

Glutathione & Bicarbonate Nebulization

Posted by **Dr Sircus** on **December 9, 2010** / Filed under **Glutathione, Medicine, Sodium Bicarbonate (Baking Soda)**

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DL 10/25/2015
Excellent summary

The other day I published a series of testimonies for [Natural Allopathic Medicine](#)... but one of the most important ones that I meant to stress fell through the cracks and was not published.

Dear Dr. Sircus,

May I tell you that I have been **nebulizing the glutathione with baking soda for my chronic bronchitis** (I ordered the capsules) as mentioned in your [Natural Allopathic E-book](#)... I was astounded the first time I used it. I didn't have any problems with coughing up a lot of mucus for a whole 24 hours. I am a massage therapist and this is very disconcerting. Thankfully I know all of my clients quite well and they understand my problem. I had a lot less discharge over the next few days after that. Today is good too. I took a couple of capsules orally. I will nebulize again later. I ordered the Glutathione from Dr. Brownstein also. He had the compounding pharmacy mix it up for me. The capsules with the baking soda seem to work best. I can't tell you how many things I have tried and nothing has worked this well. Next I will try the clay to detox and cleanse my colon.

N. Goodfellow

Reduced L-Glutathione Plus, which you can order at:

<http://www.theranaturals.com/products.html>

Dissolve 1/2 capsule of the glutathione in 10 milliliters of distilled water for the first treatment. This product already has sodium bicarbonate in it so you don't need to add more. **If you feel fine with the first application then increase the dosage for 1 capsule of glutathione for 10 milliliters of water and build it up to a maximum of 2 capsules.** Please notice that this is a reasonably new treatment and **dosages for each patient should be found by sensitive application and starting with minimum dosages and building quickly, especially if the situation is urgent.** Be sensitive to the recipient's feelings and reactions (if any) during and after each application. Dosages should be adjusted downward obviously for young children and infants. **Suggested are 2 or 3 treatments a day.**

In the second edition of *Transdermal Magnesium Therapy* (now in production) I wrote: Sometimes very sick people or even animals with a lung ailment do better when taking drugs by nebulization as opposed to orally, **because then the embattled system doesn't need to go through breaking down the medications in the stomach and then delivering them to the lungs through the blood stream. With nebulization medicines get sprayed directly onto the lung tissues where they can most easily be absorbed locally by the lung and brachial cells.**

Dr. Shallenberger says, "A nebulizer is able to convert a liquid into **tiny bubbles that are so tiny that they can only be seen under a microscope. When these bubbles come out of the nebulizer, they are so small that they look just like smoke.** And that's the magic of a nebulizer. **The bubbles are so small that they can be inhaled deep down into the deepest regions of the lungs without any discomfort or irritation.** It's a great way for asthmatics to get the medication they need to open up their lungs."

Few practitioners consider the systemic effects of nebulizers. When we hear from patients using nebulizers with pharmaceuticals that it makes them feel the side effects just as badly as when the doctors were giving the same drug intravenously in the hospital, we are actually hearing that **the medicines are not only being delivered to the lungs but also being delivered directly into the blood stream and systemically into the rest of the body.**

This is important to appreciate because **it opens a wonderful delivery system** that is important for certain populations like infants, children, intensive care patients and to all those who are trying to care for themselves or loved ones at home. And that's **when Dr. Shallenberger thought, "Why not use the nebulizer delivery system to deliver treatments not just to the lungs but to the whole body?"**

Most of the published research about nebulization is on standard usages like **asthma but this delivery system can be used to treat lung cancer, pneumonia, tuberculosis, as well as the influenza, chemical poisoning, and actually any syndrome requiring the administration of a medicinal**. For pediatricians and parents nebulizers are a God send because our babies cannot pop pills and we don't really want to be sticking needles in them every day. **Transdermal medicine** offers the most to the world of pediatrics with the administration of medicines **through their baths and their breathing**.

The great strength of nebulizers though is their **capability of delivering medications and moisture directly to the tracheobronchial tree**. **Contrary to other treatment options, higher concentrations in respiratory secretions can be achieved with aerosol therapy**. With the use of this localized delivery system effective antimicrobials can have a **direct effect on surface organisms in the bronchial system**.

