



AML Cancer Profile Instruction Sheet for Patients (and Phlebotomist)

Introduction

Visit 2: Holistic Multi-Dimensional Exam

Visit 3: Food, Gut, Brain, Stealth Infections, Toxins

Visit 4: Lab Review, Metabolic Patterns

Visit 5: Formulation of Diagnosis and Initial Treatment Program

Lab Sets 1 & 2 Instruction Sheet for Patients

FAQ's for Patients

WHICH LAB TO GO TO:

- You will be going to the **LabCorp next door** in the morning. We don't recommend using the online appointment system.

PREPARING FOR YOUR LAB VISIT:

- **48 hours prior** to phlebotomy, abstain from: all supplements, therapeutic enzymes, hyperbaric oxygentherapy, intravenous vitamin C, rigorous physical activity, and sexual activity.
- **After 9pm** the night before the labs, NO food, drinks or supplements (some exceptions apply). Do not take any thyroid medications. All other medications can be taken. You may drink maximum of 6 oz. of water if needed.
- **The morning of the draw**, TAKE any hormone supplements (e.g. DHEA, estrogen, progesterone, testosterone) and thyroid medication at least 3.5 hours before the draw (for an 7:30am draw, no later than 4:00 am).
- **COLLECT** your first morning urine after 4:00 am using [clean catch technique](#).
- **BRING** UPS envelope and Urine Collection container to lab.
- **ARRIVE** at the lab between 7 am and 9 am. Do NOT arrive later than 9:00 am. The later you arrive, the greater the chance you will wait longer.
- **PHLEBOTOMIST:** See instruction sheet for blood and urine.
- Supplements held from the night before and morning, can be "caught-up" or skipped for the two doses.