

HAIR GROWTH PILLS

The Free Guide To Vitamins For Growing Hair (<http://www.hairgrowthpills.com/>)

Tag: Aspirin

(<http://www.hairgrowthpills.com/how-cure-dandruff/>)

HOW TO CURE DANDRUFF (CAUSES, CURES, TREATMENTS) ([HTTP://WWW.HAIRGROWTHPILLS.COM/HOW-CURE-DANDRUFF/](http://www.hairgrowthpills.com/how-cure-dandruff/))

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([Http://www.hairgrowthpills.com/how-cure-dandruff/](http://www.hairgrowthpills.com/how-cure-dandruff/)) |



Want to know how to get rid of dandruff fast? Looking for answers on how to cure dandruff in all of its forms and in all degrees of severity? Then this is the guide for you.

Here at **Hair Growth Pills** we tend to focus on hair growth and hair loss. It is in our name after all. But we also get a lot of questions regarding other hair problems, so we've decided to branch out a little. And it's not like these issues are mutually exclusive. Dandruff is caused by your hair and your scalp not being in the best condition, and when that happens you are leaving yourself vulnerable to hair loss and other problems.

A healthier scalp means healthier hair, and healthier hair means no dandruff, no hair loss and few problems. Makes sense, right? So, let's keep that in mind as we show you how to cure dandruff fast and effectively.

Is is Dandruff?

Before you ask how to cure dandruff, you should know for certain that it *is* dandruff. There is a chance that it could be nits, also known as lice eggs. To double check this and make sure that it definitely is dandruff and not the more ominous lice eggs, check with our Lice or Dandruff (<http://www.hairgrowthpills.com/lice-or-dandruff/>) article.

Once you have confirmed that it definitely is dandruff and breathed a deep sigh of relief, then you can continue. The treatments below can all help you to cure dandruff. Just bear in mind that these treatments are designed to help adults and while they might be able to help children and pets, we can't confirm if they are safe to be used for that purpose.

How to Cure Dandruff with Apple Cider Vinegar

This is an all-round treatment that can help with many different things and has been hailed as a miracle substance as a result. In our Apple Cider Vinegar for Hair Loss (<http://www.hairgrowthpills.com/apple-cider-vinegar/>) page we discussed the proposed benefits of this substance where hair loss and had growth was concerned. On this page we also mentioned that **while there is a chance it may be able to help with hair growth, it can almost certainly help with dandruff.**

There are many positives to using apple cider vinegar for dandruff. Firstly, it's very cheap and abundantly available. Secondly, it's not toxic and completely safe to consume and to apply direct to your skin. Thirdly, you can get as many benefits from applying it directly as you can from consuming a few spoonfuls of it every day.

Personally, we do not believe that it is a miracle substance and that you can transform your life by ingesting a spoonful or two every day. But we do buy into the fact that it can help with a host of skin problems and that it may be able to help with a number of other issues.

Can Aspirin Cure Dandruff?



You may have heard that this common painkiller can cure dandruff. We have heard this a lot ourselves and it seems to be true. It sounds like one of those crazy treatments that someone clearly pulled from nowhere, but it makes sense once you look into it.

That's because the main ingredient in aspirin, salicylic acid, is also the main ingredient in many medicated shampoos. These shampoos contain other ingredients, fragrances and more, which allows them to bulk up the price and to justify it, to an extent. But many of them rely almost entirely on this ingredient to provide the benefits that they claim.

So, by using aspirin for dandruff treatment you are effectively eliminating all of those expensive ingredients, skipping the overpriced shampoo and using a cheap active ingredient instead.

Just crush a couple aspirin tablets down to a fine powder, add it to a shampoo (a normal shampoo is fine) and then apply. Keep it in your hair for a couple minutes, wash out and you should notice almost immediate results.

How to Cure Dandruff with Essential Oils

We have discussed the benefits of essential oils (<http://www.hairgrowthpills.com/essential-oils-hair-growth/>) before on this site. In the linked article you will notice that we mentioned everything from lavender oil to cedarwood oil. These probably won't do you any favors with regards to **dandruff, but there are others that will, including tea tree oil.**

You have probably used shampoos and body washes that contain this essential oil, as beauty brands like to use it. It feels refreshing on your skin and hair and it has that "clean" feel that shampoo and body washes aim for. If research is to be believed then it can also work wonders on dandruff.

You just need to add a few drops of this essential oil to a simple shampoo and then make sure that you use it on a regular basis. And like all essential oils, you don't need a lot of it to get positive effects. In fact, **many of the positive studies of tea tree oil used just 5% to 10% solutions.** This basically means that one small bottle will go a very long way and could be one of the cheapest dandruff treatments you have ever used.

If you want to know how to cure dandruff cheaply then this could be the answer. Just make sure that you avoid using too much as it can damage your skin and scalp in higher concentrations.

How to Cure Dandruff with Baking Soda



Want to know how to cure dandruff with something cheap and safe already in your home? There's a good chance you have aspirin, but there is also a good chance you're not that keen on using it on your head (we don't blame you). However, it is not the only substance that can work wonders and can be found in most homes, as baking soda also ticks that box.

Like apple cider vinegar, this has been labelled as a miracle substance by countless "experts". Some of the reports are all hard to believe, but when it comes to dandruff the science seems to back it up.

You just need to massage a little powder into your scalp and it will work to balance acidity, kill fungus and soothe itches.

That pretty much closes the question of how to cure dandruff cheaply. We would cover the more expensive stuff, but really, there is no need. The expensive shampoos out there basically do the same things as the ingredients we have covered already. In many cases, those shampoos are just as effective, but you also pay considerably more for them, and there's just no need to fork out all of that cash.

