

Table 2. Summary of the important urinary parameter changes in the reviewed articles (U—urine, N/A—not available). Changes are significant unless otherwise stated with NS (Non Significant).

	U-pH	U-Citrate	U-Potassium	U-Oxalate	U-Calcium	CaOx Crystallization Risk
Baia [13] - Melon - Orange - Lime	Increase Increase NS change	Increase Increase Increase	NS Increase Increase NS change	Not measured (N/A)	N/A	N/A
Hönow [14] - Grapefruit - Orange - Apple	NS Increase Increase Increase	Increase Increase Increase	Increase Increase Increase	NS Increase NS Increase NS Increase	Decrease Decrease NS decrease	Decrease NS Decrease NS Decrease
Odvinā [15] - Lemonade - Orange	NS change Increase	NS Increase Increase	NS change Increase	No Significant Change Increase	NS Decrease NS Decrease	NS Decrease Decrease
Seltzer [16] - Lemonade	Not Measured	Increase	N/A	NS change	NS Decrease	N/A
Wabner [17] - Orange	Increase	Increase	Increase	Increase	NS Decrease	NS Change
Large [18] - Commercial Orange and Lemonade Juices	Increase	Increase	NS Increase for Orange Juice No Change for Lemonade	NS Increase for Orange Juice No Change for Lemonade	NS changes	N/A
Goldfarb [19] - Grapefruit	NS Increase	Increase	Increase	Increase	NS Decrease	No Change
Trinchieri [20] - Grapefruit	NS Decrease	Increase	NS Decrease	NS Increase	NS Increase	No Change