

# Aldosterone synthase

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**Aldosterone synthase** is a steroid [hydroxylase](#) [cytochrome P450](#) enzyme involved in the biosynthesis of the mineralocorticoid [aldosterone](#). It is a protein which is only expressed in the [zona glomerulosa](#)<sup>[1]</sup> of the [adrenal cortex](#) and is primarily regulated by the [renin-angiotensin system](#).<sup>[2]</sup> It is the sole enzyme capable of synthesizing aldosterone in humans and plays an important role in [electrolyte](#) balance and [blood pressure](#).<sup>[3]</sup>

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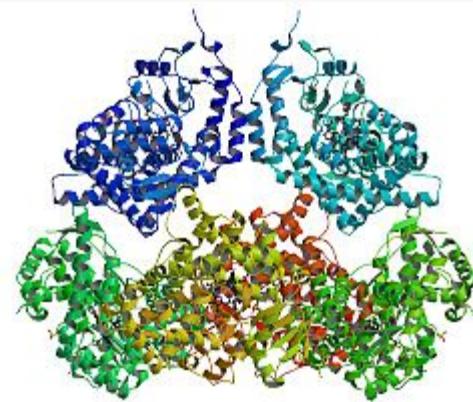
## Genetics [edit]

Aldosterone synthase is encoded on [chromosome](#) 8q22<sup>[1]</sup> by the CYP11B2 gene.<sup>[1]</sup> The gene contains 9 exons and spans roughly 7000 base pairs of DNA.<sup>[1]</sup> CYP11B2 is closely related with [CYP11B1](#). The two genes show 93% [homology](#) to each other and are both encoded on the same chromosome.<sup>[4]</sup> Research has shown that calcium ions act as a [transcription factor](#) for CYP11B2 through well defined interactions at the 5'-flanking region of CYP11B2.<sup>[1]</sup>

Aldosterone synthase is a member of the cytochrome P450 superfamily of enzymes.<sup>[5]</sup> The cytochrome P450 proteins are [monooxygenases](#) that catalyze many reactions involved in drug metabolism and synthesis of [cholesterol](#), [steroids](#), and other [lipids](#).

## Function [edit]

Aldosterone, when present, binds to intracellular mineralocorticoid receptors which can then bind



**CYP11B2**

**Available structures**

<b>PDB</b>	Human UniProt search: <a href="#">PDB</a> <a href="#">RCSB</a>
	<a href="#">List of PDB id codes</a> <span style="float: right;"><a href="#">[show]</a></span>

**Identifiers**

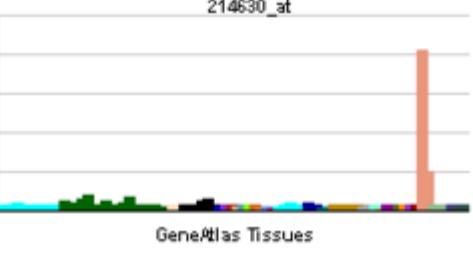
<b>Aliases</b>	CYP11B2, ALDOS, CPN2, CYP11B, CYP11BL, CYPXIB2, P-450C18, P450C18, P450aldo, cytochrome P450 family 11 subfamily B member 2
<b>External IDs</b>	<a href="#">MGI: 88583</a> <a href="#">HomoloGene: 106948</a> <a href="#">GeneCards: 1585</a>
<b>EC number</b>	1.14.15.4

**Gene ontology** [\[show\]](#)

**RNA expression pattern**

214630\_at



GeneAtlas Tissues

[More reference expression data](#)