Learn how to treat yourself and your loved ones safely at home with my protocol

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- 1) Nebulization **thins secretions & mucus** making it easier to expel pulmonary secretions
- 2) Nebulization makes **coughing easier while lessening the need to cough**
- 3) Nebulization keeps your windpipe & trachea lining and stoma moist & healthy
- 4) Nebulization moistens the air that goes into your lungs
- 5) Nebulization hydrates & moisturizes your nasal passages, mouth and throat
- 6) Most important-delivers meds in a direct manner with easy and safe absorption**

Nebulizers are good for young children, people who have trouble using metered dose inhalers, and people who have severe asthma. Within 10 to 15 minutes, the medication is used up and symptoms are gone, or prevented for six to eight hours. **Even babies can breathe the mist and nebulizer treatments** are fast becoming pediatrician-approved alternatives to over-prescribed antibiotics.

This material is in my magnesium book because **high grade magnesium oils can also be nebulized directly into the lungs**. Iodine as well is easily nebulized though extra care needs to be taken with iodine **which is taken in almost instantly because of its high evaporation rate**.

**! careful w
glutathione in
asthmatics**

Special Note: Some research has found that inhaling glutathione in mildly asthmatic people **may cause bronchospasm due to sulfite formation**. The connection to good glutathione levels is crucial in asthma, but needs to be weighed against the risk of bronchospasm when inhaled. Caution must be used at all times and **glutathione levels may be more safely raised in asthmatic people by oral or other means**. Proper medical supervision is advised at all times when asthma is a risk so as not to cause undue stress on this very sensitive bronchial tissue.

Reference: ajrcm.atsjournals.org/cgi/content/full/156/2/425

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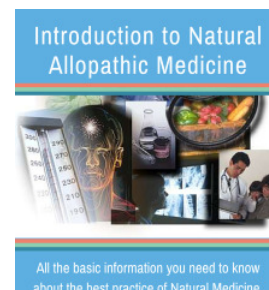


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Dr. Mark Sircus

If you

need to improve one's health or recover from a serious disorder learn how to treat yourself and your loved ones safely at home. We offer a FREE introductory guide to Natural Allopathic Basics which outlines a simple to follow protocol that you can use inexpensively and safely at home.

For more advanced and detailed presentation we offer Treatment Essentials, which has all the information for you to practice Natural Allopathic Medicine, including the important chapter on dosages.

For questions pertaining to your own personal health issues or for specific dosing of Dr. Sircus's protocol items please seek a consultation. Please visit our knowledge base to see if your question may have been answered previously.

Comments:

67 Comments

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Steve • 18 days ago

Can glutathione be nebulized along with iodine? or do they chemically react or in some other way not work when mixed together in nebulizer cup?

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Steve → Steve • 18 days ago

Also, what about the addition of a drop or two of essential oil?

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dw • 4 months ago

Can u do it for better oxygen? I live in very puluted city

^ | ▾ • Reply • Share ▾



Claudia French Mod → dw • 4 months ago

Dr Sircus recommends using EWOT and detox baths as good .ways to increase Your O 2
See his protocols at

<http://drsircus.com/medicine/t...>

Claudia French
IMVA

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Greg • 10 months ago

I have heard that the glutathione molecule is too big to enter the cell from the bloodstream. It is said that it can only be made in the cell by precursors. What is Dr. Sircus' take on this?

^ | ▾ • Reply • Share ▾



Claudia French Mod → Greg • 10 months ago

I posed your question to Dr. Sircus and he replied:

"some very strong people would disagree and so would I"

.Claudia French
IMVA

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Luciano • a year ago

But in Brazil, we havent these product by Theranaturals (Reduced L-Glutathione Plus). What another product we can use?

^ | ▾ • Reply • Share ▾



Bob O • a year ago

Just a suggestion. Have you ever tried delivery via a Personal Vaporizer? These devices are typically used as a smoking cessation aid. Called "Vaping", these devices vaporize flavored liquids mixed in Vegetable Glycerin (VG) to produce a vapor - in the case of smoking cessation, liquid nicotine is added. This could be a more convenient and portable option for your patients as the devices are quite cheap and relatively small. I experimented - adding sodium bicarbonate to VG and it produced a thick vapor. Hope this suggestion helps.

^ | ▾ • Reply • Share ▾



Brian White • 2 years ago

I just found out that I have scarring in half of the upper lobe of one lung that was unknown to me, maybe a past infection. It was discovered on my CAT scan. I breathe fine but would like to know if nebulizing the glutathione/baking soda combination would be the best thing to help my body heal the scarring?

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Maurice Guggisberg Mod → Brian White • 2 years ago

