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AGORA is an international group of volunteers dedicated to providing noncommercial aromatherapy education articles via donated web space on the internet

A word of caution: the information given here is not intended as medical advice. We do not advise you to follow any of these "treatments" yourself. We advise you to obtain a full medical diagnosis and discuss your treatment plan with your doctor. If you choose to use aromatherapy as part of your treatment, please seek out the help of a trained aromatherapist first.

2013 Notes

As you will see if you click through the link, or go to the [AGORA Home Page](#), Michel has moved to France since this page was originally posted.

Case Study - Chronic Respiratory Problems

by [Michel Vanhove](#)

A mother came to us recently with a child suffering from chronic respiratory problems. Sometimes the boy (9 years old) coughed, making sound like a dog, we call it kroep here. That boy started with his problems as a boy of 2 1/2 years old. He received antibiotics from that moment on, almost continuously. Later other medicaments and inhalers followed, also cortisone products. He was several times in the hospital and needed antibiotics almost every three or four weeks since that moment!

She told me the boy needed antibiotics every couple of weeks and she had enough of it, his actual situation was so bad that, if she followed the usual way, she had to go to a doctor again rapidly. I gave her a nebulizer and a synergy made of:

Hyssopus montana (ex decumbens)

Abies balsamea

Melaleuca quinquinervia ct cineol

Eucalyptus globulus

Pinus pinaster

Ravensara aromatica

Pinus sylvestris

all of wild harvest or even organically grown.

I told her to nebulize every couple of hours in the bedroom of the child, with a timer.

She did as I suggested and to her surprise the boy slept very well the first night. That morning he had to cough a lot. She continued with the nebulizer during the day, he had a little bit of fever but was ok. The next day all symptoms were gone!

I strongly advised her to reinforce the flora with acidophilus products.

[Michel Vanhove](#) is an aromatherapist and teacher in Belgium. He has

a shop, gives lectures and classes and has a mail-order business

AGORA, The
Aromatherapy Global
Online Research

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internationally, reflecting the worldwide nature of the interest and participation in aromatherapy. The origin of this project came from a dream of Michel Vanhove, who hosts the [official homepage](#).

enabling communication. If we would cooperate, one member would make some space on his/her pages for long updated references on books, another person could keep updated a huge link page,sorted by subject and country with clear descriptions, another making images available..."

-Michel Vanhove

AGORA

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AGORA Pages originally hosted on these now dead sites are now hosted on the AGORAIndex.org site when available:

[benzalco.com](#)

[aromavitae](#)

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