTI, libido increase, activates vit D, regulate the magnesium / calcium metabolism, protection against radiation, As important for the parathyroid as [Iodine](#) is for the thyroid.

<http://www.health-science-spirit.com/borax.htm>

[Asthma is a magnesium Deficiency](#) Boron Helps with magnesium

## BORON for BETTER BONES

<http://www.huntlycentre.com.au/updates/posts/view/178>

### Benefits:"Boron - The Magical Mineral"

- Prevents arthritis: Boron is a successful treatment option for arthritis and in more than 95% of cases significant improvement was noticed by bringing about effective calcium integration into the cartilage and bone. With increase in age the bones might become weak and porous and boron can stem this deterioration effectively.
- Reduces severity of rheumatoid arthritis: Boron greatly reduces the allergic conditions that are typically associated with rheumatoid arthritis.
- Used for body building in males: Boron is able to enhance the testosterone levels in males and this quality is increasingly being made use of by male body builders and athletes. Though some weight lifters prefer to take boron supplements as it enhances the testosterone levels, making them sturdy, no concrete evidence is

available to drive home this point.

- Helps in bone building: The bone building capacities of boron are often ignored in favor of calcium. However, it is boron that works in unison with calcium to strengthen the bones. It plays a very important role in minimizing the risks of osteoporosis and arthritis. Boron helps in the metabolism of minerals that are involved in bone development such as calcium, magnesium and copper. Boron also affects the hormones of estrogen and testosterone that are also related to the overall health of the bones.
- Helps in production of estrogen: Boron might improve the production of estrogen in menopausal women, bringing back their sex drive within a few days of treatment. Boron increases the level of natural sex hormones in the body, thereby reducing the need for Hormone replacement therapy.
- Ensures proper embryonic development: Boron is essential in reproduction and development of fetus though not much information is available in this regard.
- Prevents post menopausal osteoporosis: Boron can ease the symptoms such as hot flashes and night sweats that are typically associated with menopause.
- Useful in cancer therapy: Boron neutron capture agents are used for cancer therapy and in the development of strong enzyme inhibitors. Boron compounds are also used as antibody mimics that can easily identify biologically important saccharides.
- Helps to maintain proper cell membrane function: Boron plays an important role in maintaining transmembrane functions and in stabilizing the hormone reception.
- Helps in preventing blood clots: It is believed that boron can influence some of the blood clotting factors in the body. However, more studies need to be done to authenticate this finding.
- Reduces congestive heart failure conditions: Boron can significantly alleviate the difficulties caused by congestive heart failure conditions.
- Lowers plasma lipid levels: Boron helps to reduce lipid accumulation and enables in the removal of cholesterol.
- Decreases the severity of fungal infections: Boron protects the body from a host of parasitic attacks such as Candida Albicans.
- Improves brain function and cognitive performance: Studies have shown that boron can enhance brain function, eye-hand coordination, short memory and concentration.
- It serves as enzyme inhibitors: Boron might inhibit some enzymes while serving as a cofactor for yet another enzymatic reaction. Details here:

<http://justmeint1health.wordpress.com/2012/07/03/boron-a-magical-mineral/>

## **[Health Benefits of Boron](#)**

## [Boron for Dummies](#)

### Boron Cures Insomnia:

01/16/2011: Sheryl from Lawrenceville, Ga. Usa replies: "I have had insomnia for years. I have tried everything... Calcium supplements, melatonin, ambien, benedryl and much more. **The ONLY thing that has helped has been Borax**, taken as suggested by Ted. I started it for other reasons, but the most amazing thing happened. I slept well for the first time in many years. Give it a try... To all the nay sayers, Borax is only a mineral folks! I have had so many people scared of it, thinking it will harm you. I can testify that I have never felt better! Thanks for this website!"

[http://www.earthclinic.com/CURES/insomnia\\_questions.html#Question\\_1191](http://www.earthclinic.com/CURES/insomnia_questions.html#Question_1191)

### Additional applications for Borax

Wonderful for use in the [laundry](#), fight odors

- **Protect's you from Fluorides.** Borax protects against the accumulation of fluorides in the body; is effective as an antidote in fluoride toxicity; and can remove fluorides from the body. (1,2,3,4,5)
- **Anti-microbial.** Borax is toxic to insects, parasites, protozoa and bacteria.
- **Fungicide.** Effective against moulds and fungi, internally and externally.
- **Hormone normaliser.** Stimulates the production of hormones.
- **As an Immune system enhancer.**
- **Reduction and control of inflammation.**
- **Aphrodisiac** for [men](#) and women. See [low libido](#).
- **Toxin removal.** Powerful chelator of [heavy metals](#). (8)
- **Stabiliser of calcium, copper and magnesium levels,** inhibits [calcification](#).
- Improves attention, both short and long term memory, perception, hand-eye coordination, and manual dexterity.
- More here: [Borox Remedies](#)

[Borax for Potty Training](#)

[Borax for killing ants](#)

[Cures Morgellons](#)

Boron is an essential mineral in stabilizing calcium and magnesium components in the blood. Its anti cancer properties of boron or borax owes it to the fact it can kill fungus, reduce mycotoxins and which is really the cause behind cancer, arthritis, candida, and polycystic ovarian syndrome.