**Orthologs**

<b>Species</b>	<b>Human</b>	<b>Mouse</b>
<b>Entrez</b>		

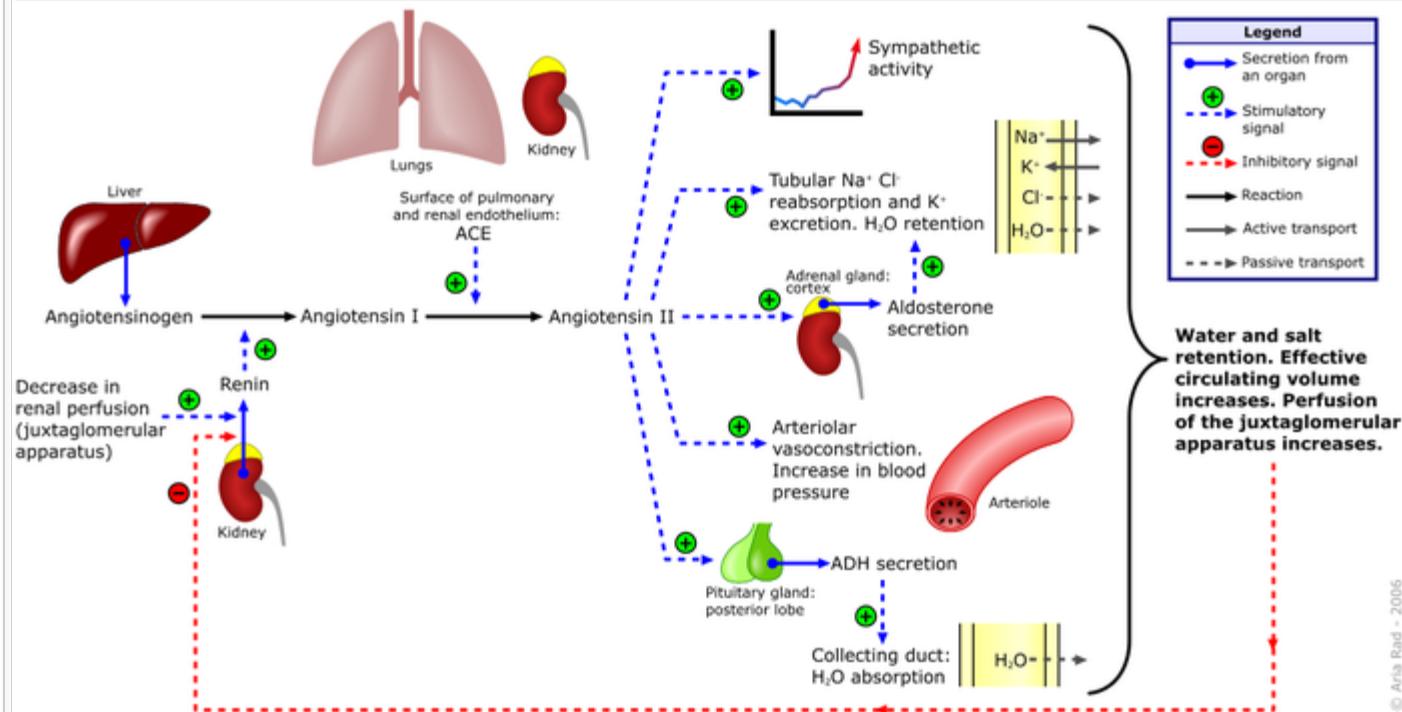
[https://en.wikipedia.org/wiki/Aldosterone\\_synthase](https://en.wikipedia.org/wiki/Aldosterone_synthase) [7/5/2016 9:20:34 PM]

to DNA and influence transcription of genes encoding serum and glucocorticoid induced kinase, SGK. Serum and glucocorticoid induced kinase (SGK) can phosphorylate a ubiquitin ligase (NEED4) which inactivates its ability to remove and degrade sodium channels from apical membranes.<sup>[6]</sup> Aldosterone activity is primarily regulated by the [renin-angiotensin system](#) and shows a diurnal rhythm of secretion.<sup>[2]</sup>

**Adrenocorticotrophic hormone** is also assumed to play a role in the regulation of aldosterone synthase likely through stimulating the synthesis of [11-deoxycorticosterone](#) which is the initial substrate of the enzymatic action in aldosterone synthase.<sup>[7]</sup>

	1585	110115
<b>Ensembl</b>	ENSG00000179142	ENSMUSG00000075604
<b>UniProt</b>	P19099	n/a
<b>RefSeq (mRNA)</b>	NM_000498	NM_001033229
<b>RefSeq (protein)</b>	NP_000489.3	n/a
<b>Location (UCSC)</b>	Chr 8: 142.91 – 142.92 Mb	Chr 15: 74.83 – 74.84 Mb
<b>PubMed</b>	[1]	[2]

