Recurrent or chronic sinusitis/otitis media

Serralase™ 4 tablets bid fasting x 30 days
Lactoferrin 500 mg bid x 30 days
Nattokinase 100 mg bid x 30 days
Topical InterFase® 6.25 mg/mL (500 mg in 80 mL NS) lavage as needed
High potency, multispecies probiotic (Ther-Biotic® Complete) 200 billion CFU/d to support mucosal immunity
Appropriate antimicrobials