

BLOOD SUGAR LOG

Name:								Month:			Year:			
Day:	waking urine pH*	waking weight*	Waking sugar*	am Short- acting insulin*	am Long- acting insulin*	2 hrs after breakfast sugar	Short- acting insulin	2 hrs after lunch sugar	Short- acting insulin	before dinner (~4pm) sugar	after dinner	pm Short- acting insulin*	pm Long- acting insulin*	Note (Back)
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