## Renin-angiotensin-aldosterone system

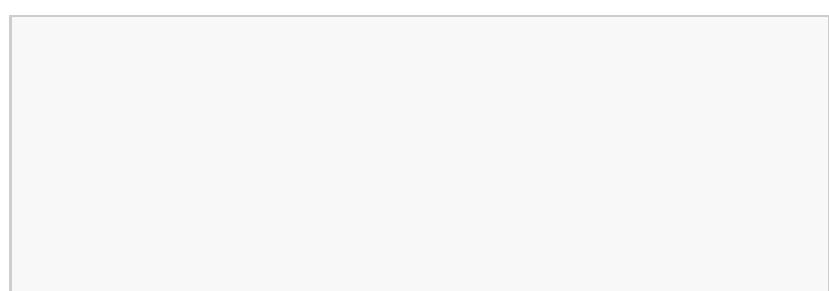
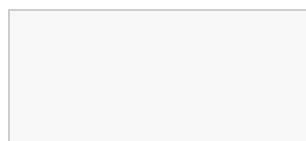


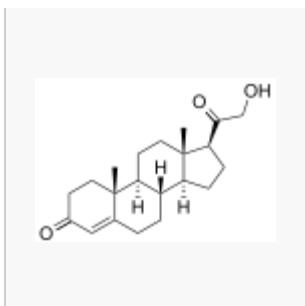
Renin-angiotensin system schematic showing aldosterone activity on the right

Aldosterone can be inhibited by antialdosteronic drugs such as [spironolactone](#) and [eplerenone](#). In the chance that aldosterone activity is too high to be metabolically beneficial salt and fluid build up can occur which may stiffen the heart muscle increasing the risk of cardiovascular malfunction.<sup>[8]</sup>

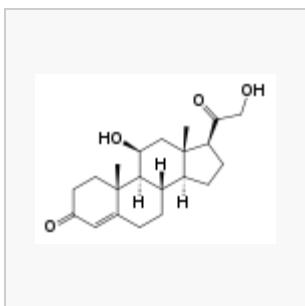
## Metabolism [edit]

Aldosterone synthase converts **11-deoxycorticosterone** to **corticosterone**, to **18-hydroxycorticosterone**, and finally to **aldosterone**:

