

Lassi

Lassi (pronounced [ləsiː]) is a popular traditional dahi (yogurt)-based drink that originated in the Indian subcontinent.^{[1][2]} Lassi is a blend of yoghurt, water, spices and sometimes fruit. Namkeen (salty) lassi is similar to doogh, while sweet and mango lassis are like milkshakes. Bhang lassi is infused with the drug cannabis in the form of bhang. Chaos is a similar drink of a thinner consistency.

Contents

Variations

- Traditional namkeen (salty) lassi
- Sweet lassi
- Mango lassi
- Bhang lassi

Chaos

Cultural references

See also

References

Variations

Traditional namkeen (salty) lassi

The traditional namkeen (or salty) form of lassi is more commonly prepared by blending dahi (yogurt) with water with added salt, known as salted lassi. This is similar to doogh.

Sweet lassi

Sweet lassi is a form of lassi flavoured with sugar, rosewater or lemon, strawberry or other fruit juices. Saffron lassis, which are particularly rich, are a specialty of Rajasthan and Gujarat in India and Sindh. *Makkhaniya lassi* is simply lassi with lumps of butter in it (*makkhan* is the Gujarati, Urdu, Hindi, Sindhi and Punjabi word for butter). It is usually creamy like a milkshake.

Mango lassi

Mango lassi is made from yogurt, milk and mango pulp, and may contain added sugar. It is commonly served cold using sweetened kesar mango pulp mixed with yogurt, cream, or ice cream.

Bhang lassi

Bhang lassi is a cannabis-infused drink that contains bhang, a liquid derivative of cannabis, which has effects similar to other eaten forms of cannabis.^[3] It is legal in many parts of India and mainly sold during Holi, when pakoras containing bhang are also sometimes eaten. Uttar Pradesh is known to have licensed bhang shops, and in many places, one can buy bhang products and drink bhang lassis.^[4]

Chaos

Lassi



Lassi serving



Chaos is a dahi (yogurt)-based drink popular across Indian subcontinent. It is also written *chhaachh*. In the Bengal region of the Indian subcontinent, it is called *ghol*. It is called *moru* మొరు in Tamil and Malayalam, *taak* ताक in Marathi, *majjiga* in Telugu, *majji* मज्जी in Hindi, and *lassi* لاسی in Urdu.



Category	Lachhi, taak, لاسی, chhah
	Beverage
origin	Indian subcontinent
ed cuisine	Nepal, India, Bangladesh, Pakistan
ture	Chilled
Main ingredients	Dahi (yogurt), cream, water and spices
Variations	kachi lassi
 Cookbook: Lassi	
 Media: Lassi	



A bhang lassi (cannabis-infused drink) shop

*Chaa*s is a salted drink similar to lassi, but may contain more water than lassi and has the butterfat removed to reduce its consistency. Salt, cumin seeds or fresh coriander may be added for taste. Fresh ground ginger and green chillies may also be added as seasoning. *Chaa*s is popular in India where it is a common beverage during or after mealtime.

Cultural references

A 2008 print^[5] and television^{[6][7]} ad campaign for HSBC, written by Jeffree Benet of JWT Hong Kong, tells a tale of a Polish washing machine manufacturer's representative sent to India to discover why their sales are so high there. On arriving, the representative investigates a lassi parlor, where he is warmly welcomed, and finds several washing machines being used to mix it. The owner tells him he is able to "make ten times as much lassi as I used to!"

On his *No Reservations* television program, celebrity chef Anthony Bourdain visited a "government authorised" *bhang* shop in Jaisalmer Fort, Rajasthan. The proprietor offered him three varieties of *bhang* lassi: normally strong; super duper strong; and "full power, 24 hours, no toilet, no shower".

In 2013, Kshitij, the annual techno-management fest of IIT Kharagpur, launched a campaign to name the next version of the mobile operating system Android, Lassi.^[8]

See also

- Borhani
- Cacik
- Mattha
- Kumis
- Health shake
- Milkshake
- Smoothie
- List of yogurt-based dishes and beverages

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Lassi



Mint sweet lassi or Chaas

Lassi in an earthen tumbler



Benaras-ki-lassi, a style of lassi



A street lassi shop

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