

About My Guest

My guest for this episode is Dr. Diana Driscoll. Diana Driscoll, OD is an optometrist who became passionate about helping those with complex health conditions as a result of her own health challenges with POTS, Ehlers-Danlos Syndrome, and ME/CFS. Today, she is recovered, as are her two children, and is the Clinical Director of POTS Care in Colleyville, TX. She is president of Genetic Disease Investigators, LLC. Her husband Richard is also a doctor and together they have worked to find answers to POTS using unique ocular testing. They are intimately familiar with POTS, chronic fatigue, brain fog, immune system decline, gastroparesis, temperature dysregulation, interstitial cystitis, and more. She offers hope for those dealing with POTS, Dysautonomia, Ehlers-Danlos Syndrome, MCAS, Chronic Fatigue, chronic Lyme, vascular abnormalities, Fibromyalgia, and Multiple Sclerosis. She is the author of the book "The Driscoll Theory - The Cause of POTS in Ehlers-Danlos Syndrome and How to Reverse the Process". From her personal and family journey and her work with patients, she has created a line of supplements, including the patented ParaSym Plus, to meet the specific needs of those dealing with these complex, chronic illnesses.

Key Takeaways

- - What is POTS? What are its symptoms?
- - What is idiopathic POTS and some of its potential triggers?
- - How are POTS, CFS/ME, Fibromyalgia, and Lyme related?
- - What is the connection between MCAS and POTS?
- - Do antihistamines help those with POTS?
- - What is the role of the vagus nerve?
- - What can damage the vagus nerve?
- - What is the connection between the vagus nerve, gastroparesis, and SIBO?
- - What role does acetylcholine play in vagus nerve dysfunction?
- - What is the role of the ileocecal valve in gastroparesis?
- - How might Mestinon help in POTS?
- - Why is tonification of the parasympathetic nervous system important?
- - What is ParaSym Plus? How might it be helpful in POTS and related conditions?
- - Can POTS be cured or does it need to be managed indefinitely?

Connect With My Guest

<http://prettyill.com>

<http://potscare.com>

<http://vagusnervesupport.com>

Related Resources

[Parasym Plus](#)

Interview Date

April 11, 2019

Disclosure

BetterHealthGuy.com is an affiliate of VagusNerveSupport.com.