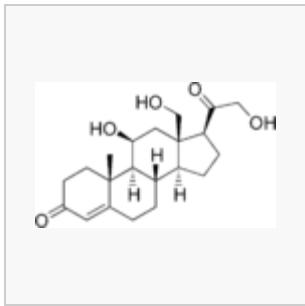




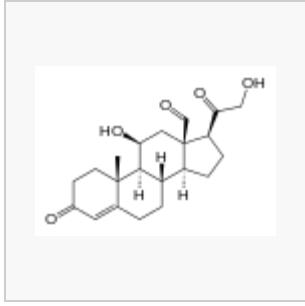
**11-Deoxycorticosterone**



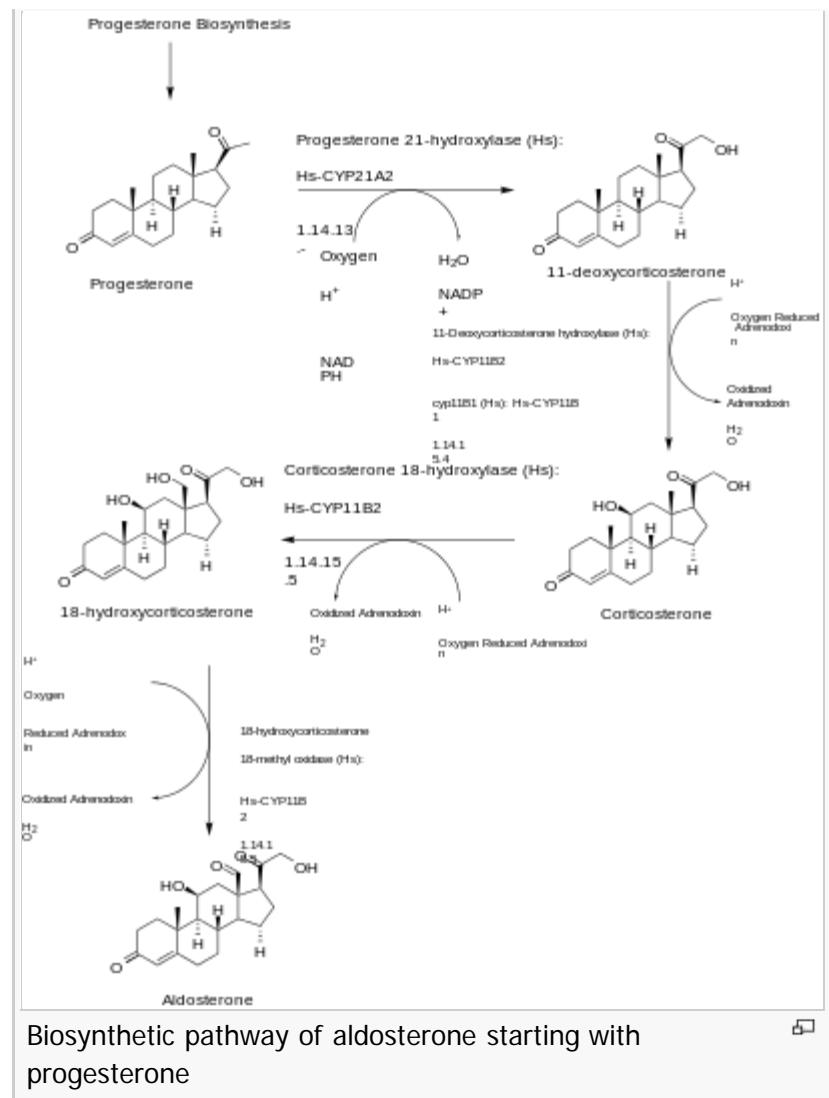
**Corticosterone**



**18-hydroxycorticosterone**



**Aldosterone**



Biosynthetic pathway of aldosterone starting with progesterone

In human metabolism the biosynthesis of aldosterone largely depends on the metabolism of **cholesterol**. **Cholesterol** is metabolized in what is known as the early pathway of aldosterone synthesis<sup>[9]</sup> and is hydroxylated becoming (20R,22R)-dihydroxycholesterol which is then metabolized as a direct precursor to **pregnenolone**. **Pregnenolone** can then follow one of two pathways which involve the metabolism of **progesterone** or the **testosterone** and **estradiol** biosynthesis. Aldosterone is synthesized by following the metabolism of **progesterone**.

In the potential case where aldosterone synthase is not metabolically active the body accumulates [11-deoxycorticosterone](#). This increases salt retention leading to increased [hypertension](#).<sup>[10]</sup>

## Methyl oxidase deficiency [\[edit\]](#)

Lack of metabolically active aldosterone synthase leads to corticosterone methyl oxidase deficiency type I and II. The deficiency is characterized clinically by salt-wasting, failure to thrive, and growth retardation.<sup>[11]</sup> The in-active proteins are caused by the autosomal recessive inheritance of defective CYP11B2 genes in which genetic mutations destroy the enzymatic activity of aldosterone synthase.<sup>[11]</sup> Deficient aldosterone synthase activity results in impaired biosynthesis of [aldosterone](#) while [corticosterone](#) in the [zona glomerulosa](#) is excessively produced in both corticosterone methyl oxidase deficiency type I and II. The corticosterone methyl oxidase deficiencies both share this effect however type I causes an overall deficiency of 18-hydroxycorticosterone while type II overproduces it.<sup>[11]</sup>

## Enzymatic inhibition [\[edit\]](#)

Inhibition of aldosterone synthase is currently being investigated as a medical treatment for [hypertension](#), [heart failure](#), and [renal disorders](#).<sup>[12]</sup> Deactivation of enzymatic activity reduces aldosterone concentrations in plasma and tissues which decreases [mineralocorticoid receptor](#)-dependent and independent effects in cardiac vascular and renal target organs.<sup>[12]</sup> Inhibition has shown to decrease plasma and urinary aldosterone concentrations by 70 - 80%, rapid [hypokalaemia](#) correction, moderate decrease of blood pressure, and an increase plasma [renin](#) activity in patients who are on a low-sodium diet.<sup>[12]</sup> Ongoing medical research is focusing on the synthesis of second-generation aldosterone synthase inhibitors to create an ideally selective inhibitor as the current, orally delivered, LCI699 has shown to be non-specific to aldosterone synthase.<sup>[12]</sup>