<http://forum.alchemyforums.com/showthread.php?1555-Pineal-Gland-Maintenance-Borax-amp-Iodine>

## **Borax Mineral Detox for Aches, Pains and Arthritis**

For those suffering from chronic back pain, hip replacement trauma and Arthritic pain and inflammation, this formula will work wonders.

<http://www.askdrgarland.com/?p=627>

## **BORON: ESSENTIAL FOR SUSTAINABLE HEALTHY BONES AND JOINTS**

**Dr. Newnham**

<http://www.rexnewnhamarthritiseducation.com/paper.asp>

## **BORON THE NEGLECTED ELEMENT IS ESSENTIAL FOR SUSTAINABLE HEALTHY BONES AND JOINTS**

### **Six things you can do with borax**

1. Cure bacterial and fungus infections
2. Combat mold
3. rheumatoid arthritis and fibromyalgia
4. Shampoo your hair
5. Control insects
6. Treat hair loss

<http://eco.allpurposeguru.com/2012/08/six-things-you-can-do-with-borax/#.UfgBTdLMA3I>

### **Cures Dog Mange (Same as Scabies in humans)**

Let me be the one to tell you that this stuff actually is working.

<http://www.dog-health-guide.org/home-remedy-for-my-puppy-with-mange.html>

### **Borax Kills Skin Lice such as Scabies**

Google **Borax Scabies**

[Topix Borax - Scabies Discussion Group](#)

### **Boron for Erectile Dysfunction**

“Boron is one of the most potent natural treatments for erectile dysfunction you’ll ever come across. This mineral regulates the metabolism of steroid hormones, especially your sex hormones. It definitely raises your libido and contains some unique “Viagra like” properties that benefit both men and women. For men in particular, boron safely increases testosterone levels and brings them back up to their peak. This is absolutely crucial for all impotence sufferers because a low testosterone count is a major cause of this disorder.” -

See more at:

<http://www.life-saving-naturalcures-and-naturalremedies.com/home-remedies-for-erectile-dysfunction.html>

## Boron Testimonials

<http://www.earthclinic.com/Remedies/borax.html>

This seems to be a major website for the Boron Supplement testimonials. Do a search of Boron or Borax for additional wealth of testimonial information:

<http://www.earthclinic.com/remedies.html>

Hip pain and joint pain for 3 years gone in 1 week

<http://www.curezone.org/forums/fm.asp?i=2315523#i>

I had severe pain and cracking in all joints; the worst were feet and left hand finger joints and neck joint, pain in all my joints is gone in 11 days. Life is now a joy.

<http://www.curezone.org/forums/fm.asp?i=2268451#i>

Then I had the idea to take it right before bed and that worked out really well. It feels like it's relaxing my whole body at a deep level so I'm suspecting fluoride detox.

<http://www.curezone.org/forums/fm.asp?i=2172431#i>

One arthritis case had reduced pain (50% or something) but it did nothing for her hips where the cartilage was completely gone, she needed a hip replacement. But she still take borax as it helps with the muscular pains (fibromyalgia-ish).

<http://www.curezone.org/forums/fm.asp?i=2172428#i>

My toes cracked quite a bit especially first thing when I woke up. Lately haven't heard them cracking. I started off with 3 mg but now up to 18 mg a day. That is 6 tri boron caps...3 in the morning and 3 at night.

<http://www.curezone.org/forums/fm.asp?i=2172727#i>

I have healed a chronic sore thumb (metacarpal bone) that felt like a fracture that had failed to heal, the thumb is now strong and pain-free. I also found that my knee pains were reduced. I just mixed 5-6 grams in a liter of pure water, and took about 15 ml of that (daily).

<http://www.curezone.org/forums/fm.asp?i=2172952#i>

Boron works. I have suffered from severe knee pain for several months, especially when going downstairs. After taking Ionic Boron have felt significant relief. Previously, I have been taking Glucosamine, Chondroitin, Bromelain, Turmeric with little effects. Boron worked the best and fast.

<http://www.curezone.org/forums/fm.asp?i=2258242#i>

Many more exciting testimonials in this message thread:

Did I miss anything? - Grizz at the [Curezone](http://www.curezone.org)

## **Additional Research**

Our Website

<https://sites.google.com/site/iodinereferenes/home>

Master Index to Iodine Resources

<http://tinyurl.com/iodine-index>

Vitamin D3 Report

<http://tinyurl.com/Vitamin-D-Report>

Rejuvenate Your Septic Field, Save \$30,000

Also How to prevent future clogged up septic fields

<http://tinyurl.com/Septic-Solutions>

Adding Solar Power

2 Projects explained - Powering a 100 mile Parmak RM-1 Electric Fencer 24/7, and powering a well pump. [Complete Solar details with photos here](#)

End - [Go back to Iodine References](#)

Grizz