

**Recurrent or chronic sinusitis/otitis media**

Serralase™ 4 tablets bid fasting x 30 days

Lactoferrin 500 mg bid x 30 days

Nattokinase 100 mg bid x 30 days

Topical InterFase® 6.25 mg/mL (500 mg in 80 mL NS) lavage as needed

High potency, multispecies probiotic (Ther-Biotic® Complete) 200 billion CFU/d to support mucosal immunity

Appropriate antimicrobials