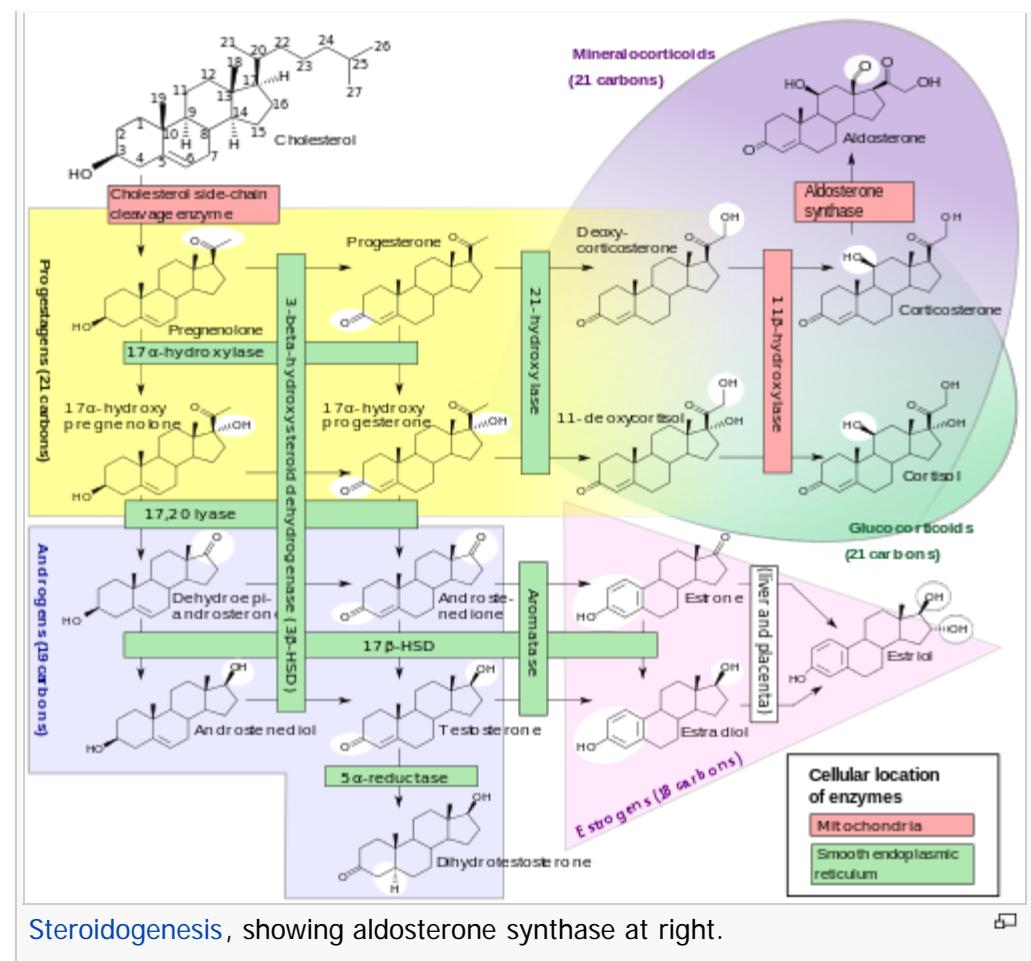
## See also [\[edit\]](#)

- [Hypoaldosteronism](#)
- [Glucocorticoid remediable aldosteronism](#)

## Additional images [\[edit\]](#)

## References [\[edit\]](#)

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## External links [edit]

- Aldosterone synthase at the US National Library of Medicine Medical Subject Headings (MeSH)

V · T · E ·	<b>Oxidoreductases: dioxygenases, including steroid hydroxylases (EC 1.14)</b>	[show]
V · T · E ·	<b>Metabolism: lipid metabolism – ketones/cholesterol synthesis enzymes/steroid metabolism</b>	[show]
V · T · E ·	<b>Cytochromes, oxygenases: cytochrome P450 (EC 1.14)</b>	[show]
V · T · E ·	<b>Mitochondrial proteins</b>	[show]
V · T · E ·	<b>Steroid hormone metabolism modulators</b>	[show]

Category:Cytochrome P450

Categories: Genes on human chromosome 8