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# Recommended Treatment for an Acute Urinary Tract Infection?

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## Question

What is your recommended treatment for an acute urinary tract infection, burning on micturition, urgency, frequency and feverish? Up all night getting up almost hourly. I know that Dr. Jonathan Wright has recommended using d-mannose, which I have been taking, **2 grams every two hours while awake.**

## Answer

Different anti-infective agents and immune products work in different individuals and on different infections.

**Dr. Wright's D-Mannose protocol often works with E. coli UTI infections at the rate of about 1/2 teaspoon in 4 to 6 ounces of water every 1 to 2 waking hours.** You can always **add some strong anti-pathogen product such as Oregacillin or OregaResp from North American Herb and Spice at one per meal, or Meso Silver brand of true colloidal silver at a minimum of 1/2 ounce 4x/day or BioCidin drops at 10 drops 3x/day.**

In addition you could also add an anti-infective **immune stimulant herb** such as Echinacea tincture from either Herb Pharm or Herbalist and Alchemist at **1 teaspoon 3 or 4x/day or else Andrographis tincture** from Herbalist and Alchemist at

the recommended dose on their label.

Just as a physician might not pick the right antibiotic the first time, natural products also do not always work, but I find that they work as often or more often than the Rx antibiotics if the right brands at the proper doses are used.

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